FUNCTIONAL ROLE OF BETALAINS IN
DISPHYMA AUSTRALE UNDER SALINITY STRESS

BY

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“An understanding of the natural world and what’s in it is a source of not only a great curiosity but great fulfillment”

-- David Attenborough
Abstract

Foliar betalainic plants are commonly found in dry and exposed environments such as deserts and sandbanks. This marginal habitat has led many researchers to hypothesise that foliar betalains provide tolerance to abiotic stressors such as strong light, drought, salinity and low temperatures. Among these abiotic stressors, soil salinity is a major problem for agriculture affecting approximately 20% of the irrigated lands worldwide. Betacyanins may provide functional significance to plants under salt stress although this has not been unequivocally demonstrated. The purpose of this thesis is to add knowledge of the various roles of foliar betacyanins in plants under salt stress. For that, a series of experiments were performed on Disphyma australe, which is a betacyanic halophyte with two distinct colour morphs in vegetative shoots.

In chapter two, I aimed to find the effect of salinity stress on betacyanin pigmentation in D. australe and it was hypothesised that betacyanic morphs are physiologically more tolerant to salinity stress than acyanic morphs. Within a coastal population of red and green morphs of D. australe, betacyanin pigmentation in red morphs was a direct result of high salt and high light exposure. Betacyanic morphs were physiologically more tolerant to salt stress as they showed greater maximum CO₂ assimilation rates, water use efficiencies, photochemical quantum yields and photochemical quenching than acyanic morphs. Contrary to this, the green morphs, although possessing the ability to synthesise betalains in flower petals, did not produce betalains in vegetative shoots in response to salt stress. Moreover, green morphs, in terms of leaf photosynthesis, performed poorly under salinity stress.

In chapter three I further investigated the physiological benefit of betacyanin accumulation in D. australe. I postulated that betacyanin in the leaves of D. australe can protect the salt stressed chloroplasts from harmful excessive light by absorbing significant amount of radiation. To test this, a novel experimental approach was used; the key biosynthetic step for betacyanin synthesis was identified, which was deficient in vegetative shoots of the green morphs. By supplying the product of this enzymatic reaction, L-DOPA, betacyanin synthesis could be induced in the leaves of green morphs. This model system was used to compare the photoprotective responses of red vs. green leaves. The L-DOPA induced betacyanic leaves showed similar responses (such as
smaller reductions and faster recoveries of PSII and less H₂O₂ production than in the green leaves) to naturally betacyanic leaves when exposed to high light and salinity. The differences in photoinhibition between red and green leaves were attributed to the light absorbing properties of betacyanins. L-DOPA treated and naturally red leaves showed lower photoinactivation than green leaves when exposed to white or green light, although not when exposed to monochromatic (red) light.

In chapter four, I used a similar experimental model to that in the third chapter and showed that other than photoprotection, betacyanins in leaves may be involved in salt tolerance by enhancing toxic ion (such as Na⁺) sequestration in betacyanic epidermal cells, storing Na⁺ away from sensitive mesophyll tissue. The Na⁺ localization between red and green leaves was compared after salinity treatment by using a sodium binding stain (SBFI-AM) and Cryo-SEM analysis. L-DOPA treated and natural red leaves sequestered Na⁺ ions to the epidermal cell layer. In contrast, green leaves retained Na⁺ in the mesophyll tissue, which suggested that red leaves were better equipped to tolerate salt-specific effects. Therefore, betacyanic plants were more tolerant to applied salinity stress and showed relatively higher growth rates than green morphs.

The findings of this thesis provide a significant contribution to our understanding of the role of betacyanins in plants under salinity stress. My data suggest that the multi-faceted properties of betacyanins (such as their photoprotective function, and their involvement in sequestration of toxic ions) clearly provide a benefit to plants under salinity stress.
Format of the thesis

This thesis is written as a collection of papers intended for publication. As such, there is inevitably some repetition in the introductions and discussions. Chapters 2 and 3 have already been published. Since English is not my primary language, these chapters benefited substantially from editorial assistance from my supervisors; however, the experimental design, analysis and interpretation are entirely my own work.

Publications

Chapter 2


Chapter 3


Appendix 1

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Chapter 1: General Introduction

1.1 Soil Salinity

Soil salinity is a major problem for agriculture across the world. It affects crops, horticulture and forage production worldwide. More than six per cent of the world’s total land area is affected by salinity (Munns & Tester, 2008). High concentrations of mineral salts in soil make it saline. Saline soils usually have variable concentrations of different salts such as sodium chloride (NaCl), sodium nitrate (NaNO₃), magnesium chloride (MgCl₂), sodium sulphate (Na₂SO₄), magnesium sulphate (MgSO₄) and calcium carbonate (CaCO₃) (Kader, 2006). Of these, NaCl is the most dominant salt and is responsible for most salinity related problems in plants (Flowers et al., 2015). The salinity level of a soil is usually measured as the electrical conductivity (EC) of the soil solution and expressed as deciSiemens/m. Soil with an EC of 4 dS/m or more, which is equivalent to nearly 40 mM NaCl concentration, is considered as saline (Munns & Tester, 2008).

1.2 Causes of soil salinity

Salt accumulation in the soils of a particular area can occur due to natural sources, like weathering of parental rocks releasing salts in the soils, and deposition of oceanic salts by wind and rain (Munns, 2005). In coastal areas, sea water is the major source of soil salinity. The rainwater in coastal areas contains 6-50 mg/Kg of NaCl and sea water can flood nearby areas during high tides (Munns & Tester, 2008). In addition, much of the agricultural land is becoming saline rapidly due to irrigation. In arid and semi-arid regions, irrigation is used extensively for agriculture. This practice raises the water table of that particular area which also brings salts to the upper layers of soil (Shabala & Cuin, 2008). High evaporation in these areas then worsens the situation. Moreover, poor agricultural practices like over-irrigation, inefficient water use and poor water drainage etc. also exacerbated the soil salinity (Kader, 2006).

1.3 Variable responses of plants to salinity

Different species of plants respond differently to soil salinity. They can be broadly classified into two categories, glycophytes and halophytes, based on their capacity to grow in saline environments (Sairam & Tyagi, 2004). Glycophytes are salt sensitive plants, which cannot
tolerate higher concentrations of salt. Agricultural crops are mostly glycophytes, and rice (Oryza sativa) is the most salt-sensitive crop. Hordeum vulgare (barley) in contrast is relatively salt-tolerant, although high concentrations of salt reduces its yield (Fig. 1.1) (Munns & Tester, 2008).

Fig 1.1. Salinity tolerance response of rice (Oryza sativa), durum wheat (Triticum turgidum ssp. durum), bread wheat (Triticum aestivum), barley (Hordeum vulgare), tall wheatgrass (Thinopyrum ponticum, syn. Agropyron elongatum), Arabidopsis (Arabidopsis thaliana), alfalfa (Medicago sativa), and saltbush (Atriplex amnicola), shown as increases in shoot dry matter following exposure to NaCl for 3 weeks, relative to plant growth in the absence of NaCl. Source: Munns and Tester (2008).
Halophytes on the other hand are salt tolerant plants that can complete their life cycle in salt concentrations of 200 mM NaCl (Flowers & Colmer, 2008). They can grow at salt concentrations which would be lethal for the glycophytes (Flowers & Colmer, 2015). However, growth responses to salinity vary across halophytic plant species; many halophytes can grow optimally on soils with salt concentrations of 50-250 mM NaCl (Fig. 1.2) (Flowers & Colmer, 2008).

**Fig 1.2.** Salinity tolerance response of *Suaeda maritima* (diamonds) (35 d); *Thellungiella halophila* (squares) (14 d); *Disphyma australe* (triangles) (60 d); *Puccinellia peisonis* (stars) (42 d); *Distichlis spicata* (circles) (21 d) shown as increase in shoot dry matter following exposure to NaCl, relative to plant growth in the absence of or very low NaCl. Solid lines, dicotyledonous species; broken lines, monocotyledonous species. The length of exposure to salt is given in parentheses. Source: Flowers and Colmer (2008).
1.4 Physiological impact of salt stress in plants

Plants growing at soils with excessive soluble mineral salts often experience salinity stress. During salinity stress, plants have to deal with osmotic imbalance and ionic toxicity (Flowers et al., 2015; Slama et al., 2015). Osmotic imbalance occurs when the salt concentration rises in the vicinity of the root zone, leading to inhibition of the uptake of water and essential minerals by roots. Secondly, excessive ions, such as Na\(^+\) and Cl\(^-\), in the root zone can enter into the transpiration stream and cause cellular injury in plants. Over accumulation of these ions (ionic toxicity) can interrupt major metabolic processes, including photosynthesis, leading to chlorosis and cell death (Slama et al., 2015). These two effects of salt stress can be observed at the whole plant level. Below I discuss the effect of salt stress on major processes such as growth, photosynthesis, nutrient uptake and reactive oxygen production in plants.

1.4.1 Plant Growth

Reduced plant growth rate is among the primary effects of salinity stress, due to the unavailability of water to plants and excessive accumulation of ions within plants (Flowers & Colmer, 2008). Exposure to salinity induces a two phase growth response (Fig 1.3) (Munns & Tester, 2008). During first phase, growth is reduced by excessive salt near the root zone, which inhibits water uptake by plants. To achieve positive turgor pressure, plants divert energy towards osmolyte synthesis instead of biomass accumulation. This phase is termed the osmotic effect of salt stress (Munns & Tester, 2008). During phase two, growth is further reduced in salt sensitive species. At this stage, very high ionic concentrations are accumulated within the cells and the inability of plant cells to exclude and/or compartmentalize excessive salt leads to cell death. This is the salt-specific effect (Munns, 2005; Munns & Tester, 2008). However, halophytes are not as much affected as glycophytes, because they use various mechanisms to resist or tolerate salt-specific effects (see section 1.6).

Moreover, salinity-induced effects on growth vary from species to species across halophytes. Many eudicotyledonous halophytes grow optimally at 50-250 mM NaCl (Flowers, 1985; Flowers & Colmer, 2008; Shabala, 2013), whereas monocotyledonous halophytes show better growth under no salt or very low soil salt (50 mM or less) concentrations (Glenn et al., 1999). Even
though halophytes can grow under saline conditions, higher concentrations still can severely reduce plant growth (Fig. 1.2). There are several reasons for reduced plant growth in halophytes under higher salt concentrations, for example, reduced carbon fixation, change in cell wall elasticity, inability to adjust osmotically and inability to compartmentalize ions (Flowers & Colmer, 2008, 2015; Munns & Tester, 2008).

![Diagram of two-phase growth response to salinity for plants differing in salt sensitivity. Source: Munns (2005).](image)

**1.4.2 Photosynthesis**

Photosynthesis is especially sensitive to salinity stress (Munns *et al.*, 2006). Plants exposed to salinity stress often show reductions in the efficiency of PSII (photosystem II), photosynthetic electron transport chain (ETC) and CO₂ assimilation rate (Chaves *et al.*, 2009). The detailed mechanism for impaired photosynthesis under salinity stress is not known, but studies suggest that photosynthesis is largely affected by altered water potentials and ionic toxicity within cells. Reduction in the leaf water potential triggers stomatal closure and reduces
the net CO₂ uptake by stressed leaves, therefore limiting net photosynthesis (Chaves et al., 2009; Flexas et al., 2004). Also, toxic concentrations of ions within cells can impair photosynthetic metabolism. Additionally, there are secondary effects of salinity, such as the production of reactive oxygen species (ROS), which also adversely influence photosynthesis. Oxidative damage via ROS production is most severe when plants face multiple stress conditions such as drought/salinity accompanied by high light and low temperatures and these combinations of stressors can seriously damage the leaf photosynthetic machinery (Flexas et al., 2004; Ort, 2001).

There is an ongoing discussion as to whether drought/salinity stressors limit photosynthesis through stomatal closure or by metabolic impairment (Zhu, 2001; Flexas et al., 2004; Chaves et al., 2009). There is substantial evidence that stomatal closure under drought/salinity stress occurs before metabolism is affected (Flexas et al., 2004; Tang et al., 2002; Tezara et al., 2003). However, under prolonged exposure to salinity, plants exhibit metabolic impairment through ionic toxicity (Flowers & Colmer, 2008). Some plants prevent ionic toxicity by salt exclusion or by cellular ion compartmentation. But when these mechanisms are insufficient, ionic concentrations in the cells rise to toxic levels. Cytoplasmic Na⁺ concentrations (100 mM or above) inhibit photosynthetic enzymes (Munns et al., 2006; Chaves et al., 2009). Percey et al., (2014), suggested that the capability of chloroplasts to process light energy is impaired by the over accumulation of apoplastic Na⁺, which causes the efflux of K⁺ from mesophyll cells and an alteration in the cytosolic Na⁺/K⁺ ratio.

1.4.3 Reactive oxygen species

ROS levels increase in plants following salinity exposure (Bose et al., 2014). Production of ROS impaired the ability of chloroplasts to process light energy. Therefore, chloroplasts exposed to excessive light energy generate excessive ROS, such as superoxide (O₂⁻), hydroxyl radical (OH⁻), peroxyl radicals (ROO⁻), singlet oxygen (¹O₂) and hydrogen peroxide (H₂O₂) (Mittler et al., 2004; Miller et al., 2010). Plants use ROS to activate signaling pathways in response to abiotic or biotic stressors (Mittler et al., 2004). However, excessive production of ROS can lead to oxidative stress which can damage DNA, denature proteins and destroy cell membranes. Production of ROS in response to environmental stresses such as salinity directly controls crop productivity (Bose et al., 2014; Parihar et al., 2015). In many crop plants, such as rice, pea,
mustard and tomato, ROS mediated membrane damage is the major cause of the cellular toxicity by salinity (Mittova et al., 2004; Ahmad et al., 2009, 2010; Parihar et al., 2015). Therefore, regulation of ROS is a crucial process for plants to avoid cellular toxicity.

**1.4.4 Nutritional imbalance**

Soil salinity always interrupts nutrient uptake by plants, and plant growth is damaged by salinity-induced nutritional imbalance (Flowers and Colmer, 2008; Hu and Schmidhalter, 2005; Rogers et al., 2003). However, it is considered as a secondary effect of salinity stress in crops (Grattan & Grieve, 1998). Plants absorb most of their required micro and macronutrients from the soil solution. The availability of micronutrients to plants depends on the solubility of micronutrients and the pH of the soil solution (Parihar et al., 2015). Micronutrient deficiency under salt stress can result from changes in pH of the soil solution (Parihar et al., 2015). Uptake of macronutrients such as nitrogen (N) also decreases under salinity stress (Hu & Schmidhalter, 2005). N deficiency under salinity stress is because of interaction between ions such as Na\(^+\) and NH\(_4\)^+ and/or Cl\(^-\) and NO\(_3\)^- which reduces the availability of N to plants (Qadir & Schubert, 2002; Britto & Kronzucker, 2006; Parihar et al., 2015). Similarly, the availability of phosphorous, calcium and magnesium can be reduced due to high ionic concentrations in soil (Qadir & Schubert, 2002; Britto & Kronzucker, 2006; Hussin et al., 2013).

**1.5 Halophytes: as substitutes for crops of saline soil**

Halophytes have a number of physiological and morphological adaptations that help them grow in high saline soils. Therefore, halophytes can be a potential crop for saline soils (Rozema & Flowers, 2008; Shabala et al., 2014; Ventura et al., 2015). Some halophytes under saline conditions can produce higher biomass than conventional crops e.g. *Salicornia bigelovii* (a potential oil seed crop) produced 2.0 tons of seeds/ha; by contrast, in 2007 the average sunflower seed production in the world was 1.2 tons/ha (Rozema & Flowers, 2008). However, the domestication of halophytes as crop plants poses new challenges, with unknown plant diseases, and new methods of cultivating, processing and marketing required (Ventura et al., 2015).

On the other hand, halophytes, which use various mechanisms to tolerate salinity, can provide a gateway to make conventional crops more salt tolerant. For that, it is crucial to understand the physiological mechanism of salinity tolerance in halophytes.
1.6 Salt stress tolerance in halophytes

Physiological adaptations such as osmoregulation and ionic homeostasis are the major mechanisms dealing with salinity induced stress in halophytes. For osmotic adjustment halophytes accumulate Na$^+$ and Cl$^-$ in the cell vacuoles, and a range of organic solutes (amino acids, sugars, sugar alcohols) in the cytosol. To avoid ionic toxicity at the cellular level, some halophytes sequester excessive ions into the apoplast or specialized structures, such as salt bladders. However, tolerances vary among species; for example, the halophyte *Suaeda maritima* can accumulate 500-600 mM of Na$^+$ in the leaves when exposed to NaCl stress (Flowers *et al.*, 2015), while *Tecticornia* spp. can accumulate up to 2M Na$^+$ on exposure to extreme salt stress (English & Colmer, 2013).

1.6.1 Osmotic adjustment

Plants growing under excessive soil salinity conditions may incur osmotic imbalance. These plants need to achieve positive turgor pressure to absorb water and other minerals from the soil. To achieve positive turgor pressure, cellular solute concentrations must be maintained higher than that of the soil solution. Halophytes can maintain positive turgor pressure by producing compatible solutes.

Low molecular weight osmolytes (compatible solutes) are highly soluble and non-toxic for plant cells even at high concentrations, and they do not adversely affect normal cellular metabolic activities (Yancey, 2005; Slama *et al.*, 2015). A wide range of compatible solutes has been identified from halophytes which are synthesized during osmotic stress. According to Slama *et al.* (2015) and Yancey (2005), these solutes can be categorised into sugars, (glucose, fructose, sucrose, trehalose, raffinose and fructans); sugar alcohols or polyols (sorbitol, mannitol, glycerol, inositols *etc.*); amino acids, (proline, glycine, taurine, etc.), quaternary ammonium compounds, (glycine betaine, proline betaine, choline-O-sulphate, hydroxyproline betaine *etc.*) and tertiary sulphonium compounds (such as dimethylsulphoniopropionate, DMSP). All these compounds can be found in plants experiencing salt or drought stress, however, the distribution varies among families. The accumulation of these compounds may increase on exposure to osmotic stress but not all plants synthesise all types of solutes. For example, members of
Aizoaceae generally accumulate proline, while the Amaranthaceae largely accumulate glycine betaine (Slama et al., 2015). Synthesising osmolytes is a costly process for plants as it requires a large number of ATP molecules (Yancey, 2005; Flowers & Colmer, 2008). Known osmolytes within halophytic families are listed in Table 1.1.
Table 1.1 Distribution of compatible solutes among halophytic families of angiosperms. Source: Slama et al. (2015)

<table>
<thead>
<tr>
<th>Order</th>
<th>Family</th>
<th>Osmolytes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monocotyledoneae</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Poales</td>
<td>Cyperaceae</td>
<td>Sucrose</td>
</tr>
<tr>
<td></td>
<td>Junaceae</td>
<td>Sucrose</td>
</tr>
<tr>
<td></td>
<td>Poaceae</td>
<td>Sucrose, proline</td>
</tr>
<tr>
<td><strong>Dicotyledoneae</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alismatales</td>
<td>Cymodoceaees</td>
<td>Proline, glycine, inositol</td>
</tr>
<tr>
<td></td>
<td>Juncaginaceae</td>
<td>Proline, pipecolate, fructose, maltose, sucrose</td>
</tr>
<tr>
<td></td>
<td>Proline, glycine, sucrose</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Posidoniaceae</td>
<td>Proline, sucrose</td>
</tr>
<tr>
<td></td>
<td>Zosteraceae</td>
<td></td>
</tr>
<tr>
<td>Asterales</td>
<td>Asteraceae</td>
<td>Proline, glycine betaine, myo-inositol, sucrose</td>
</tr>
<tr>
<td>Brassicales</td>
<td>Brassicaseae</td>
<td>Proline, sucrose</td>
</tr>
<tr>
<td>Caryophyllales</td>
<td>Aizoaceae</td>
<td>Proline, myo-inositol, ononitol, pinitol, glycine betaine</td>
</tr>
<tr>
<td></td>
<td>Amaranthaceae</td>
<td>Glycine betaine</td>
</tr>
<tr>
<td></td>
<td>B-Alanine betaine, choline-O-sulphate, proline, pipecolate,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Plumbaginaceae</td>
<td>proline</td>
</tr>
<tr>
<td></td>
<td>Portulacaceae</td>
<td>Proline</td>
</tr>
<tr>
<td>Fagales</td>
<td>Casuarinaceae</td>
<td>Proline</td>
</tr>
<tr>
<td>Lamiales</td>
<td>Acanthaceae</td>
<td>Glycine betaine</td>
</tr>
<tr>
<td>Malpighiales</td>
<td>Rhizophoraceae</td>
<td>Proline, sucrose</td>
</tr>
<tr>
<td>Myrales</td>
<td>Combretaceae</td>
<td>Mannitol</td>
</tr>
<tr>
<td></td>
<td>Myrtaceae</td>
<td>Proline analogues, methylated proline</td>
</tr>
<tr>
<td>Plantaginalese</td>
<td>Plantaginaceae</td>
<td>Sorbitol, proline, rhamnose</td>
</tr>
<tr>
<td>Rosales</td>
<td>Fabaceae</td>
<td>Proline, glycine betaine, pinitol,</td>
</tr>
<tr>
<td>Solanales</td>
<td>Solanaceae</td>
<td>Glycine betaine</td>
</tr>
</tbody>
</table>
Accumulation of osmolytes under osmotic stress is a specific metabolic response that helps plants to withstand adverse conditions. Thermodynamically, the accumulation of osmolytes under osmotic stress reduces the water potential of cells. This phenomenon is important for plants specially under saline conditions (Sairam & Tyagi, 2004). Among these wide range of osmolytes, proline is the most common in higher plants (Kishor et al., 2005). Increases in proline concentration have been recorded for number of plants under osmotic stress (Kishor et al., 2005; Lokhande et al., 2011; Sperdouli & Moustakas, 2012; Llanes et al., 2013). Similarly, among various quaternary ammonium compounds, glycine betaine is most abundant in plants exposed to abiotic stress (Lokhande et al., 2011; Slama et al., 2015). However, from an energetic point of view, it is quite costly for stressed plants to synthesise these organic solutes, which would divert the supply of essential elements for growth processes (Flowers et al., 2015). Therefore, halophytes tend to achieve osmotic balance using inorganic ions rather than by accumulating solutes (Greenway & Munns, 1980; Flowers & Colmer, 2008; Flowers et al., 2015).

In addition to osmotic adjustment, these osmolytes may play other vital functions in plants (Szabados et al., 2011; Slama et al., 2015). For example, proline accumulation under salt stress has been associated with NADPH recycling (Llanes et al., 2013; Slama et al., 2015). Similarly, soluble sugars may stabilise cell membranes under water stress as well as act as a signalling molecule for various metabolic processes (Tognetti et al., 2013; Llanes et al., 2013). Some of the osmolytes can protect macromolecular structures by enhancing thermodynamic stability of proteins (Yancey, 2005), while others may be efficient scavengers of reactive oxygen species; for example, mannitol can scavenge hydroxyl radicals (Shen et al., 1997), and proline can scavenge singlet oxygen (Alia et al., 1997).

1.6.2 Ionic toxicity

With increase in soil salinity, ions i.e. Na⁺ and Cl⁻, can enter into the plant cells and cause ionic toxicity (Flowers et al., 2015). Excessive concentrations of ions that inhibit the cell growth and metabolism are considered toxic (Flowers & Colmer, 2015). Even though halophytes are naturally salt tolerant, higher concentrations of NaCl in the root zone can still kill them; for example, Tecticornia spp. dies with 2 M NaCl in the root zone (English & Colmer, 2013). Moreover, non-lethal NaCl concentrations can inhibit growth in halophytes (Flowers & Colmer, 2008).
1.6.3 Na\textsuperscript{+} toxicity

Plants maintain adequate concentrations of K\textsuperscript{+} and Na\textsuperscript{+} in the cytoplasm for various metabolic processes. Under salt stress however, these concentration can vary depending on the level of stress. Cytoplasmic Na\textsuperscript{+} can be very harmful for plant cells when present in supra-optimal concentrations. During salt stress, growth inhibition by Na\textsuperscript{+} is among the primary effects of salt stress. K\textsuperscript{+} on the other hand, is an essential cation for cells and high concentrations of K\textsuperscript{+} (100-200 mM) are necessary for various metabolic processes (Shabala & Cuin, 2008). There are >50 enzymes in plant cells that need K\textsuperscript{+} as a co-factor for functioning. These same enzymes are, however, susceptible to high cytosolic Na\textsuperscript{+} and high Na\textsuperscript{+}/K\textsuperscript{+} ratios (Shabala & Cuin, 2008; Flowers et al., 2015). For example, in halophytes, the mitochondrial enzyme malate dehydrogenase is salt-sensitive. Moreover, in Suaeda maritima, respiration in isolated mitochondria was inhibited by 50 \% following an exposure to 300 mM NaCl (Flowers, 1974). Under saline conditions, there is competition between Na\textsuperscript{+} and K\textsuperscript{+} for uptake through a common pathway as both are similar monovalent cations. Likewise, increased levels of cytosolic Na\textsuperscript{+} compete with K\textsuperscript{+} for the binding sites of many enzymes and result in inhibition of metabolic processes. Cellular Na\textsuperscript{+} can affect cell membrane permeability by displacing Ca\textsuperscript{+} from plasma membranes (Munns & Tester, 2008), and this can lead to the leakage of ions (such as K\textsuperscript{+}) creating an imbalance in the Na\textsuperscript{+}/K\textsuperscript{+} ratios (Maathuis, 2014). Consequently, it is crucial for a plant cell to avoid Na\textsuperscript{+} toxicity.

Like Na\textsuperscript{+}, Cl\textsuperscript{-} ions can be equally toxic for halophytes. Interestingly protein synthesis is inhibited by both Cl\textsuperscript{-} and Na\textsuperscript{+} (Flowers et al., 2015). However, Cl\textsuperscript{-} toxicity has received far less attention than Na\textsuperscript{+}. Flower and Colmer, (2008) estimated that Na\textsuperscript{+} and K\textsuperscript{+} concentrations are almost 35\% higher than Cl\textsuperscript{-} in eudicotyledonous halophytes. Even so, halophytes accumulate significant levels of Cl\textsuperscript{-} in the shoots, so along with Na\textsuperscript{+}, regulation of cytoplasmic Cl\textsuperscript{-} is also important for salt tolerance. At low concentrations Cl\textsuperscript{-} uptake is mediated via a Cl\textsuperscript{-} : 2H\textsuperscript{+} symport and at high concentrations Cl\textsuperscript{-} influx is mediated via an anion channel, but the literature lacks information on the possible Cl\textsuperscript{-} transporters in halophytes (Flowers & Colmer, 2008; Flowers et al., 2015).

1.6.4 Na\textsuperscript{+} uptake
Na$^+$ can be toxic at high concentrations in plants; however, low concentrations can enable some metabolic functions, especially when K$^+$ is lacking (Munns & Tester, 2008; Adams & Shin, 2014). Moreover, Na$^+$ in some halophytes is needed for optimal growth, for example, *Suaeda maritima* and *Salicornia* species have enhanced growth in the presence of NaCl in the growth medium (Maathuis, 2014). During salt stress, however, the regulation of high Na$^+$ concentrations within plants is a primary requirement for plants. Halophytes have adapted a wide range of mechanisms to deal with high Na$^+$ concentrations (Flowers & Colmer, 2008; Shabala & Mackay, 2011; Flowers *et al*., 2015), and understanding the mechanism of Na$^+$ uptake and regulation is critical to developing salt tolerant crops.

In plants exposed to excessive soil salinity, roots are the first organ to experience high Na$^+$ concentration in soil solutions. This Na$^+$ enters into root hair epidermal cells across the plasma membrane through passive transport. The lipid bilayer of the plasma membrane is impermeable to solutes. There are, however, many transport proteins in the plasma membrane that carry specific solutes across membranes (Adams and Shin, 2014; Flowers and Colmer, 2008; Maathuis, 2014; Zhang *et al*., 2009). A number of transporters (Table 1.2) might be involved in Na$^+$ uptake. However, these transporters vary widely among species.
Table 1.2 Major monovalent ion transporters in plants involved with Na\(^+\), K\(^+\) and Cl\(^-\) transport. 

<table>
<thead>
<tr>
<th>Protein Family</th>
<th>Transporters</th>
<th>Role</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cation-chloride co-transporters</td>
<td>CCC</td>
<td>Mediate movement of Cl(^-) which is coupled with Na(^+) and/or K(^+)</td>
<td>Colmenero-Flores et al., 2007; Zhang et al., 2009</td>
</tr>
<tr>
<td>Cation proton antiporters</td>
<td>CHX</td>
<td>Cation/H(^+) exchangers, play a role in xylem loading of Na(^+)</td>
<td>Flowers and Colmer, 2008; Gierth and Mäser, 2007; Véry and Sentenac, 2003</td>
</tr>
<tr>
<td></td>
<td>NHX</td>
<td>Na(^+)/H(^+) exchangers found in plasmamembrane and tonoplast.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SOS</td>
<td>Salt overly sensitive, Na(^+)/H(^+) exchangers.</td>
<td></td>
</tr>
<tr>
<td>High affinity K transporter</td>
<td>HKT</td>
<td>HKT have distinct subfamilies (Na(^+)/K(^+) symporters and Na(^+)- selective transporters) which are involved in uptake of Na(^+) and K(^+)</td>
<td>Adams and Shin, 2014; Maathuis, 2014; Platten et al., 2006; Zhang et al., 2009</td>
</tr>
<tr>
<td>K(^+) uptake permeases/High affinity K(^+)/K(^+) transporter</td>
<td>KUP/HAK/KT</td>
<td>Cation symporters; responsible for high affinity K(^+) uptake</td>
<td>Flowers and Colmer, 2008; Gierth and Mäser, 2007; Véry and Sentenac, 2003; Zhang et al., 2009</td>
</tr>
<tr>
<td>Low affinity cation transporter</td>
<td>LCT1</td>
<td>Low affinity uptake of cations e.g. Na(^+), Ca(^{2+}) and Rb(^+)</td>
<td>Véry and Sentenac, 2003; Zhang et al., 2009</td>
</tr>
<tr>
<td>Non-selective cation channels</td>
<td>NSCCs</td>
<td>Responsible for passive fluxes of cations</td>
<td>Adams and Shin, 2014; Apse and Blumwald, 2007; Demidchik and Maathuis, 2007; Flowers and Colmer, 2008; Zhang et al., 2009</td>
</tr>
<tr>
<td></td>
<td>VI-NSCCs</td>
<td>Voltage independent non-selective cation channels</td>
<td></td>
</tr>
<tr>
<td></td>
<td>VICs</td>
<td>Voltage independent channels</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CNGCs</td>
<td>Cyclic nucleotide-gated channels</td>
<td></td>
</tr>
<tr>
<td></td>
<td>GLRs</td>
<td>Glutamate like receptors</td>
<td></td>
</tr>
<tr>
<td>K(^+) transport channels</td>
<td>AKT1</td>
<td>Arabidopsis K(^+) transporter, mediate low affinity K(^+) transport</td>
<td>Flowers and Colmer, 2008; Maathuis, 2007; Véry and Sentenac, 2003; Zhang et al., 2009</td>
</tr>
<tr>
<td></td>
<td>KIRC</td>
<td>K(^+) inwardly rectifying channel, proposed as major pathway for low affinity K(^+) transport</td>
<td></td>
</tr>
<tr>
<td></td>
<td>KORC</td>
<td>K(^+) outwardly rectifying channel</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SKOR</td>
<td>Stelar K(^+) outward rectifier</td>
<td></td>
</tr>
</tbody>
</table>
Once Na\textsuperscript{+} enters epidermal cells, its transport to the xylem occurs through the apoplastic and/or the symplastic pathway (Maathuis, 2014). In the apoplast, Na\textsuperscript{+} can move freely until it reaches to the Casparian strip of the endodermis, which is an effective physical barrier for Na\textsuperscript{+} movement (Adams & Shin, 2014). At this point, Na\textsuperscript{+} moves symplastically towards the stele, however in some cases Na\textsuperscript{+} can move through the Casparian strip via apoplastic bypass flow (Plett & Møller, 2010). Symplastic movement of Na\textsuperscript{+} toward the stele may be done by CHX transporters (Hall \textit{et al.}, 2006; Maathuis, 2014).

When Na\textsuperscript{+} reaches the vascular bundles, it is loaded into the xylem, where it follows long distance transport to the shoot. Xylem loading of Na\textsuperscript{+} can be active under low salinity and passive under high salinity (Apse & Blumwald, 2007; Plett & Møller, 2010). Active loading is a channel mediated process and passive loading is mediated by Na\textsuperscript{+}/H\textsuperscript{+} exchangers. Numerous studies have suggested the involvement of various membrane transporters such as SOS1, CHX21, HKT-type transporters in xylem loading of Na\textsuperscript{+} (Table 1.2; Fig. 1.4). Finally, after long-distance travel, Na\textsuperscript{+} reaches leaf cells, including mesophyll cells, where it is unloaded from the xylem. HKT type transporters may carry Na\textsuperscript{+} unloading from xylem tissue (Zhang \textit{et al.}, 2009). In halophytes, however, a large amount of Na\textsuperscript{+} recirculates through the phloem back to the roots, as a salinity tolerance mechanism (Adams & Shin, 2014; Maathuis, 2014).
Fig 1.4. Transport proteins and channels that are involved in Na\textsuperscript{+} uptake, efflux and distribution. AKT1, inward rectifying K\textsuperscript{+} channel; CHX, cation:H\textsuperscript{+} exchanger; HKT, high affinity K\textsuperscript{+} transporter; NHX, vacuolar Na\textsuperscript{+}:H\textsuperscript{+} exchanger; NSCC, non-selective cation channel; ORC; outward rectifying K\textsuperscript{+} channel; SOS1, plasma membrane Na\textsuperscript{+}:H\textsuperscript{+} antiport. Source: Maathuis (2014).
1.6.5 Na⁺ Homeostasis in the cytosol

Maintenance of low cytoplasmic Na⁺ concentrations is one of the key steps to tolerate salinity stress. This helps to avoid Na⁺ toxicity and also to maintain osmotic balance (Munns & Tester, 2008). Along with low Na⁺ concentrations, it is important to maintain adequate Na⁺/K⁺ ratios in the cytosol for many metabolic reactions. The best way to keep low Na⁺ levels in the cytoplasm is to minimise Na⁺ influx, and plants can inactivate transporters to restrict Na⁺ entry (Maathuis, 2014). However, once Na⁺ has accumulated at toxic levels into the cytoplasm, plants must sequester this extra Na⁺ either into the apoplast and/or into the vacuoles to avoid toxicity. Small amounts of Na⁺ can be stored into other organelles such as the ER and Golgi bodies (Jou et al., 2006).

Apoplastic sequestration of Na⁺ (salt exclusion)

Most plants exposed to high saline conditions exclude 98% of the Na⁺ ions in the soil solution (Munns, 2005). Plants can transport excess Na⁺ from the cytoplasm through the plasma membrane to the apoplast and to the soil. A substantial amount of work has revealed the SOS (salt overly sensitive) pathway in plants, which plays a key role in Na⁺ efflux from cytosol through the plasma membrane (Shi et al., 2002; Zhu, 2003). Several SOS loci have been identified; SOS1 in Arabidopsis, encodes Na⁺/H⁺ antiporters in the plasma membrane, which is involved in Na⁺ exclusion from cytoplasm. SOS1 is mainly located in root tissues; in the plasma membrane of the epidermal cells in to root tip as well as in the root stele. In halophytes, SOS1 from membrane vesicles was highly expressed in the shoot and root of T. halophila (Vera-Estrella et al., 2005) even in non-stressed plants (Taji et al., 2004). SOS1 is activated under high salt stress by SOS2 (a member of calcium induced protein kinases, CIPK, family). CIPK24 is a serine protein kinase that is autophosphorylated, and this phosphorylation activates SOS1. However, CIPK24 is associated with SOS3 (or CBL4, calcineurin-B like) which escorts it to the plasma membrane bound SOS1, for activation. CBL4 (SOS3) is a Ca²⁺ binder; under salt stress Ca²⁺ binds to the CBL4 and allows its interactions with CIPK24. CIPK-CBL mediated phosphorylation then activates plasma membrane bound SOS1, which activates Na⁺/H⁺ antiporters (Maathuis, 2014). This works as a linear pathway which starts with a transient salt
induced Ca\(^{2+}\) increase in the cytoplasm and turns off when antiporters are activated and cytoplasmic Na\(^+\) is limited (Adams & Shin, 2014; Maathuis, 2014).

Moreover, CIPK24 may inhibit the activity of transporters like HKT1, which is involved in Na\(^+\) uptake (Kader, 2006; Maathuis, 2014). It can also enhance NHX1 activity, which is responsible for Na\(^+\) influx into the vacuole.

Fig 1.5. The proposed model for SOS (salt overly sensitive pathway) for regulation of cytosolic Na\(^+\). Source: Kader (2006)
**Na\(^+\) sequestration into the vacuole**

Vacuoles occupy the largest portion of most plant cells. Sequestration of Na\(^+\) into the vacuole is an important strategy to avoid cytoplasmic Na\(^+\) toxicity. However, halophytes retain higher concentrations of Na\(^+\) in the cytoplasm to use them as a cheap osmolytes for osmotic adjustment, but the majority of Na\(^+\) is transported and stored in vacuoles. Excessive Na\(^+\) is transported to the vacuole via a Na\(^+\)/H\(^+\) antiporter, which is energized by the vacuolar H\(^+\)-ATPase (VATPase) and H\(^+\)-pyrophosphatase (V-PPase) (Bartels & Sunkar, 2005; Gaxiola et al., 2007; Flowers & Colmer, 2008). VATPases generate proton motive force by hydrolyzing ATP, this force then energizes vacuolar transporters such as the Na\(^+\)/H\(^+\) antiporter. The activity of vacuolar transporters has been recorded to be up-regulated in many plants such as *M. crystallinum* (Ratajczak et al., 1994), *S. bigelovii* (Ayala et al., 1996; Parks et al., 2002), *S. salsa* (Qiu et al., 2007; Wang et al., 2007).

Vacuolar Na\(^+\)/H\(^+\) antiport is mediated by NHX antiporters in plant cells (Fig 1.5) and were first identified in *Arabidopsis* under stress (Apse et al., 1999). Over expression of NHX in mutant *Arabidopsis* (AtNHX1) and in mutant rice (OsNHX1) significantly reduced the salt stress (Apse et al., 1999; Fukuda et al., 2004). Similar results were observed for other species such as wheat (Xue et al., 2004) and tomato (Zhang & Blumwald, 2001) following manipulation of the expression of NHX. However, contradictory results were reported by (Yang et al., 2009). NHXs have dual selectivity for ions, for example under low Na\(^+\), NHX exchangers mediate K\(^+\)/H\(^+\) exchange instead of Na\(^+\)/H\(^+\) exchange (Barragan et al., 2012). This property can help plants to maintain adequate Na\(^+\)/K\(^+\) ratios (Xue et al., 2004). In halophytes, NHX was only found in the roots of *T. halophile* (Vera-estrella et al., 2005). However, Na\(^+\)/H\(^+\) antiporter genes have been identified from *M crystallinum* (Chauhan et al., 2000) and cloned in *S. salsa* (Ma et al., 2004) and *A. gmelini* (Hamada et al., 2001).

Besides NHX, cation/Ca\(^{2+}\) exchangers (CCXs), a class of cation transporters, may also be involved in vacuolar Na\(^+\) sequestration; these compounds have been found in *Arabidopsis* to exhibit Na\(^+\)/K\(^+\) transport in the vacuole (Morris et al., 2008).
1.7 Involvement of betacyanins in salt stress tolerance

1.7.1 Betalains in plants

Plants have a biochemically diverse group of pigments including the chlorophylls, carotenoids, anthocyanins and betalains. These pigments have vast structural diversity and impart a range of colours in plants. These pigments may also perform vital functions; for example, chlorophyll converts light energy into chemical energy by photosynthesis. Similarly, carotenoids which provide yellow-orange colour to the plants, converts excess light energy to heat and protects foliage from excessive light (Demmig et al., 1987). Anthocyanins have a wide range of functional benefits in plants. The functional roles of chlorophylls and carotenoids are well established; for anthocyanins, too, extensive research has been conducted over the recent decades. However, betalains are much smaller and less common group of pigments for which their physiological functions have been largely overlooked.

Betalains are tyrosine-derived, nitrogenous compounds and are only found in one order of vascular plants (Caryophyllales) and certain fungi (Jain & Gould, 2015a). Betalains in plants can produce similar colours to anthocyanins and share similar optical properties with them. However, both pigments are mutually exclusive; they have never been recorded in the same species (Stafford, 1994). Because of their similarities, it has been suggested betalains might perform similar functions to anthocyanins in plants.

1.7.2 Biochemical structure and distribution in plants

Unlike other pigments, the chemical structure of betalains is not very well studied. Initially, betalains were called ‘nitrogenous anthocyanins’ which falsely implied structural similarities between anthocyanin and betalain (Lawrence et al., 1939). The detailed structures of betalain compounds were unknown until the mid-20th century (Steglich & Strack, 1990). Later, Mabry and Dreiding, (1967) coined the term ‘betalain’ from their derivative betalamic acid, which was originally identified from red beet (Beta vulgaris). Now we know that betalains have two structural groups (i) betaxanthins ($\lambda_{\text{max}} = 470$ nm) and (ii) betacyanins ($\lambda_{\text{max}} = 536$ nm) (Fig. 1.6) (Stintzing & Carle, 2004).
Betalain pigments are present in the fruits, flowers, leaves, stems, and/or roots of plants from a wide range of natural environments (Stintzing & Carle, 2004; Grotewold, 2006; Tanaka et al., 2008; Gandía-Herrero & García-Carmona, 2013; Sakuta, 2014) (Fig 1.7). Betalain production can be observed at different stages of plant growth, they may be present only in immature organs, only in senescing organs, or else persist for the life of the organ (Lee & Collins, 2001; Hortensteiner & Lee, 2007). Very few studies have looked at the histological locations of betalains and the information is very limited. However, studies show that betalains may be localized in dermal, ground, and vascular tissues of vegetative organs (Lee & Collins, 2001; Nakashima et al., 2011; Mosco, 2012; Calcott, 2014).
Fig 1.7. Betacyanic plants (A) *Disphyma australe* shoot (source: Jain and Gould, 2015) (B) *Tetragonia implexicoma* leaves, (C) *Bougainvillea glabra* flower and bract, (D) *Beta vulgaris* root, (E) *Hylocereus undatus* fruit.
1.7.3 Biosynthesis

The biosynthetic steps involved in betalain biosynthesis are summarized in Fig 1.8. This biosynthetic pathway begins with the hydroxylation of L-tyrosine to L-3,4-dihydroxyphenylalanine (L-DOPA) through the hydroxylase activity of tyrosinase. There may be a correlation between betalain accumulation and increases in transcription and activity of tyrosinase (Fukuda et al., 1995; Steiner et al., 1999; Wang et al., 2007b) but a betalain related tyrosinase gene has not yet been identified. Furthermore, Hatlestad et al., (2012) suggested that instead of tyrosinase, cytochrome P450 might catalyze the conversion of tyrosine to L-DOPA in Beta vulgaris. Thus, the involvement of tyrosinase in first step of betalain biosynthesis is a question of debate (Gandía-Herrero & García-Carmona, 2013).

Following the hydroxylation of tyrosine, L-DOPA undergoes an extradiol cleavage by DOPA-4,5-dioxygenase and forms betalamic acid via 4,5-seco DOPA. Now this betalamic acid reacts with various amines and amino acids to form betaxanthins (Pavoković & Kršnik-Rasol, 2011; Gandía-Herrero & García-Carmona, 2013).

Betacyanin synthesis involves the condensation of betalamic acid with cyclo-DOPA, assumed to occur spontaneously (Strack et al., 2003; Grotewold, 2006). The oxidation of L-DOPA by cytochrome P450 produces dopaquinone (Hatlestad et al., 2012); which spontaneously forms cyclo-DOPA. Structural variations of the final betacyanin molecules come from the glycosylation and/or acylation of cyclo-DOPA (Tanaka et al., 2008; Azeredo, 2009).
1.8 Addressing the functional significance of betacyanins under salinity stress

Betalainic plants, specifically members of the Portulacaceae, Aizoaceae and Phytolaccoideae families, are commonly found in arid and/or saline habitats such as sandy dunes, deserts and salt marshes. Moreover, betacyanin concentration may be up-regulated under drought and salinity stress (Bothe, 1976; Wang et al., 2007b; Hayakawa & Agarie, 2010; Nakashima et al., 2011). Therefore, betacyanin accumulation has been associated with salt stress tolerance in plants and various hypotheses have been proposed for their functional role.

Stintzing and Carle, 2004 suggested that betacyanins may function as compatible solutes to counter osmotic stress. However, Wang et al. (2007c) found no difference in cell sap osmolarity between betacyanic and acyanic cells either before or after salinity treatment. Similarly, Hughes et al. (2013) concluded that anthocyanin (another class of red pigments) concentrations in winter reddened leaves of Galax urceolata and Gaultheria procumbens, are too low to participate in osmotic adjustment.

Wang et al. (2007c) presented an intriguing new possibility for the involvement of betalains in salt tolerance. They found in Suaeda salsa that there was greater increase in vacuolar H⁺-ATPase (V-ATPase) activity in betacyanic than in green leaves when exposed to 400 mM NaCl. Therefore, betacyanic plants had a greater ability to compartmentalise Na⁺. To explain the link between V-ATPase activity and betacyanin accumulation, the authors suggested that plants use a similar mechanism to transport betacyanin and Na⁺ into the cell vacuole. Therefore, betacyanin synthesis would stimulate V-ATPase activity for vacuolar transport of betacyanins, which would subsequently afford more efficient sequestration of NaCl into vacuoles.

Betalains may also photoprotect chloroplasts, since their capacity to process light energy is compromised by salinity. However, evidence for a photoprotective functions for betalains is lacking, although betalains share similar optical properties to anthocyanins (Neill & Gould, 1999; Nakashima et al., 2011) for which there are abundant examples of photoprotective function (Gould, 2004; Hatier & Gould, 2009; Gould et al., 2010). So, it would be interesting to test the photoprotective functions of betalains under salinity stress. Moreover, betalains have a strong antioxidant activity (Sepúlveda-Jiménez et al., 2004; Stintzing et al., 2005; Hilou et al., 2013; Taira et al., 2015) and it is possible therefore, that betalains may prevent oxidative stress
in plants, caused by osmotic imbalance or ionic toxicity. However, no study to date has evaluated the antioxidant benefit of betacyanins in plants under salinity stress.

The multifaceted properties of betalains present the potential for a completely new strategy to develop salt tolerant crops. Betalain synthesis might be induced in conventional crops by transferring a single gene for betalain biosynthesis, which has already been achieved in cell cultures of potato and *Antirrhinum majus* (Harris *et al*., 2012). However, first it is crucial to understand the functional role of betacyanins in plants under salinity stress.

### 1.8.1 *Disphyma australe*: an ideal system to test the functional significance of betacyanin synthesis under salt stress

*Disphyma australe* is a succulent plant native to New Zealand (Fig 1.9). It belongs to the family *Aizoaceae* within the order Caryophyllales. In New Zealand, Aiton (1789) first described this plant as *Mesembryanthemum australe*. However, in 1927 it was transferred into the genus *Disphyma*, followed shortly afterwards by *D. australe*. Subsequently, three species were recognised: i) *D. australe* found on the mainland of New Zealand and on the Kermadec and Chatham islands; ii) *D. papillatum*, found exclusively in the Chatham islands; and iii) *D. blackii* found in Tasmania and southern Australia (Chinnock, 1971). More recently, *Disphyma* was reclassified as monotypic genus on the basis of multivariate analysis and examination of South African herbarium specimens (George, 1984). In 1986, Australian and New Zealand plants were classified as a subspecies (*D. crassifolium* subsp. *clavellatum*) distinct from the South African population (Baker & De Salas, 2013). Despite the reclassification, New Zealand Plant Conservation Network (NZPCN) continues to use *D. australe* to refer to the populations of New Zealand mainland and *D. australe* subsp. *papillatum* for the populations found on the Chatham Islands. *D. australe* in New Zealand has been recorded to hybridise with introduced *Carpobrotus* spp. (Chinnock, 1972). These triploid hybrids are sterile and were later classified as *xCarpophyma mutabilis* (hybrid of *D. australe* x *Carpobrotus edulis*) and *xCarpophyma pallida* (hybrid of *D. australe* x *C. chilensis*) (Heenan & Sykes, 2010).
*Disphyma australe* is a betacyanic halophyte which commonly grows on coastal areas and sand dunes throughout New Zealand. The species shows colour dimorphism in vegetative shoots; there are sympatric populations of red (betacyanic) and green (acyanic) leafed *D. australe* growing along the Wellington coastline. This colour dimorphism provides a good system to test the effects of salt stress between betacyanic and acyanic leaves without external factors such as previous acclimation differences between two morphs.
Fig 1.9. Vegetative shoots of *D. austral* showing contiguous red and green morphs (A) and red morphs (B) at Te Kopahou Reserve, Wellington. Bars: (A) 5 cm (B) 0.5 cm.
1.8.2 Aims and objectives of the thesis

The overall aim for this thesis was to examine the functional significance of betacyanins in plants under salt stress. During this project, several experiments with different hypotheses were performed to establish the relation between betacyanin accumulation and salinity tolerance mechanism in plants.

This thesis pursued the following objectives:

Chapter 2. Objectives: Investigate the impact of salt stress on betacyanin pigmentation in *D. australae* and identify the different betacyanins synthesised upon exposure to salt stress. Compare the physiological responses, for example photosynthetic yield of PSII, CO$_2$ assimilation rate and stomatal conductance, of red and green morphs of *D. australae* under salt stress.

*Hypotheses*: (a) Betacyanin accumulation in shoots of *D. australae* is a direct response to salt stress. (b) Red (betacyanic) plants will have higher photosynthetic yield of PSII under salt stress compared to green (acyanic) plants. (c) Red plants will be physiologically more tolerant of salinity stress compared to green plants.

Chapter 3. Objectives: Identify the betacyanin biosynthetic step that is deficient in vegetative shoots of green morphs of *D. australae* and then test the possibility of betacyanin synthesis in green morphs upon substrate feeding. Identify the synthesised betacyanins using HPLC and compare them with that of red morphs. Examine the photoprotective roles of betacyanin in leaves of *D. australae* under various light and salinity treatments.

*Hypotheses*: (a) Green morphs lack the key biosynthetic enzyme tyrosinase which catalyses the formation of L-DOPA from tyrosine. (b) Vacuum infiltration of substrate (L-DOPA) to green leaves will produce betacyanins. (c) L-DOPA induced betacyanic leaves will have higher quantum yield of PSII compared to green leaves under the combination of light and salinity stress. (c) Hydrogen peroxide (H$_2$O$_2$) production will be lower in L-DOPA induced red leaves as compared to green under combination of light and salinity stress
Chapter 4. **Objectives:** Examine the effect of salt stress on relative growth (biomass accumulation) of red and green plants of *D. australe*. Also, study the osmotic stress tolerance ability (accumulation of osmoregulators, Na\(^+\) sequestration) of red and green plants.

**Hypotheses:** (a) Red morphs of *D. australe* will have similar biomass accumulation to green morphs under control conditions, but higher biomass accumulation under salt stress. (b) The water potential of green leaves will be more negative than red leaves under salt stress. (c) Red leaves will be better able to sequester extra Na\(^+\) away from mesophyll tissue than green leaves.
Chapter 2: Functional significance of betalain biosynthesis in leaves of *Disphyma australe* under salinity stress

2.1 Abstract

Shoots of *Disphyma australe*, a coastal succulent plant native to New Zealand, vary in colour from entirely red to entirely green. We hypothesised that the red pigmentation develops in response to salinity stress, and that these betalain pigments contribute to salt tolerance. Effects of salinity on betalain content, CO₂ assimilation, stomatal conductance, chlorophyll content and chlorophyll fluorescence were measured in leaves from red and green-leafed morphs. Newly formed leaves of both morphs were entirely green when grown under control conditions in a glasshouse. NaCl treatment increased betalain concentration 10-fold in leaves of the red, but not of the green morphs. The red leaves held six betacyanins (betanin, isobetanin, betanidin, isobetanidin, lampranthin-II, isolampranthin) but no betaxanthins; in the green morphs, neither betacyanin nor betaxanthin was present. In contrast, betalains were present in the petals of both morphs. Photosynthetic CO₂ assimilation and water use efficiency were greater, and stomatal conductance was lower, in leaves of the red than of the green morphs following NaCl treatment. Photosystem II quantum yields and photochemical quenching were both greater in red than in green NaCl treated leaves under white actinic light. The data indicate that betalain accumulation in red morphs is a direct response to salinity, but that the green morphs, although possessing the genetic potential to biosynthesise betalains, lack the mechanism for the induction of betalain in response to salinity stress. Foliar betalains appear to ameliorate responses to salinity stress in *Disphyma australe*.

2.2 Introduction

*Disphyma australe* (W. T. Aiton), a succulent plant common on coastal cliffs and dunes throughout New Zealand, shows marked variation in shoot colour (Allan, 1961; Chinnock, 1971). The prostrate stems and erect, fleshy leaves are, in some plants, entirely green; in others, the vegetative shoot is partially or entirely red (Fig. 2.1). The red and green *D. australe* morphs
often co-occur at coastal locations. However, nothing is known of the possible genetic or environmental basis for this colour polymorphism.

Fig 2.1 Vegetative shoots of *Disphyma australe* (A), showing contiguous red (R) and green (G) morphs at Te Kopahou Reserve, Wellington. Flowers of green (B) and red (C) *D. australe* morphs. Bar = 1 cm.

As with other members of the Aizoaceae, the red colouration in *D. australe* results from the production of betalains (Chinnock, 1971). Betalains are water-soluble nitrogen-containing pigments synthesized from tyrosine, and there are two structural groups: the red/violet betacyanins, and the yellow/orange betaxanthins (Strack *et al.*, 2003; Azeredo, 2009). Unlike the
anthocyanins, which are by far the most common class of red pigment (Gould, 2004), the functional role of both groups of betalains remains poorly understood (Ibdah et al., 2002; Stintzing & Carle, 2004). Anthocyanins and betalains do not co-occur naturally in the same plant (Stafford, 1994), although the simultaneous biosynthesis of both is theoretically possible as shown using transgenic Arabidopsis (Harris et al., 2012). As with the anthocyanins, it has been hypothesized that betalain accumulation in leaves may be an ameliorative response to abiotic stressors such as high UV irradiance, strong light, low temperature and salinity (Bothe, 1976; Ibdah et al., 2002; Wang et al., 2006; Wang & Liu, 2007; Hayakawa & Agarie, 2010). Indeed, in the halophyte Sueda salsa, red colouration in the vegetative shoot is more pronounced when plants are growing in the intertidal zone than on higher land, possibly indicating the involvement of salinity in betalain accumulation (Wang et al., 2006). Furthermore, those S. salsa plants that held the higher levels of betacyanin showed increased tonoplast H⁺-ATPase activity; the presence of betalains apparently correlated with an improved removal of Na⁺ from cytoplasm to vacuole (Wang et al., 2007b).

It is possible therefore, that variation in shoot colour among D. austral e individuals reflects spatial variation in the severity of salt stress they experience, and that the development of the red colour serves to mitigate the stress. Alternatively, the green morphs may simply lack the genetic capability to synthesise betalain pigments. Here, I compare the pigment composition and physiological responses to salinity of green and red D. austral e. I hypothesise that D. austral e accumulate betalain under saline conditions, and that betalainic plants are physiologically more tolerant of salinity stress. I report the effects of NaCl on betalain levels, CO₂ assimilation rate and stomatal conductance in leaves from red and green-leafed morphs, and also quantify the effects of salinity on the photosynthetic yield of PSII in red and green leaves.

2.3 Materials and Methods

2.3.1 Plant material

A healthy shoot was taken from each of 10 red and 10 green D. austral e plants, randomly collected from South-facing dunes and rocky outcrops along the coast at Te Kopahou reserve, Wellington, New Zealand (41°21’01” S, 174°43’55” E). Shoot cuttings with two leaves attached were rooted in trays containing a 2:1 mix of potting compost and sand for 5 wk, and then
transferred one plant per pot to 800 mL pots with the same substrate and grown in an unheated glasshouse at Victoria University of Wellington.

2.3.2 Salinity treatments

Five individuals of each colour morph were watered with 15 mL of 200 mM NaCl every third day for 2 wk. Control plants were irrigated with distilled water. The youngest fully expanded leaves were harvested from each plant after 2 wk of treatment.

2.3.3 Pigment extraction and quantification

Exactly 1 g of fresh leaf was flash frozen in liquid nitrogen, ground to a powder and extracted in 10 mL 100% methanol for 1 h at 4 °C. The extracts were centrifuged for 5 min at 10,000 g, the supernatants discarded, and the pellets re-suspended in 10 mL distilled water at pH 5, adjusted using HCl (Wang et al., 2006). Betalain content was estimated spectrophotometrically using a Shimadzu (Kyoto, Japan) 2550 UV-VIS spectrophotometer. Betalain content was estimated as $A_{538} - 0.33 A_{662}$, where $A_{538} = A_{\lambda_{\text{max}}}$. The subtraction of $0.33A_{662}$ compensated for the small overlap in absorption by extracted chlorophyll. To estimate foliar chlorophyll and carotenoid content, frozen leaves were extracted in 80% acetone, and absorbances at 470, 647 and 663 nm were measured in a Shimadzu spectrophotometer. Pigment concentrations were calculated using the equations by Lichtenthaler (1987).

Individual betalains were quantified using an Agilent 1100 Series HPLC (Waldbonn, Germany) with a Phenomenex C18 reversed phase column (5 µM, 250 X 4.6 mm). The injection volume was 50 µL and column temperature was 25 °C. HPLC gradients were (A) formic acid: H₂O (1:99, v:v), and (B) acetonitrile: H₂O (80:20, v:v). Betaxanthins were separated isocratically with 100% A, followed by a linear gradient from 0% to 20% B in 60 min, and then 20% to 100% B in 5 min. Betacyanin separation was done beginning with 2% B in A and increasing to 33% B in A over 60 min. Betacyanins were detected at 538 nm and betaxanthins at 470nm (Kugler et al., 2007). Retention times of betalain peaks were compared to those from published records of authentic samples (Kugler et al., 2004, 2007; Svenson et al., 2008) and to previous work on D. australe (D. Lewis; pers. comm.).
2.3.4 Gas exchange

An LI-6400 gas exchange system (LiCor, Lincoln, NE, USA) equipped with a red LED light source and leaf chamber LI-6400-08 was used to calculate maximum net CO$_2$ assimilation rate ($A_{\text{max}}$) and stomatal conductance ($g_s$) for one leaf per plant. The chamber was modified such that the leaf was held in place using a polystyrene strip bearing a small hole, and was rendered airtight with blue-tack putty. All data were collected in the early morning. The air supply contained 400 µmol CO$_2$ mol$^{-1}$, the irradiance was 1500 µmol m$^{-2}$ s$^{-1}$, and leaf temperature was maintained at 25°C. Water use efficiency (WUE) was calculated as the ratio of maximum net CO$_2$ assimilation rate to stomatal conductance ($A_{\text{max}}/ g_s$). Stomatal densities (frequencies per mm$^2$) were counted using nail varnish replicas of the leaves.

2.3.5 Chlorophyll fluorescence

Plants were dark adapted for two hours and then the ratio of variable to maximal chlorophyll fluorescence ($F_v/F_m$) measured using a Walz 2500 (Effeltrich, Germany) pulse amplitude modulated (PAM) chlorophyll fluorometer. Rapid light response curves for dark-adapted plants were generated using the light source supplied by the PAM, and quantum yield of PSII ($\Phi_{\text{PSII}}$), photochemical quenching ($qP$) and non-photochemical quenching (NPQ) were recorded as described by Maxwell and Johnson (2000).

2.3.6 Leaf reflectance

Reflectance spectra were recorded for five randomly selected green and red leaves, one leaf per plant, using an Ocean Optics (Dunedin, FL, USA) USB 2000 diode-array spectrometer, a QR 400-7-UV-VIS reflectance probe and a PX-2 pulsed xenon light source. Light was directed at 45° to the leaf’s adaxial surface and diffuse reflectance, measured at 0.4-nm intervals from 400 to 700 nm, was referenced to an Ocean Optics WS-1 diffuse reflectance standard.

2.3.7 Soil salinity

To quantify variation in substrate salinity levels at the Te Kopahou Reserve, and to study how the distribution of red and green morphs might vary with edaphic NaCl levels, we ran five linear transects from the high tide line for 50 m towards the dunes. Substrate samples 5cm deep were collected at 16, 30, and 50 m from the high tide line, and their electrical conductivities (EC),
used here as a proxy for NaCl concentrations, were measured for 1:5 (v/v) substrate: water mixes at 25°C using an IQ350 conductivity meter (IQ Scientific Instruments, San Diego, CA, USA), calibrated with 1000 µS cm\(^{-1}\) NaCl. At each location we counted the numbers of red and green morphs within 1 m on either side of the transects.

### 2.3.8 Statistics

Reported data represent the means of at least three replicates ± standard errors. Normality of the data was confirmed using the Kolmogorov-Smirnov test in SPSS, and homogeneity of variance was confirmed using Levene’s test (P >0.05). Differences in pigment levels and in gas exchange measurements between red and green morphs were tested using two-way ANOVA. Tukey’s Post-hoc test (P <0.05) was performed for within-factor and between-treatment comparisons. Repeated measure ANOVA was used for comparisons of the rapid light response curves (Potvin et al., 1990). Paired t tests were used to compare before and after measurements on the same plants. Frequencies of red and green morphs in field were compared using a Chi squared test.

### 2.4 Results

#### 2.4.1 Betalain distribution

The leaves on *D. australe* were succulent and triquetrous, borne on multiple branches from prostrate stems. Shoot colour varied substantially among individuals of *D. austral*, even between adjacent plants at the same location (Fig. 2.1 A). In general, red pigmentation was the more intense and expansive at the more sun-exposed sites; entire leaves and stems were red in plants that grew under full sunlight, whereas those found in partial shade were pigmented red only in the internodes and at the leaf bases. Nevertheless, shoots that were entirely green were to be found among the predominantly red patches. Irrespective of the colour of vegetative shoots, the petals of both morphs were commonly a pale violet (Fig. 2.1 B, C).

Microscopic observations of transverse sections revealed that the red leaves bore betalains exclusively in the epidermis and the outermost mesophyll layer; in the red stems, betalains were present in the innermost cortical cell layer as well as the epidermis, hypodermis, and outer cortex (Fig. 2.2 A, C). In contrast, betalains were not evident in any green leaf or stem.
There were not any other obvious anatomical differences between the leaves of two morphs.

Fig 2.2. Transverse sections through shoots of *Disphyma australe*. Red leaf (A), green leaf (B), red stem (C) green stem (D). Key: EP = Epidermis, M = Mesophyll tissue, VB = Vascular Tissue, CX = Cortex. Bars: A, B = 20 µM; C, D = 100 µM.
2.4.2 Betalain induction

Newly formed leaves on red shoot cuttings of *D. australe* were entirely green when grown under control conditions in the glasshouse for 5 wk, although their internodes retained some red coloration (Fig. 2.3 A).

Fig 2.3 Photographs of *Disphyma australe*, green and red morphs (A) control plants, (B) 200 mM NaCl treated plants. Bar = 1 cm.
A$_{538}$ values of methanolic extracts of leaves from red and green morphs before NaCl treatment confirmed that both morphs lacked betacyanin. However, betacyanin concentration increased up to 10 fold in leaves of the glasshouse-grown red morphs when exposed to 200 mM NaCl for 14 d (P <0.001; Figs. 2.3 B, 2.4). In contrast, A$_{538}$ values from green leaf extracts did not increase significantly after NaCl treatment (P >0.08). The A$_{538}$ values for leaf extracts were on average 17-fold higher for the red than the green morphs after NaCl treatment. There was no significant change in A$_{538}$ for extracts from control plants of both red and green morphs over the 14 d experimental period (P >0.05).

![Graph showing betalain content in extracts from leaves of red and green morphs of *Disphyma australe* before (white bars) and 14 d after (black bars) 200 mM NaCl treatment (n=5, means ± SE). Asterisks denote significant differences within treatments (P <0.05). Different letters above bars indicate significant differences across treatments (P <0.05).]

**Fig 2.4** Betalain content in extracts from leaves of red and green morphs of *Disphyma australe* before (white bars) and 14 d after (black bars) 200 mM NaCl treatment (n=5, means ± SE). Asterisks denote significant differences within treatments (P <0.05). Different letters above bars indicate significant differences across treatments (P <0.05).

### 2.4.3 Betalain profile characterization

The betalainic extracts of leaves from NaCl-treated red morphs generated six HPLC peaks at 538 nm (Fig. 2.5 A), but none at 470 nm. Based on their retention times, the peaks were
tentatively identified as betanin, isobetanin, betanidin, isobetanidin, lampranthin-II and isolampranthin (Table 2.1). In contrast, no peak was detected in the extracts from NaCl- treated green morphs, or from untreated red and green morphs at 538nm or 470nm (Fig. 2.5 B).

Fig 2.5  HPLC chromatogram for leaf extracts of red morphs of Disphyma australe 14 d after (A) and before (B) 200 mM NaCl treatment at 538 nm (for peak assignment see Table 2.1).
Table 2.1: Betalain peaks detected in leaf extracts from red morphs of *D. australe* after salinity treatment. Tentative identities were assigned according to HPLC retention times as reported by, Kugler *et al.* (2007) and Svensson *et al.* (2008).

<table>
<thead>
<tr>
<th>Retention Time (min)</th>
<th>Betalain</th>
<th>Common name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 21.44</td>
<td>Betanidin-5-O-β-glucoside</td>
<td>betanin</td>
</tr>
<tr>
<td>2 23.62</td>
<td>Isobetanidin-5-O-β-glucoside</td>
<td>Iso-betanin</td>
</tr>
<tr>
<td>3 27.41</td>
<td>Betanidin</td>
<td>Betanidin</td>
</tr>
<tr>
<td>4 30.23</td>
<td>Isobetanidin</td>
<td>Isobetanidin</td>
</tr>
<tr>
<td>5 45.72</td>
<td>Betanidin-5-O-[6′-O-(E)-feruloyl-β-glucoside]</td>
<td>Lampranthin II</td>
</tr>
<tr>
<td>6 46.25</td>
<td>Isobetanidin-5-O-[6′-O-(E)-feruloyl-β-glucoside]</td>
<td>Iso-lampranthin II</td>
</tr>
</tbody>
</table>

### 2.4.4 Chlorophyll and carotenoid contents

The green leaves which developed on glasshouse-grown cuttings from the red morphs had carotenoid and chlorophyll concentrations comparable to those from the green morphs (P ≥0.05; Fig. 2.6 A, B). After 14 d with NaCl, chlorophyll and carotenoid content declined, more so for the green (by 10% and 28%, respectively) than for the newly-redened leaves on the red morphs (5% and 23%). Ratios of chlorophyll *a*: *b* were initially similar for the two morphs, but after NaCl treatment, they fell sharply (P <0.001) in the red leaves, associated with an increase in chlorophyll *b* and decrease in chlorophyll *a* (Fig. 2.6 C). In contrast, the chlorophyll *a*: *b* ratio in leaves of the green morph increased after NaCl treatment. Ratios of total carotenoids: total chlorophylls were similar (P >0.05) in both morphs (Fig. 2.6 D).
Fig 2.6 Pigment concentrations in the leaves of red and green morphs of *Disphyma australe*. Total chlorophyll (A), total carotenoids (B), chlorophyll $a:b$ (C) and carotenoid : chlorophyll ratios (D) before (white bars) and 14 d after (black bars) 200 mM NaCl treatment (means ± SE; n=5). Asterisks denote significant differences within morphs over time (P <0.05). Different letters above bars show significant difference across treatments (P <0.05).
2.4.5 Gas exchange and water relations

The stomatal frequency did not differ significantly (P >0.5) between the leaves of red (59 ± 3 mm\(^2\)) and green morphs (56 ± 2 mm\(^2\)). Maximum rates of CO\(_2\) assimilation (A\(_{\text{max}}\)) were initially similar for the two sets of plants, but decreased on average by 50% in the red and by 65% in the green morphs after NaCl treatment (Fig. 2.7 A). Stomatal conductance (g\(_s\)) also decreased significantly, more so in red than in the green morphs (P <0.05; Fig. 2.7 B). Water use efficiency (WUE), estimated as A\(_{\text{max}}\)/g\(_s\), was greater for the red than the green morphs prior to treatment (P <0.02; Fig. 2.7 C). After 14 d with NaCl, WUE increased further, by 40% in the red and 13% in the green morphs.
Fig 2.7 (A) Net maximum CO$_2$ assimilation rate ($A_{\text{max}}$), (B) stomatal conductance ($g_s$), and (C) water use efficiency in leaves of red and green morphs of *Disphyma australe* before (white bars) and 14 d after (black bars) treatment 200 mM NaCl or H$_2$O ($n=5$, means ± SE). Asterisks denote significant differences within morphs over time ($P < 0.05$). Different letters above bars show significant difference across treatments ($P < 0.05$).
2.4.6 Chlorophyll fluorescence

The maximum quantum efficiencies for PSII (Fv/Fm) were initially comparable for dark-adapted green leaves from the glasshouse-grown red (0.78 ± 0.01) and green (0.79 ± 0.01) morphs. When subjected to a light ramp between 7 and 1855 μmol m$^{-2}$ s$^{-1}$, values of Φ_{PSII} declined at statistically comparable rates in the two sets of plants (Fig. 2.8 A; P >0.02). After 14 d with NaCl, Fv/Fm values fell slightly in both morphs, the newly-reddened ones (Fv/Fm=0.76 ± 0.003) being marginally less affected than the green ones (0.74 ± 0.006). There were much larger differences between morphs in the responses to a light ramp following NaCl treatment; the decline in Φ_{PSII} was far greater in the green than in the red (Fig. 2.8 A; P <0.001). For the green morph, the decline in Φ_{PSII} was more rapid for NaCl-treated than control leaves (P >0.01). Interestingly, for the red morph, Φ_{PSII} was consistently higher in the newly-reddened NaCl-treated leaves than in untreated leaves during the light treatment (P >0.05).
Fig 2.8 Light response curves for (A) photochemical quantum yield, (B) photochemical quenching and (C) non-photochemical quenching for leaves of red (●) and green (○) morphs of *Disphyma australe* after 14 d with 200 mM NaCl (solid lines) or water controls (dashed lines). Means ± SE; n=3.
Photochemical quenching coefficients (qP) were statistically similar for leaves from untreated red and green morphs under the light ramp (Fig. 2.8 B; $P > 0.4$), but after NaCl treatment the red leaves consistently had the higher qP values ($P < 0.001$). Non photochemical quenching (NPQ) values were often higher for leaves from untreated green than the untreated red morphs, but the difference was not statistically significant (Fig. 2.8 C; $P > 0.05$). After NaCl treatment NPQ values were greater in green than in red leaves with irradiances up to $600 \, \text{µmol m}^{-2}\text{s}^{-1}$; the trend reversed under stronger light, but the difference was insignificant ($P > 0.05$).

2.4.7 Leaf reflectance

Leaves of the green morphs of *D. australe* reflected approximately 15% more PAR (400-700 nm) than did the betalainic leaves of the red morphs (Fig. 2.9). This increase was largely restricted to the green-yellow waveband; the green leaves reflected up to 67% more light than did the red between 500-600 nm (Fig. 2.9; $P < 0.001$). In contrast, the integrated reflectances of blue light (400-500 nm) and of red light (600-700 nm) were statistically comparable for the leaves of both colours ($P > 0.05$ in each instance). Thus, the ratio of reflectance of red to green wavebands was lower in the non-betalainic leaves of green morphs ($0.65 \pm 0.007$) than in betalainic leaves of the red morphs ($2.1 \pm 0.06$).
Fig 2.9 Reflectance spectra for five randomly selected green leaves of green morphs (G) and red leaves of red morphs (R) of *Disphyma australe*.

### 2.4.8 Substrate salinity

Conductivity measurements (EC values) of substrate samples were greatest at locations closest to the ocean and declined significantly with increasing distance from the high tide line (Table 2.2). At any one location, the EC values of samples in the immediate vicinity of red (0.168 ± 0.003 mS cm$^{-1}$) and green morphs (0.169 ± 0.002 mS cm$^{-1}$) were statistically similar (P > 0.05).

The proportions of red and green morphs varied predictably across the substrate salinity gradients. High salinity sites had proportionately more red morphs than green morphs ($\chi^2$, P < 0.001; Table 2.2). In contrast, green morphs were most abundant at the farthest location from the high tide line ($\chi^2$, P < 0.001; Table 2.2).
Table 2.2  Electrical conductivities of substrate samples, and corresponding frequencies of red and green morphs of *Disphyma australae*, at increasing distances from the shoreline (Means ± SE, n=5).

<table>
<thead>
<tr>
<th>Distance from shoreline (m)</th>
<th>Electrical Conductivity (mS cm⁻¹)</th>
<th>Number (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Red Morphs</td>
</tr>
<tr>
<td>16</td>
<td>0.170 ± 0.002</td>
<td>36 (81%) ± 3</td>
</tr>
<tr>
<td>30</td>
<td>0.093 ± 0.005</td>
<td>14 (46%) ± 2</td>
</tr>
<tr>
<td>50</td>
<td>0.039 ± 0.003</td>
<td>12 (23%) ± 2</td>
</tr>
</tbody>
</table>

2.5 Discussion

To explain variation in colour of vegetative shoots within coastal populations of *Disphyma australae* (Fig. 2.1), we postulated that exposure of roots to NaCl leads to an accumulation of red betalain pigments, and that these, in turn, confer a measure of tolerance to salinity when also exposed to high light. Accordingly, the green-leafed individuals would have experienced less salinity stress, and would be less resilient to it. Our data from the red morph are entirely consistent with the hypothesis; in a salt-free substrate under the conditions of a glasshouse, the red leaves turned green, but they resumed their red colour when treated with saline solution. Moreover, red leaf morphs were more abundant in the field at sites with higher salinity levels (Table 2.2). The development of red pigmentation correlated to superior maximum CO₂ assimilation rates (Fig. 2.7 A), water use efficiencies (Fig. 2.7 C) photochemical quantum yields (Fig. 2.8 A) and photochemical quenching (Fig. 2.8 B) under salinity stress. However, contrary to our hypothesis, those vegetative shoots that were originally green in their natural environments did not accumulate betalains upon NaCl treatment (Fig. 2.3). Although the green morphs were genetically equipped for betalain biosynthesis as evidenced by the presence of betalains in their petals (Fig. 2.1), they apparently lack the mechanism to respond to salinity by
producing betalains in vegetative shoots. In terms of leaf photosynthesis, the green morphs performed relatively poorly under salinity stress (Fig. 2.3, 2.7A).

2.5.1 Up-regulation of betalain synthesis

The biosynthesis of six structurally distinct betacyanins was up-regulated in the red morphs following 14 d exposure to 200 mM NaCl (Fig. 2.5 B). The results indicate that high salinity levels encountered in their natural coastal environments may be an important factor governing betalain synthesis in *D. austral* shoots. Our data are consistent with other studies that have reported higher betalain content in plants following the imposition of a variety of abiotic stressors including salinity (Wang *et al.*, 2006; Hayakawa and Agarie 2010; Wang *et al.* 2007). The functional significance of individual betacyanins, tentatively identified here as betanin, isobetanin, betanidin, isobetanidin, lampranthin II and isolampranthin-II (Table 2.1), remains unknown. However, collectively they serve to modify the light environment within a leaf, with the potential to affect photosynthetic performance.

2.5.2 Photoabatement by betalains

Photodamage of PSII in chloroplasts compromised by salinity stress has been reported for the leaves of many species (*e.g.*, Duarte *et al.*, 2013; Hertwig *et al.*, 1992; Sharma and Hall, 1991). For *D. austral*, the rapid light response curves for $\Phi_{\text{PSII}}$ in NaCl-treated leaves indicated that the red leaves maintained higher quantum efficiency than treated green leaves under saturating light (Fig. 2.8 A). Of course, the presence of betalains in the leaves does not necessarily implicate a role for these pigments in photoprotection; the betalains may simply be a symptom of, rather than an ameliorative response to salinity stress. Nonetheless, such a role has been suggested for foliar betalains in the related species *Mesembryanthemum crystallinum*, for which the spectral properties of betalains were considered suitable to abate potentially damaging light and UV radiation that would otherwise fall incident on the chloroplasts (Vogt *et al.*, 1999; Ibdah *et al.*, 2002). Similarly, Wang and Liu (2007) showed that betacyanic leaves of the halophyte *Sueda salsa* were less photoinhibited than green leaves after a chilling stress. For *D. austral*, too, the complement of betacyanins apparently assists in photoprotection of the leaves through photoabatement, as evidenced by higher $\Phi_{\text{PSII}}$ and qP values (Fig. 2.8 A, B). Indeed, the sharp decline in chlorophyll $a:b$ as leaves reddened after NaCl treatment (Fig. 2.6 C) is a typical
response of chloroplasts acclimating to shade; this is entirely consistent with the development of chloroplasts under a photoprotective betalainic filter, and is comparable to the responses of chloroplasts that develop beneath foliar anthocyanins (Gould et al., 2002; Kyparissis et al., 2007). Moreover, the reflectance data revealed that the betalainic leaves appear red because they absorb more green and yellow light rather than reflecting more red light (Fig. 2.9). The spectral properties of these betalainic leaves are thus similar to many red anthocyanic leaves (Neill & Gould, 1999), for which there is abundant evidence that these red pigments assist photoprotection directly by abating incident quantum fluxes.

In addition to their light-screening properties, the NaCl-treated red leaves are evidently better equipped to deal with the surplus photons absorbed by chloroplasts. Of note, non-photochemical quenching, which correlates to the thermal dissipation of excess energy by xanthophyll cycle pigments (Demmig-Adams & Adams, 1992; Maxwell & Johnson, 2000), was higher for the red leaves under high irradiance. Thus, epidermal betacyanins seem to be important, but only one of the elements contributing to the suite of mechanisms for the photoprotection required under conditions of salinity stress. The putative photoprotective function of foliar betalains is analogous to that of foliar anthocyanins, which have been shown to reduce the propensity for and the severity of photoinhibition in many plant species (Steyn et al., 2002; Close & Beadle, 2003; Gould, 2004).

2.5.3 Avoidance of physiological drought by red plants

Salinity stress typically induces reductions in stomatal conductance and net CO₂ assimilation (Ramani et al., 2006; Chaves et al., 2009; Sucre & Suárez, 2011). Both decreased in the red and the green leaves of NaCl-treated D. australé (Fig. 2.7 A, B). The average decrease in the net photosynthetic rate was greater for the green morphs (65%) than red morphs (49%) after salinity stress, indicating that the green plants had been the more adversely affected. A reduction in stomatal conductance enhances the water use efficiency (WUE) of leaves (Flexas et al., 2004; Sucre & Suárez, 2011); in NaCl-treated D. australé, WUE increased significantly more in the red than in green leaves (Fig. 2.7 C), indicating that the red morphs may be better able to accommodate physiological drought in the short term. The mechanism through which betalains may confer tolerance to salinity-induced water stress is unknown. It may be that betalains serve to scavenge reactive oxygen species produced by chloroplasts for which photosynthetic electron
transport has been compromised by salinity stress (Wang & Liu, 2007). Alternatively, Wang et al. (2007) found that in *Suaeda salsa*, higher levels of betacyanin correlated with increased tonoplast H\(^+\)-ATPase activity; the presence of betalains was apparently associated with an enhanced removal of Na\(^+\) from the cytoplasm to vacuole. The applicability of their evidence to other plant systems remains unknown, but it is at least consistent with our hypothesis that betalainic plants are more tolerant to salinity stress.

### 2.6 Conclusion

In conclusion, our data indicate that salinity contributes to the induction of betalain biosynthesis in vegetative shoots of *D. australe*. Green morphs, which apparently lack the mechanism to induce foliar betalain biosynthesis in response to salinity, are evidently less tolerant to salinity, both in terms of water conservation and photoprotection. The comparison of the green and red morphs, as well as the ready manipulation by salinity of leaf colour in the red morph presents an elegant system to further study the possible involvement of betalain pigments in salinity.
Chapter 3: Betalain induction by L-DOPA application confers photoprotection to saline-exposed leaves of *Disphyma australe*

3.1 Abstract

The capacity to synthesise betalains has arisen in diverse phylogenetic lineages across the Caryophyllales, and because betalainic plants often grow in deserts, sand dunes, or salt marshes, it is likely that these pigments confer adaptive advantages. However, possible functional roles of foliar betalains remain largely unexplored and are difficult to test experimentally. We took a novel approach to examine putative photoprotective roles of betalains in leaves for which chloroplast function has been compromised by salinity. Responses to high light and salinity of L-DOPA (L-3,4-dihydroxyphenylalanine)-treated red shoots of *Disphyma australe* were compared with those of naturally red- and green-leafed morphs. Betalain content, and tyrosinase activity were measured, and chlorophyll fluorescence profiles and H$_2$O$_2$ production compared under white, red or green light. Green leaves lacked tyrosinase activity, but when supplied with exogenous L-DOPA they produced five betacyanins. Both the naturally red and L-DOPA-induced red leaves generated less H$_2$O$_2$ and showed smaller declines in PSII quantum efficiency than did green leaves when exposed to white or green light, though not to red light. Light screening by epidermal betalains effectively reduces the propensity for photoinhibition and photo-oxidative stress in subjacent chlorenchyma. This may assist plant survival in exposed and saline environments.

3.2 Introduction

The betalains are a small class of alkaloid pigments found exclusively in certain families of the Caryophyllales and in some Basidiomycetes (Stintzing & Carle, 2004). Synthesized from tyrosine by as few as three enzymatic reactions, there are two structural groups: the red/violet betacyanins, and the yellow/orange betaxanthins (Strack *et al.*, 2003; Azeredo, 2009). Betacyanins share many physical and chemical properties with the more abundant class of red pigments, the anthocyanins; they have similar absorption maxima in the visible spectrum, for example, and they are both potent antioxidants (Stintzing & Carle, 2004; Wang *et al.*, 2006;
Gandía-Herrero et al., 2010). Accordingly, the two pigment classes are often considered to be functional homologues. There is evidence that, like the anthocyanins, the betalains in flowers and fruit serve to attract pollinators and frugivores (Piattelli, 1981). However, unlike those for the anthocyanins, possible functions of betalains in leaves and other vegetative organs have received scant scientific attention and remain poorly understood (Ibdah et al., 2002; Stintzing & Carle, 2004).

There are good reasons to postulate that foliar betalains assist plant function. First, these pigments may have evolved more than once from phylogenetically diverse lineages in the core Caryophyllales (Brockington et al., 2011). Thus, there may be a strong selective pressure driving their evolution. Second, betalains and anthocyanins do not naturally co-occur (Mabry et al., 1963; Kimler et al., 1970) even though in the laboratory it is possible to induce betalain biosynthesis in the normally anthocyanic Arabidopsis (Harris et al., 2012). That would indicate that betalains do not serve to complement anthocyanin function, although they might well substitute for it; foliar anthocyanins have been implicated in a variety of stress responses, including protection from strong light, free-radical damage, and herbivory pressure (Gould, 2004; Hatier & Gould, 2009; Boldt et al., 2014). Third, plants with betalainic leaves are often found in marginal environments such as deserts, sand dunes, and salt marshes (Ehrendorfer, 1976). This has led many workers to hypothesize roles for betalain accumulation in tolerance to the kinds of stressors shoots would experience at such locations: drought, high UV irradiance, strong light, low temperatures and salinity (Bothe, 1976; Ibdah et al., 2002; Wang et al., 2006; Wang & Liu, 2007; Hayakawa & Agarie, 2010).

The photoprotection hypothesis is an obvious starting point to study betalain function in leaves. Because the epidermal betacyanins are red, they, like anthocyanins, strongly absorb green/yellow wavebands of light (Nakashima et al., 2011; Jain & Gould, 2015b). This potentially abates excitation pressure on subjacent chloroplasts, thereby reducing the propensity for photoinhibition and photo-oxidative damage when leaves are exposed to saturating light (Steyn et al., 2002; Gould, 2004). However, testing for a photoprotective role of betalains (or anthocyanins) is far from trivial. This is because plants employ a suite of mechanisms to mitigate the adverse effects of excess quanta (Takahashi & Badger, 2011), and it is difficult, therefore, to disentangle from this pool the unique contributions of red pigments. Moreover,
studies that compare the photoinhibitory responses of red versus green leaves inevitably face the problem of having to extricate effects of pigmentation from those of differences in age, genotype, and/or prior acclimation between the two morphs. For example, Wang and Liu (2007) found that betacyanic leaves of the halophyte Suaeda salsa were less photoinhibited than green leaves after a chilling stress. However, to facilitate the production of red- and green-leafed plants, the seedlings had to be given different light treatments prior to a photoinhibitory stress; possible effects of their different developmental histories therefore preclude evaluation of the specific contribution of the pigments per se to photoprotection.

To examine betalain function yet avoid these possible complications, I have taken a novel approach using shoots of the New Zealand ice plant, Disphyma australe (Aizoaceae). I previously described the presence of sympatric populations of red- and green-leafed D. australe along the Wellington coastline (Jain & Gould, 2015b). Betacyanin production in the red morph was shown to depend on exposure to both salinity and high light, but the green morph was unable to produce betalains under inductive conditions. Furthermore, the red morph showed greater tolerance to the combination of high light and salinity, as measured by higher CO₂ assimilation rates, lower depression of photosystem II quantum efficiencies, and greater water-use efficiencies relative to the green morph. It was therefore tempting to postulate a protective role for betalains in this species. Interestingly, the green morphs produced purple flowers, indicating that they were genetically equipped to synthesise betalains but that the leaves were unable to respond to environmental cues for betalain production. Here, I identify the key biosynthetic step that is deficient in vegetative shoots of the green morphs. I show that by supplying the product of this enzymatic reaction, L-DOPA, to green shoots, betacyanins are formed in the leaves. I then use this experimental system to test for a possible photoprotective effect of betalains in shoots for which chloroplast function has been compromised by salinity and high light stress.

3.3 Materials and Methods

3.3.1 Plant material
Healthy red and green *D. austral* (Aiton) N.E.Br. shoot cuttings were randomly collected from 30 plants in a coastal dune population at Te Kopahau reserve, Wellington, New Zealand (41°21′01″ S, 174°43′55″ E). Plants were sampled along four north-south transects, 8 m apart, running from the shoreline to the dunes. Three visibly-distinct plant types were taken, as described in the Results: green morphs, red morphs and parti-coloured morphs. Plants were selected if all three morphs were close to one another and within 1 m of either side of a transect. Ten cuttings per morph were held with the cut stems in water at room temperature until required.

### 3.3.2 L-DOPA feeding

Shoot tips bearing the two youngest fully-expanded leaves were submerged in an aqueous solution of 10 mM L-DOPA (L-3,4-dihydroxyphenylalanine; Sigma Aldrich, Auckland, NZ) and vacuum-infiltrated for 60 s. The leaves were blotted dry, and the cut bases of the shoots inserted into 10 mM L-DOPA and held at 21°C under 300 µmol m⁻² s⁻¹ white light with a 10 h photoperiod. Control stem cuttings were treated in the same way but with sterile ddH₂O substituting for L-DOPA. All cuttings were observed for betalain production after 48 h.

### 3.3.3 Betalain extraction and quantification

After feeding L-DOPA, 0.1 g leaf tissue from each shoot tip was flash frozen in liquid nitrogen, ground to a powder and extracted in 5 mL 100% methanol for 1 h at 4 °C. The extracts were centrifuged for 5 min at 10,000 g, the supernatants discarded, and the pellets re-suspended in 5 mL ddH₂O at pH 5, adjusted using HCl (Wang *et al.*, 2006). Betalain content was estimated spectrophotometrically using a Shimadzu (Kyoto, Japan) 2550 UV-VIS spectrophotometer, as $A_{538} - 0.33 A_{662}$, where $A_{538} = A_{\lambda_{max}}$. The subtraction of $0.33A_{662}$ compensated for the small overlap in absorption by extracted chlorophyll. This method was also used to quantify betalain in naturally red leaves. Absorbance values were converted to betanin equivalents using the molar extinction coefficient $\varepsilon = 60,000 \text{ L mol}^{-1} \text{ cm}^{-1}$, and molecular weight = 550 (Cai & Corke, 1999).

Individual betalains were separated and quantified using an Agilent 1100 Series HPLC (Waldbronn, Germany) with a Phenomenex C₁₈ reversed phase column (5 μM, 250 X 4.6 mm) using the solvents and methodology of Jain & Gould (2015).

### 3.3.4 Tyrosinase activity
The youngest fully-expanded leaf on five plants per morph was randomly collected from the field site. Exactly 0.5 g of leaf tissue was flash-frozen in liquid nitrogen, ground to a powder and extracted in 2 mL extraction buffer comprising 100 mM potassium phosphate buffer (pH 7.5), 5% (w/v) polyvinylpolypyrrolidone PVPP and 2% (v/v) Triton X-100 at 4°C. The extract was centrifuged at 3000 g for 3 min, and the supernatant added to an equal volume of saturated (4.1 M) ammonium sulfate, which produced a flocculent white precipitate. Extracts were then re-centrifuged at 16,000 g for 5 min, the supernatants discarded, and the pellets re-suspended in chilled 0.1 M citrate buffer (pH 4.8). The same method was used to extract the enzyme from 0.2 g of petals from five randomly selected flowers per morph.

Tyrosinase activity was quantified spectrophotometrically by following the oxidation of L-DOPA to dopachrome (Robb, 1984). To 1 mL of an assay mix comprising 50 mM phosphate buffer (pH 7.0), 50 µL CuSO₄, and either 5 mM tyrosine (Sigma-Aldrich, Auckland, NZ) or 10 mM L-DOPA, was added 100 µL of the processed plant extract. Solutions were incubated for 30 min at 21°C, and dopachrome formation estimated by monitoring increasing absorbance at 475 nm using a Shimadzu 2550 UV-VIS spectrophotometer. Data were recorded every 30 s for 5 min. One unit of tyrosinase activity was defined as the concentration of enzyme that catalyses the appearance of 1 μmol dopachrome per min. Dopachrome concentration was calculated using the molar extinction coefficient ε = 3700 L mol⁻¹ cm⁻¹. Enzyme activity was expressed as tyrosinase units mg⁻¹ protein h⁻¹. Protein content in leaves and petals was quantified as described by Bradford (1976), using bovine serum albumin as the standard.

To confirm that the changes in absorbance were indeed attributable to tyrosinase activity, the experiment was repeated with the addition of enzyme inhibitors 100 µM 2-mercaptobenzothiazole (Sigma-Aldrich, Auckland, NZ) and 10 µM tropolone to the mix.

### 3.3.5 Light and salinity treatments

Chlorophyll a fluorescence of red and green leaves, and of L-DOPA-treated leaves of green morphs, was monitored before, during and after a saturating light treatment. Harvested shoot tips, each bearing two fully-expanded leaves, were held with their bases in water for 48 h at room temperature. They were dark-acclimated for 1 h and then the maximum quantum efficiencies of photosystem II (PSII), estimated by the ratios of variable to maximum chlorophyll
fluorescence (Fv/Fm), were determined for one leaf per shoot using a Walz 2500 (Effeltrich, Germany) pulse amplitude modulated (PAM) chlorophyll fluorometer. Each shoot tip was then inserted into an Eppendorf tube containing 200 mM NaCl and irradiated with 1300 µmol m\(^{-2}\) s\(^{-1}\) white, red or green light for 6 h at 21°C. The light was supplied by a bank of 12 x 1W LEDs (model OS9151, ADEO Services, Lezenne, France), which emitted cool-white light with a 6500 K colour temperature; to produce red or green light we inserted red #19 or green #389 polycarbonate filters (Supergel Rosco, Sydenham, UK) between the light source and plants. At regular intervals during the light treatments, effective PSII quantum yields were recorded, estimated as \(\Delta F/Fm' = (Fm' - Ft)/Fm'\), where \(Fm'\) is the maximum fluorescence in the light-adapted state, and \(Ft\) is the steady-state fluorescence. Leaves were then returned to darkness and Fv/Fm values recorded each hour for 2h. Rapid light response curves for dark-adapted green morph plants were generated before and after L-DOPA treatment using the light source supplied by the PAM, and quantum yields of PSII (\(\Phi_{PSII}\)) and non-photochemical quenching (NPQ) were recorded as described by Maxwell and Johnson, (2000).

3.3.6 H\(_2\)O\(_2\) Production

To observe H\(_2\)O\(_2\) production in leaves, the methods of Landi et al. (2014) were used with a slight modification. Shoot tips were washed, blotted dry, and then incubated for 30 min at 21°C in a loading buffer comprising 50 mM Tris-HCl (pH 7.0) and 20 µM 2,7-dichlorofluoroscein diacetate (DCFH-DA). Individual leaves were detached, and held upright on either ddH\(_2\)O or 200 mM NaCl for 3 h at 21°C under cool-white light at either 400 or 1300 µmol m\(^{-2}\) s\(^{-1}\). After incubation, median transverse sections of the leaves were mounted in the loading buffer on a microscope slide and examined for green epifluorescence in an Olympus AX70 compound microscope (Olympus Optical Co., Hamburg, Germany) using 488 nm excitation and collecting emission above 515 nm. Images were taken using an Olympus DP70 digital camera.

3.3.7 Statistical analysis

Reported data represent the means of at least five replicates ± standard errors. DCFH-DA fluorescence images of TS of leaves are representative of at least 6 replicates per treatment. Normality of the data was confirmed using the Kolmogorov-Smirnov test in SPSS. Means were
compared by one way ANOVA. Repeated measures ANOVA was used for comparisons of the rapid light response curves (Potvin et al., 1990).

3.4 Results

3.4.1 Natural variation in shoot colour
Three chromatically-distinct types of vegetative shoot of *D. australe* naturally co-occurred at our coastal field site: (i) ‘green morphs’ (G), for which the shoots entirely lacked red pigmentation (Fig. 3.1a); (ii) ‘parti-coloured morphs’ (PC), for which the nodes and internodes were pigmented red but the leaves were green (Fig. 3.1b); and (iii) ‘red morphs’ (R), for which the leaves and stem were entirely red (Fig. 3.1c). Purple (i.e., betalainic) petals were observed on flowering shoots of all three morphs.
Fig. 3.1 Vegetative shoots of (a) green, (b) parti-coloured, (c) red morphs of *Disphyma australe*; control (d,f,h,j), and L-DOPA-treated (e,g,i,k) leaves and partial transverse sections of the green morph, showing betacyanin accumulation in epidermal cells (i) and vascular parenchyma (k); control (l) and L-DOPA-treated (m) leaves of parti-coloured morph; transverse sections through leaves of parti-coloured (n) and red (o) morphs. Bars: a-c = 1 cm; d, e = 5 mm, f, g, l, m = 2 mm, h, i, n, o = 100 µm; j, k = 20 µm.
3.4.2 Betalain induction by L-DOPA

To determine whether betalain production could be induced in the G and PC morphs, we fed L-DOPA to the leaves. L-DOPA is formed from tyrosine in the first step of the betalain biosynthetic pathway. When shoot tips from the G and PC morphs were incubated in ddH₂O their leaves remained entirely green, but when incubated in L-DOPA for 48 h an intense red pigmentation developed on the internodes and all sides of the triquetrous leaves (Fig. 3.1 d-g). Microscopic observations of transverse sections through L-DOPA-fed leaves revealed that the red pigments, subsequently confirmed as betalains, were present as contiguous layers in the epidermis, the outermost mesophyll, and in parenchyma surrounding vascular bundles; the distribution was similar to that in naturally red leaves, except that the R morphs lacked betalains in vascular parenchyma (Fig. 3.1 h-o).

3.4.3 Betalain quantification and characterization

A₅₃₈ values of methanolic extracts from green leaves of the G and PC morphs confirmed that both lacked betalains. However, A₅₃₈ values for extracts of G and PC morphs increased 11-18 fold following L-DOPA treatment, although they remained marginally lower than those from R morphs (P < 0.001; Fig. 3.2).
Fig. 3.2 Betalain content in extracts from green (open bars) and red (closed bars) leaves of *Disphyma australe*, taken from green (G), parti-coloured (PC), and red (R) morphs before and after L-DOPA treatment. Concentrations expressed as betanin equivalents. Means ± SE, n=5. Different letters above bars indicate significant differences across treatments (P <0.05).

Extracts of L-DOPA-treated leaves from the G morphs generated five HPLC peaks at 538 nm (Fig. 3.3), but no peak at 470 nm, indicating the presence of betacyanins but not of betaxanthins. Based on their retention times in reference to those published in previous studies (Kugler *et al*., 2007; Svenson *et al*., 2008; Jain & Gould, 2015b), the peaks were tentatively identified as being the same as those previously identified in the R morph (Jain & Gould, 2015): betanin, isobetanin, betanidin, lampranthin-II and isolampranthin.
Fig. 3.3 HPLC chromatogram for L-DOPA fed leaf extracts of green morphs of *Disphyma australe*. Peaks tentatively identified as (1) betanin, (2) isobetanin, (3) betanidin, (4) lampranthin-II, (5) isolampranthin.

### 3.4.4 Tyrosinase activity

To understand why betacyanins are not normally synthesised in leaves of the G and PC morphs, we tested leaf extracts for tyrosinase activity, the enzyme most commonly reported to be involved in two key steps in the betalain pathway. A tyrosinase has been proposed to catalyse both the hydroxylation of tyrosine to L-DOPA, and the subsequent oxidation of L-DOPA to dopaquinone, which spontaneously cyclizes to form the *cyclo*-DOPA that is needed for betacyanin formation (reviewed by Strack *et al.*, 2003). Tyrosinase-like activity was quantified by measuring dopachrome (which forms spontaneously from dopaquinone via a *cyclo*-DOPA intermediate) using either tyrosine or L-DOPA as the substrate. There was no measurable tyrosinase activity using either substrate with the leaf extracts of G morphs, either before or after L-DOPA treatment (Table 3.1). In contrast, extracts from red leaves of the R morphs showed the highest tyrosinase activities, which were on average 4.8-fold greater with L-DOPA than with L-tyrosine as the substrate. Tyrosinase activities in green PC leaves were lower than those of the R morph, on average by 38% (with L-tyrosine) and 61% (with L-DOPA). The validity of the
protocol for comparisons across morphs was confirmed using the purple petals, for which tyrosinase activities were comparable in the R and G morphs (Table 3.1). As a further check of the methodology, the inclusion of tyrosinase inhibitors tropolone or 2-MBT completely prevented dopachrome production in all leaf and petal extracts.

Table 3.1. Tyrosinase activity (units mg\(^{-1}\) protein h\(^{-1}\)) in extracts from leaves and petals of red (R), green (G) and parti-coloured (PC) morphs of *Disphyma australae*, as measured by dopachrome production using L-tyrosine or L-DOPA as the substrate. Values followed by different letters differ significantly (P < 0.05) within a column. Means ± S.E., n=5.

<table>
<thead>
<tr>
<th>Morph</th>
<th>Organ extracted</th>
<th>Substrate</th>
<th>L-Tyrosine</th>
<th>L-DOPA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>L-Tyrosine</td>
<td>L-DOPA</td>
<td></td>
</tr>
<tr>
<td>R</td>
<td>Red leaf</td>
<td>2.9 ± 0.20  a</td>
<td>13.9 ± 2.79 a</td>
<td></td>
</tr>
<tr>
<td>R</td>
<td>Petal</td>
<td>3.3 ± 0.07  a</td>
<td>7.5 ± 0.15  b</td>
<td></td>
</tr>
<tr>
<td>PC</td>
<td>Green leaf</td>
<td>1.8 ± 0.04  b</td>
<td>5.4 ± 0.47  c</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>Green leaf</td>
<td>0.0 ± 0.00  c</td>
<td>0.0 ± 0.00  d</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>Red (L-DOPA fed) leaf</td>
<td>0.0 ± 0.00  c</td>
<td>0.0 ± 0.00  d</td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>Petal</td>
<td>3.5 ± 0.06  a</td>
<td>7.33 ± 0.29  b</td>
<td></td>
</tr>
</tbody>
</table>

**3.4.5 Responses to saturating light**

Shoot tips that had been incubated in ddH\(_2\)O or L-DOPA for 48 h had similar maximum quantum yields of photosystem II (\(F\_v/Fm = 0.72 ± 0.002\)) irrespective of morph type or leaf colour. When exposed to 1300 \(\mu\)mol m\(^{-2}\) s\(^{-1}\) white light and 200 mM NaCl, quantum yields (\(\Phi_{PSII}\)) decreased progressively. After 6 h, \(\Phi_{PSII}\) had declined by 75% in the PC morph, but by only 46% in the R morph (Fig. 3.4 a). Similarly, for the G morphs \(\Phi_{PSII}\) had declined by 74% in green leaves and by 48% in the red (L-DOPA fed) leaves (Fig. 3.4 b). The depression of \(\Phi_{PSII}\) was significantly greater (P < 0.03) for green leaves subjected for 6 h to the combination of light and salinity.
(ΔF/Fm’ = 0.19 ± 0.001) than to high light alone (ΔF/Fm’ = 0.27 ± 0.001), confirming that salinity stress had contributed to this response. When returned to darkness, quantum yields recovered to 80-94% of their original values over a 10 h period. Recovery was swifter in the red than in the green leaves.

Using green light rather than white light did not appreciably alter the decline in ΦPSII in green leaves of the PC and G morphs. In contrast, for the red leaves under green light, ΦPSII decreased by only 26% in the R morph, and by 31% in the L-DOPA-fed G morph (Fig. 3.4 c,d). Again, recovery was swifter and more extensive in the red than in the green leaves. Under red light, differences between the responses of red and green leaves were far smaller; ΦPSII declined by 60% in R and 73% in PC (Fig. 3.4 e). For the G morph, the decline in ΦPSII was almost identical for control (70%) and L-DOPA-fed (72%) leaves (Fig.3.4 f).
Fig. 3.4 Temporal changes in photochemical quantum yield of PSII ($\Delta F/Fm'$) for leaves of particoloured (□), red (■), green (○) and L-DOPA-treated green (●) morphs of *Disphyma austral*le*. Leaves were exposed for 6 h to 1300 µmol m$^{-2}$ s$^{-1}$ white (a, b), green (c, d) or red (e, f) light. Shaded areas show recovery of $\Delta F/Fm'$ when plants were returned to darkness. Means ± SE; n=5. Asterisks indicate significant differences between morphs at each time point (P < 0.05).

When subjected to an ascending light ramp, $\Phi_{\text{PSII}}$ declined more rapidly in control than in L-DOPA-treated leaves of the G morph (Fig. 3.5 a; P < 0.01). Non-photochemical quenching (NPQ) values were statistically higher in the control than in L-DOPA-treated leaves (Fig. 3.5 b; P < 0.01).
Fig. 3.5 Light response curves for (a) photochemical quantum yield of PSII ($\Delta F/Fm'$) and (b) non-photochemical quenching (NPQ) for leaves of green morphs of *Disphyma australe* before (○) /*+ and after (●) L-DOPA treatment. Means ± SE; n=5. Asterisks indicate significant differences at each time point (P < 0.05).
3.4.6 H$_2$O$_2$ Production

Green epifluorescence indicating the presence of H$_2$O$_2$ was recorded from sections of DCFH-DA-infiltrated leaves following an exposure to low or high light with or without a salinity treatment (Figs. 3.6 & 3.7). Sections from control leaves (dark-acclimated, without salinity) did not fluoresce green irrespective of leaf colour or morph. For the green leaves of G morphs, the intensity and distribution of fluorescence increased in accordance with the severity of the applied stressors (Fig. 3.6 a-h). Thus, with salinity and low light, fluorescence was relatively weak and largely confined to epidermal cells and the centrally-located water storage parenchyma (Fig. 3.6 d); under high light minus salinity all tissues fluoresced to some degree (Fig. 3.6 f); and under high light with salinity all tissues fluoresced intensely (Fig. 3.6 h). In contrast, the red L-DOPA treated leaves showed a very different pattern of responses to the stressors (Fig. 3.6 i-p). Fluorescence was substantially weaker than that in the green leaves, and was confined to isolated epidermal cells and, under high light, the water storage parenchyma. The absence of green fluorescence from palisade mesophyll tissue, which in these red leaves did not hold betalains, served to confirm that the fluorescence pattern could not simply be ascribed to the extinction of any green emission by the red pigments.
Fig. 3.6 Transverse sections and their epifluorescence micrographs of DCFH-infiltrated leaves of control (a-h) and L-DOPA-fed (i-p) green morphs of *Disphyma australe*. Shoot tips were untreated in the dark (a,b,i,j), or exposed to low light + NaCl (c,d,k,l), high light – NaCl (e,f,m,n), or high light + NaCl (g,h,o,p). Low light = 400 µmol m\(^{-2}\) s\(^{-1}\); high light = 1300 µmol m\(^{-2}\) s\(^{-1}\); NaCl = 200 mM. Sections are representative of n=6. E = epidermis, M = mesophyll, WS = water storage parenchyma. Bars = 100 µm.
Fluorescence signals in leaves of the PC morph (Fig. 3.7 a-h) were almost identical to those of the green G-morphs. For the R morphs, fluorescence was entirely limited to the water storage parenchyma under conditions of high light plus salinity (Fig. 3.7 i-p). Collectively, the data indicate that H$_2$O$_2$ production is greatly reduced, both in concentration and in distribution, in the betacyanin-containing leaves facing salinity and/or high light stress.
Fig. 3.7 Transverse sections and their epifluorescence micrographs of DCFH-infiltrated leaves of parti-coloured (a-h) and red (i-p) morphs of Disphyma austral. Shoot tips were untreated in the dark (a,b,i,j), or exposed to low light + NaCl (c,d,k,l), high light – NaCl (e,f,m,n), or high light + NaCl (g,h,o,p). Low light = 400 µmol m\(^{-2}\) s\(^{-1}\); high light = 1300 µmol m\(^{-2}\) s\(^{-1}\); NaCl = 200 mM. Sections are representative of n=6. E = epidermis, M = mesophyll, WS = water storage parenchyma. Bars =100 µm.
3.5 Discussion

When green shoots of *D. austral* were fed with L-DOPA, they synthesised five betacyanin pigments (Fig. 3.3) which were structurally identical to the betalain complement in naturally-red leaves (Jain and Gould, 2015). Like their natural counterparts, the L-DOPA-induced red leaves showed smaller depressions and swifter recoveries of $\Phi_{PSII}$ (Fig. 3.4), and produced less $H_2O_2$ (Fig. 3.6) when exposed to high light and salinity than did the green leaves. There were no differences in leaf structure, age, genotype, or developmental history between green and L-DOPA-fed red leaves of the G morph that could potentially explain these results. Furthermore, non-photochemical quenching via the xanthophyll cycle, which is often considered to be the primary mechanism for dissipating excess quantum energy (Goss & Lepetit, 2015) was actually lower in the L-DOPA treated than in untreated leaves (Fig. 3.5), and so that, too, cannot explain the data. Taken together, my results provide strong support for a photoprotective role of foliar betalains in this species.

3.5.1 Spectral properties of betalains responsible for light screening

L-DOPA *per se* is unlikely to have affected the photo-oxidative responses of leaves to high light and salinity. It is a colourless compound which, at low concentrations, can exert mild pro-oxidant rather than antioxidant effects in cells (Spencer *et al.*, 1996). Rather, the differential responses of red and green leaves to different wavebands (Fig. 3.4) indicate that the betacyanins that formed in epidermal cells from the applied L-DOPA were the compounds that exerted the primary effect. Betacyanic leaves of *D. austral* absorb more green-yellow light than do the green leaves, though the presence of betacyanin affects neither the absorbance nor reflectance of red light (Jain and Gould, 2015; Chapter 2). A light-screening function of betacyanins explains why $\Phi_{PSII}$ declined less in red than in green leaves under white or green light, but not under red light (Fig. 3.4). A similar light-screening role has been postulated for foliar betalains in *Mesembryanthemum crystallinum*, for which the spectral properties of betalains were considered suitable to abate potentially damaging light and UV radiation that would otherwise fall incident on the chloroplasts (Vogt *et al.*, 1999; Ibdah *et al.*, 2002).
3.5.2 Involvement of Tyrosinase in betalain biosynthesis

The induction of betacyanin production by L-DOPA feeding (Fig. 3.2) demonstrated that the leaves of the G morph have a block in the conversion of tyrosine to L-DOPA, the first biosynthetic step of the betalain pathway. Genes that control this step have not yet been reported, although it has been a prevalent view in the literature that a tyrosinase is involved (reviewed by Strack et al., 2003). Tyrosinases are copper-containing, bifunctional enzymes that hydroxylate phenols to form o-diphenols and then oxidize these products to o-quinones. Thus, tyrosinase activity is proposed to catalyse both the formation of L-DOPA from tyrosine and the oxidation of L-DOPA to dopaquinone, which spontaneously converts to cyclo-DOPA and then combines with betalamic acid to form betacyanin. On that basis, I investigated tyrosinase activity in the different morphs. Intriguingly, there was an absence of tyrosinase activity in the G morph and significantly lower activity in the leaves of PC than in those of the R morph (Table 3.1). Similar correlations between betacyanin content and tyrosinase activity have been shown for other species (Steiner et al., 1999; Wang et al., 2007a). But how, in the absence of tyrosinase, might the L-DOPA-fed green leaves of D. australe synthesise betacyanins from L-DOPA? Recently, an alternative step in the pathway for betacyanin biosynthesis has been discovered in beet, involving a novel cytochrome P450 that catalyses the formation of cyclo-DOPA from L-DOPA (Hatlestad et al., 2012). Cytochrome P450 activity could explain the production of betacyanin in our focal species following L-DOPA application, circumventing the requirement for tyrosinase in cyclo-DOPA production. The naturally red leaves of the R morph might also employ cytochrome P450, though they evidently retain the potential to oxidise L-DOPA using tyrosinase (Table 3.1). Interestingly, Hatlestad et al. (2012) postulated that cytochrome P450 might also be involved in the hydroxylation of tyrosine to L-DOPA. Future studies involving molecular genetics are needed to resolve unequivocally the enzymes that are involved in this initial step in the pathway.

3.5.3 Unequivocal involvement of betalains in photoprotection

A reduction in the quantum yield of PSII is a typical response of glycophytes to high salt concentrations. The precise mechanism remains incompletely understood, but recent evidence suggests that the build-up of apoplastic Na+ causes the efflux of cytosolic K+ from mesophyll cells, thereby impairing the abilities of chloroplasts to process light energy (Percey et al., 2014).
This leads to the production of supernumerary free radicals, which are rapidly converted to potentially damaging concentrations of H$_2$O$_2$ (Miller et al., 2010). The green leaves of *D. austral* ae appear to be the more adversely affected by salinity, as evidenced by sharper declines in $\Phi_{PSII}$ and substantially greater production of H$_2$O$_2$ than the red leaves when treated with 200 mM NaCl and exposed to high light. The green leaves also show lower CO$_2$ assimilation rates than those in the red leaves (Jain and Gould, 2015; Chapter 2). The production of betacyanins through L-DOPA application apparently ameliorates this photo-oxidative assault; higher values of $\Phi_{PSII}$ were retained (Figs. 3.4 & 3.5), and patterns of H$_2$O$_2$ production, which were remarkably similar in the naturally red and the L-DOPA treated red leaves, contrasted sharply with those for green leaves in the PC and G morphs (Figs. 3.6 & 3.7). There are at least three possible explanations for these effects of betacyanins: (i) betalains may facilitate the efflux of Na$^+$ from the cytosol into the vacuole (Wang et al., 2007b); (ii) betalains are strong antioxidants, and may directly scavenge a variety of ROS (Stintzing & Carle, 2004; Wang & Liu, 2007); and (iii) photoabatement by betalains reduces excitation pressure on chloroplasts. However, explanation (i) is highly unlikely because betacyanins predominantly reside within epidermal cells and vascular parenchyma (Fig. 3.1 i,k,o), and are not, therefore, optimally located to sequester Na$^+$ in the mesophyll chlorenchyma. Explanation (ii) is also unlikely for the same reason, although H$_2$O$_2$ is a relatively long-lived ROS that can eventually be transported from cell to cell as well as into cell vacuoles (Mittler et al., 2004), and so it is conceivable that epidermal betalains might neutralize H$_2$O$_2$ originating from adjacent tissues. Nevertheless, the differential responses of the red leaves to differently coloured light, in addition to the spatial separation between betacyanins and photosynthetic tissue, suggest that a light screening role for betacyanins best explains my data in *D. austral* ae.

### 3.6 Conclusion

In conclusion, light screening by epidermal betalains appears to effectively reduce the propensity for photoinhibition and photo-oxidative stress in subjacent chlorenchyma. This may assist the survival of *D. austral* ae at locations where plants are exposed to high light and/or salinity. Accordingly, at our coastal field site ratios of R to G morphs were found to increase towards the shoreline where edaphic sodicity was greatest (Jain & Gould, 2015b). Thus, the presence of foliar betacyanins seems to expand the colonisable range for this species. A photoprotective role
potentially explains the relative abundance of other betalainic species in marginal environments such as salt marshes and deserts (Ehrendorfer, 1976) and is analogous to the reported functions of anthocyanins in the leaves of many species (Hatier & Gould, 2009). Nevertheless, the persistence of green-leafed morphs within natural populations of *D. austral* suggests that the production of betalains entails a cost, especially under conditions of low stress.
Chapter 4: Foliar betacyanins confer benefit to D. australae by Na\(^+\) sequestration under applied salinity

4.1 Abstract

Soil salinity can inhibit plant growth, and affects crop productivity worldwide. However, halophytes are naturally salt-tolerant plants which can provide a gateway to develop salt tolerant crops that grow on highly saline soils. For that it is crucial to study and understand the physiological mechanisms of salinity tolerance in these plants. In New Zealand, Disphyma australae, a succulent halophyte uses a novel mechanism to tolerate salinity stress. My previous work showed that exposure to salinity and high light causes betalain production in the leaves of D. australae. Moreover, red pigmentation in the leaves photoprotect the subjacent chloroplasts from high light when the roots are subjected to saline solution. In the present work, I further investigated the involvement of betacyanin in salinity tolerance in D. australae. I hypothesised that epidermal betacyanins in red morphs would assist the sequestration of excessive Na\(^+\) into epidermal cells to avoid Na\(^+\) toxicity in mesophyll tissue. I also studied growth rate, leaf water potential and compatible solute accumulation in red and green morphs of D. australae under salinity stress. Epifluorescence images of cytoplasmic Na\(^+\) revealed that both naturally red and L-DOPA induced red leaves stored most of the Na\(^+\) in epidermal cells, thereby avoiding excess Na\(^+\) in mesophyll tissues. By contrast, in green morphs Na\(^+\) concentrations were uniformly distributed throughout all the leaf tissues. Moreover, red morphs showed higher growth rate and accumulated more compatible solutes than green morphs under salinity stress. This study provides good evidence that betacyanins may enhance salt tolerance in D. australae by drawing Na\(^+\) away from sensitive photosynthetic cells.
4.2 Introduction

Plants are often exposed to various environmental factors such as chilling, high light, drought and salinity which adversely affect their physiological functioning. Among all these environmental stressors, soil salinity is particularly important, affecting almost 20% of the irrigated lands worldwide (Slama et al., 2015). Munns and Tester (2008) suggested that 0.5-1% of world’s total irrigated area is lost every year due to soil salinity. Therefore, developing salinity tolerant crops is an important strategy to satisfy increasing food demand. Halophytes, which are natural salt tolerant plants that use various mechanisms to exclude or tolerate the effects of salinity, can provide a gateway to make conventional crops more salt tolerant (Rozema & Flowers, 2008; Shabala et al., 2014; Ventura et al., 2015). However, to implement this strategy, it is crucial to understand the detailed physiological mechanisms of salt tolerance.

In New Zealand, a common succulent halophyte *Disphyma australe* apparently uses a novel mechanism to tolerate salinity stress. In my previous work (Jain and Gould, 2015; Chapter 2), I found that *D. australe* shows a dimorphism in shoot colour within a population, caused by the presence of betacyanins, a class of nitrogenous red pigments. Further, I showed that exposure to high light and salinity induces the production of betacyanins in red morphs; green morphs, however, lacked the full enzyme complement for betacyanin biosynthesis in vegetative shoots in response to salinity. Moreover the red morphs were the more tolerant to salinity stress; they showed higher photosynthetic CO₂ assimilation rates, and greater water use efficiency, photosystem II quantum yield and photochemical quenching than green morphs when exposed to salt. In subsequent work (Jain et al., 2015; Chapter 3), I showed that foliar betacyanins in *D. australe* provide photoprotection to chloroplasts in subjacent chlorenchyma cells, for which the photosynthetic ability had been compromised by salinity.

Salinity stress is primarily associated with osmotic imbalance and ionic toxicity in plants (Sairam & Tyagi, 2004; Munns & Tester, 2008). Therefore, to associate foliar betacyanin with salinity stress tolerance, it is important to study the possible involvement of betacyanins in these primary effects. Wang et al. (2007a) suggested that for *Suaeda salsa*, higher levels of Na⁺ might be sequestered into the vacuoles of betacyanic cells than of acyanic cells, implicating a role for betacyanins in Na⁺ movement. However, this possibility was not explored experimentally.
A similar function could be proposed for betacyanins in *D. australe*, where betacyanic epidermal cells could draw Na\(^+\) ions away from the underlying mesophyll and avoid cytotoxicity in photosynthetic cells. Photosynthesis in plants is particularly sensitive to salinity stress; cytoplasmic Na\(^+\) concentrations (100 mM or above) can inhibit photosynthetic enzymes (Munns *et al.*, 2006; Chaves *et al.*, 2009). Moreover, toxic concentrations of ions within cells can impair the capacity of chloroplasts to process light energy and can lead to the production of reactive oxygen species (ROS) (Sairam & Tyagi, 2004; Flexas *et al.*, 2004; Chaves *et al.*, 2009). Therefore, it is important for a photosynthetic cell to maintain a low cytoplasmic Na\(^+\) concentration. On the other hand, the epidermal cells, which are metabolically less active and have larger vacuolar space than mesophyll cells, are good sites for the storage of toxic ions (Conn & Gilliham, 2010).

Here, I aim to investigate the possible involvement of betacyanins in salinity tolerance. *D. australe* provides an excellent system for this study. Previously, I described that green morphs of *D. australe* can be induced to turn red by substrate (L-DOPA) feeding (Jain *et al.*, 2015; Chapter 3). I use this system here to test the possible role of betacyanins in Na\(^+\) sequestration. I also study and compare the relative growth and accumulation of compatible solutes between red and green morphs under salt stress.

**4.3 Materials and methods:**

**4.3.1 Experiment 1: Growth and physiological parameters**

**4.3.1.1 Plant Material**

Fifty healthy shoot cuttings each of red and green morph of *D. australe* were collected randomly from south facing dunes near the coast at Te Kopahau reserve, Wellington, New Zealand (41°21'01"S, 174°43'55"E). Collected shoot cuttings with the two youngest fully expanded leaves attached were then planted in trays containing 2:1 potting compost and sand for 5 wk. These rooted plants were then transferred to 800 mL pots (one plant per pot) containing the same substrate and were grown in an unheated glasshouse at Victoria University of Wellington.
4.3.1.2 Salinity treatment

Ten potted plants of each morph were watered with 20 ml of 50 mM, 100 mM, 200 mM and 400 mM of NaCl solution every third day for 5 wk. Control plants were watered with laboratory prepared distilled water.

4.3.1.3 Growth Measurements

Shoot length, leaf number and leaf diameter was measured for all the plants after 5 wk of salt treatment and then all plants were destructively harvested for analysis. Roots and shoots were separated, washed, blotted dry, weighed and oven dried at 65° C for 48 h. Relative growth rates were expressed as proportionate increase in dry mass, calculated relative to the dry mass of subsamples taken prior to the salinity treatment.

4.3.1.4 Betalain quantification

The youngest fully expanded leaves were harvested at the end of salinity treatment and were flash frozen in liquid nitrogen. These were ground to powder and extracted in 100% methanol and betalain content quantified spectrophotometrically following the methods described previously in (Jain and Gould, 2015; Chapter 2). Betacyanin contents were expressed as betanin equivalents and calculated from the molar extinction co-efficient ε= 60000 l mol⁻¹ cm⁻¹ and molecular weight = 550 (Cai & Corke, 1999).

4.3.1.5 Water potential measurements

Leaf water potential (Ѱ) of five individuals per salt treatment and control plants was measured prior to destructive harvesting. The leaves of D. australe are sessile, so stems with four leaves attached were cut and wrapped in a plastic bag for 10 minutes and then Ψ was measured at mid-day at room temperature using a pressure chamber (PMS 615 pressure chamber; PMS instrument company, USA).

4.3.1.6 Sugar and Proline content
Five leaf samples for each treatment were harvested, cut into small pieces, weighed and heated at 60° C in 10 ml 80 % ethanol for 30 minutes. These extracts were then filtered and used for quantifying proline and soluble sugar content following the acid ninhydrin reagent and anthrone reagent methods (Bates et al., 1973; Giannakoula et al., 2010).

For proline quantification, 2 ml of ethanolic extracts and 1 ml ninhydrin reagent were mixed and kept in a boiling water bath for 10 minutes. Then samples were cooled to room temperature and diluted with 2 ml of 95 % ethanol. Absorbance was recorded at 570 nm (A570) using a Shimadzu (Kyoto, Japan) 2550 UV–vis spectrophotometer. Final concentrations were calculated from a proline standard (Sigma-Aldrich) (Bates et al., 1973).

Soluble sugars were quantified by mixing 1 ml ethanolic extract to 2 ml ice cold anthrone. Fully mixed samples were then kept in a water bath at 90° C for 20 min. Absorbance of chilled samples was recorded at 625 nm using a Shimadzu (Kyoto, Japan) 2550 UV–vis spectrophotometer. Soluble sugar concentrations were calculated using a glucose standard (Sigma-Aldrich) (Giannakoula et al., 2010).

4.3.2 Experiment 2: Na⁺ localisation by fluorescence imaging and cryo-SEM analysis

4.3.2.1 Plant material

For the Na⁺ localisation experiment, 10 individuals for each red and green morph were collected from the same location as described above. Five shoot tips of green morphs were induced to synthesise betacyanins by L-DOPA feeding following the previously described method (Jain et al., 2015; Chapter 3). These cuttings were kept in the water at room temperature until required.

For Na⁺ content measurements, plants were collected and grown as described in 4.3.1.1. These plants were then watered with either distilled water or 200 mM NaCl every third day for 5 wk and then whole plants were harvested for Na⁺ content measurements.

4.3.2.2 Salinity treatment

To localise Na⁺, 5 red, green and L-DOPA fed individual leaves were held upright in either distilled water or 200 mM NaCl for 48 h under white light (400 μmol m⁻²s⁻²); supplied by 12 x
1W LEDs, model OS9151; ADEO Services, France, with color temperature of 6500K) at room temperature. These leaves were then used for stain loading and fluorescent imaging and also for cryo-SEM analysis.

4.3.2.3 Na⁺ content

Harvested plants were oven dried at 65° C for 48 h, weighed, and then inserted in 5 ml distilled water and held in a boiling water bath for 1 hr. Extracts were then filtered and diluted with distilled water to 5 ml final volume. These extracts were then used to measure Na⁺ content using atomic absorption spectrometry (Thermo Scientific iCE 3500 AAS, USA) (Ramani et al., 2006).

4.3.2.4 Na⁺ Localisation

Salt treated leaves were held upright in 1 ml of 10 μM sodium-binding benzofuran isophthalate-acetoxymethyl ester (SBFI-AM) fluorophore in the dark for 4 h at room temperature. SBFI-AM is a UV excited fluorophore and most commonly used for cytosolic sodium measurements (Schreiner & Rose, 2012). After incubation, median transverse sections of the leaves were examined for green epifluorescence in an Olympus AX70 compound microscope (Olympus Optical Co., Hamburg, Germany) using 380 nm excitation and collecting emission above 530 nm. Images were taken using an Olympus DP70 digital camera (Kader & Lindberg, 2005).

4.3.2.5 Cryo-SEM analysis

A 0.5 cm long segment was cut from the apex of the salt treated leaves (one leaf from each of two red, green and L-DOPA treated plants), attached to copper stubs, and plunged into liquid N₂. Frozen leaf segments were then placed in a cryo-transfer unit and transferred to the vacuum chamber of a cryo-SEM (JEOL 6400; JEOL Ltd. Tokyo, Japan). The leaf segment was then fractured in the transverse plane to expose internal leaf tissue, carefully etched at -100 °C for 1-3 minutes to remove frost, and cooled to between -120 and -130 °C. The fractured surface was then sputter coated with gold/palladium, and examined in secondary electron mode in the SEM. An area within a tissue was selected that maximised the area covered while avoiding X-ray signals from adjacent tissues. Energy dispersive X-ray analysis (EDX) was performed on these selected
areas of tissues using a Gatan 666 EDX spectrometer (Japan) with a Si/Li detector. \( \text{Na}^+ \) concentrations were calculated from spectral data as peak height/background (P/BG) counts and expressed as P/BG ratio. P/BG ratio is linearly related to element concentration (Ryan & Drysdale, 1988). The net “peak height” was calculated by subtracting the bremsstrahlung immediately under the peak. The “background” was a region of the bremsstrahlung from 6-8 Kev devoid of peaks.

4.3.2.5 Statistical analysis

Reported data represent the means of at least five replicates ± standard errors. Fluorescence images of transverse sections of leaves are representative of at least five replicates per treatment. Normality of the data was confirmed using the Kolmogorov–Smirnov test in SPSS (SPSS Inc., Chicago, IL, USA). Means were compared by one-way ANOVA. Differences in proportionate increase in biomass, pigment levels, water potential values, proline and soluble sugar contents between red and green morphs were tested using two-way ANOVA. Tukey’s Post-hoc test (\( P < 0.05 \)) was performed for within-factor and between-treatment comparisons.

4.4 Results

4.4.1 Effect of salinity on pigmentation

As showed in previous work (Chapters 2 and 3), the saline treated red morphs accumulated betacyanins in the shoots (Fig. 4.1 A and C). However, the green morphs did not produce any red pigmentation on salt exposure (Fig. 4.1 B and D).
Fig 4.1 Photographs of Disphyma australis. Control red (A) and green (B) morphs, and saline treated red (C) and green (D) morphs. Scale bars: 1cm
Spectrophotometric quantification of betacyanins revealed that there is a direct correlation between red pigmentation and salt stress. Pigmentation was progressively higher in the leaves from red morphs treated with higher salt concentrations (Fig 4.2). In control plants however, betacyanin concentrations were negligible. Red morphs treated with 400 mM NaCl had the highest foliar betalain concentrations, which were approximately 31-fold higher than untreated red and green controls. Green morphs did not synthesise betacyanins even after exposure to varied NaCl treatments (Fig 4.2).

Fig 4.2 Betalain concentrations in extracts from the leaves of red (dark bars) and green (white bars) of *Disphyma australe* (*n* = 5, Means ± SE). Concentrations are expressed as betanin equivalents. Different letters above bars indicate significant differences across treatments (*P* < 0.05).
4.4.2 Growth rates

Exposure to 50 mM NaCl promoted biomass increase in red morphs, on average 15 % higher than the control red and green plants after 5 weeks (Fig 4.3). In contrast, there was no evidence of a promotive effect of low NaCl concentration on the green morph.

At higher levels of salinity (100 mM, 200 mM and 400 mM NaCl) proportionate increase in dry mass declined with increasing NaCl concentrations in both morphs (Fig 4.3). However, red morphs were evidently less affected by higher salinity. For example, the proportionate increase in biomass of red morphs treated with 400 mM NaCl was 30% as compared to 20% in green morphs.

Final leaf numbers and stem lengths of red and green morphs decreased consistently with progressively higher NaCl concentrations (Table 4.1). The decrease in leaf number and stem length was more prominent for green than red morphs. Interestingly, leaf diameter of both morphs was greater under increasing concentrations of NaCl, although the girth increment was higher for red than for green morphs (Table 4.1).
Fig 4.3 Proportionate increase in dry biomass of red (dark bars) and green (white bars) morphs of *Disphyma australe* after 5 wk of NaCl treatment (n = 8, Means ± SE). Different letters above bars indicate significant differences across treatments (P < 0.05).

Table 4.1 Effect of NaCl treatment for 5 wk on production of leaf number, increase in leaf diameter and stem length of red and green morphs of *Disphyma australe* (n = 8, Means ± SE). Different letters represent significant differences between red and green morphs for each parameter across NaCl concentrations (P < 0.05).

<table>
<thead>
<tr>
<th>NaCl conc.</th>
<th>Leaf Number</th>
<th>Leaf diameter(mm)</th>
<th>Stem length (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Red</td>
<td>Green</td>
<td>Red</td>
</tr>
<tr>
<td>0 mM</td>
<td>34 ± 6 a</td>
<td>33 ± 4 a</td>
<td>3.0 ± 0.09 a</td>
</tr>
<tr>
<td>50 mM</td>
<td>33 ± 2 a</td>
<td>28 ± 1 b</td>
<td>3.8 ± 0.20 b</td>
</tr>
<tr>
<td>100 mM</td>
<td>28 ± 1 b</td>
<td>19 ± 3 c</td>
<td>4.3 ± 0.10 c</td>
</tr>
<tr>
<td>200 mM</td>
<td>17 ± 3 c</td>
<td>10 ± 1 d</td>
<td>5.0 ± 0.23 d</td>
</tr>
<tr>
<td>400 mM</td>
<td>12 ± 1 d</td>
<td>09 ± 2 d</td>
<td>5.4 ± 0.20 d</td>
</tr>
</tbody>
</table>
4.4.3 Leaf water potential

Leaf water potential ($\Psi$) values from leaves of control red and green morphs were comparable (Fig 4.4). Exposure to salinity lowered $\Psi$ in both morphs. $\Psi$ was progressively more negative in red and green morphs under increasing concentrations of NaCl. The decline in leaf water potential with increasing NaCl concentrations was steeper for red than for green and the difference was significant (Fig 4.4; $P < 0.05$).

![Diagram of NaCl concentrations vs. leaf water potential](image)

Fig 4.4 Water potential values for leaves of red (dark bars) and green (white bars) morphs of *Disphyma australe* after 5 wk of NaCl treatment. ($n = 5$, Means ± SE). Different letters above bars indicate significant differences across treatments ($P < 0.05$).

4.4.4 Sugar and Proline content

Total soluble sugar content in the leaves from red and green morphs increased on exposure to NaCl concentrations (Fig 4.5). Total soluble sugar was progressively higher in both morphs
under increasing NaCl concentrations but red morphs had significant higher values than green morphs (Fig 4.5). The maximum increase was observed in red leaves with 400 mM NaCl, which was approximately 4 fold higher than control red and green leaves.

Proline content was comparable in the leaves from untreated red and green morphs. It increased gradually in both morphs on exposure to increasing concentrations of NaCl for 5 wk. The difference at 50 mM and 100 mM NaCl treatments was not significant between morphs. At higher concentrations (200 mM and 400 mM NaCl), however, proline content was significantly higher in leaves of red than the green morphs (Fig. 4.6; P < 0.05).

**Fig 4.5 Soluble sugar content for leaves of red (dark bars) and green (white bars) morphs of Disphyma australe after 5 wk of NaCl treatment. (n = 5, Means ± SE). Different letters above bars indicate significant differences across treatments (P < 0.05).**
Fig 4.6 Proline content for leaves of red (dark bars) and green (white bars) morphs of *Disphyma austral* after 5 wk of NaCl treatment. (n = 5, Means ± SE). Different letters above bars indicate significant differences across treatments (P < 0.05).
4.4.5 Na\textsuperscript{+} content

Na\textsuperscript{+} concentrations were measured in the root, stem and leaves of red and green morphs after 5 wk exposure to 200 mM NaCl treatment. Both morphs accumulated higher Na\textsuperscript{+} concentration in the shoots as compared to roots. The red morphs had higher Na\textsuperscript{+} concentration in their leaves as compared to the green morphs (Table 4.2). In contrast, green morphs had highest Na\textsuperscript{+} concentration in the stem as compared to the red stem (Table 4.2). However, Na\textsuperscript{+} concentrations in the roots of both morphs were not significantly different from one another (P = 0.2).

Table 4.2  Na\textsuperscript{+} concentrations (mM/g DW) of leaves, stem and roots of red and green morphs of *Disphyma australe* after 5 wk of either distilled water (control) or 200 mM NaCl treatment. (n = 5, Means ± SE). Different letters represent significant differences between red and green morphs for each parameter across NaCl treatments (P < 0.05).

<table>
<thead>
<tr>
<th></th>
<th>Red</th>
<th>200 mM NaCl</th>
<th>Green</th>
<th>200 mM NaCl</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leaf</td>
<td>26.6 ± 2.2 a</td>
<td>165.9 ± 13.2 b</td>
<td>24.8 ± 3.9 a</td>
<td>117.03 ± 14.2 c</td>
</tr>
<tr>
<td>Stem</td>
<td>10.9 ± 1.2 a</td>
<td>96.9 ± 11.8 b</td>
<td>13.4 ± 1.2 a</td>
<td>130.1 ± 14.1 c</td>
</tr>
<tr>
<td>Root</td>
<td>5.13 ± 0.9 a</td>
<td>50.65 ± 6.5 b</td>
<td>4.7 ± 1.1 a</td>
<td>47.16 ± 7.2 b</td>
</tr>
</tbody>
</table>

4.4.6 Na\textsuperscript{+} localisation by fluorescence imaging

SBFI-AM binds with cytosolic Na\textsuperscript{+} and produces green epifluorescence. Transverse sections of leaves treated with either distilled water or 200 mM NaCl were observed for this green epifluorescence (Fig 4.7). Transverse sections from the control leaves did not produce any green fluorescence irrespective of the leaf colour or morph (Fig 4.7 G-I). Green fluorescence was observable from the leaves exposed to 200 mM NaCl (Fig 4.7 J-L). Fluorescence from the NaCl exposed green leaves was visible in all foliar tissues *viz.* epidermal layer, mesophyll, water storage parenchyma and vascular bundles (Fig 4.7 K). By contrast, in NaCl treated red leaves, fluorescence was largely restricted to the epidermal cells and vascular bundles (Fig 4.7 J). Similar observations were recorded for NaCl treated L-DOPA leaves; only their epidermal cells and vascular bundles fluoresced green (Fig 4.7 L). Collectively, these data indicate that Na\textsuperscript{+} was more widely distributed throughout the tissues in green (acyanic) leaves, but was confined to epidermal and central vascular tissues in red (natural and L-DOPA fed; betacyanic) leaves.
Fig 4.7 Photographs of red (A), green (B) and L-DOPA treated (C) leaves of *Disphyma australe*. Transverse sections (D-F) and their epifluorescence micrographs (G-I) of sodium-binding benzofuran isophthalate-AM (SBFI-AM) infiltrated leaves of red (D, G) and green (E, H) morphs and L-DOPA treated (F, I) leaves of green morphs of *Disphyma australe*. Leaves were treated with 200 mM NaCl. Sections are representative of n = 5. E, epidermis; M, mesophyll; WS, water storage parenchyma; VB, vascular bundles. Bars, 5 mm (A-C); 100 μM (D-L).
4.4.7 Cryo-SEM analysis

In the vacuole of epidermal cells, Na\(^+\) concentrations (measured as P/BG ratios) were greater for red than for green leaves (Fig 4.8). Na\(^+\) concentrations were similar in epidermal cell vacuoles of the L-DOPA treated red leaves and naturally red leaves, but significantly higher (1.83x) than in green leaves (Fig 4.8). Na\(^+\) concentrations in the vacuoles of epidermal cells of naturally red and L-DOPA treated leaves were 3x higher than those in the vacuoles of neighbouring mesophyll cells (P = 0.02). By contrast, in the green leaves, the vacuolar Na\(^+\) concentrations of epidermal cells were only 1.2x higher than nearby mesophyll cells (P = 0.12). In addition, Na\(^+\) concentrations in the vacuoles of mesophyll cells of green leaves were significantly higher than those of red leaves. However, Na\(^+\) concentrations in the vacuole of mesophyll cell of L-DOPA treated leaves were not different from those in either the red or green leaves.

Fig 4.8 Peak / background (P/BG) ratios for Na\(^+\) in the epidermal cell vacuole (black bars) and mesophyll cell vacuole (white bars) of green, red and L-DOPA treated leaves of *Disphyma australe*. Different letters represent significant differences between each leaf for each cellular vacuole (P < 0.05). Means: n = 6 ± SE.
Fig. 4.9 Cryo-scanning electron microscopy micrograph of a frozen and lightly etched transverse face of a red leaf of *D. australe* treated with 200 mM NaCl. E: epidermal cell; M: mesophyll cell. Bar: 10 μM.

Fig 4.10 EDX spectra from leaf epidermal cell vacuoles (a-c) of green leaf (a), red leaf (b) and L-DOPA treated green leaf (c) of *Disphyma australe*. Spectrum are representative of n = 6. Peaks: C: carbon; O: oxygen; Na: sodium.
4.5 Discussion

My previous work (Chapters 2 and 3) showed that the red morphs of *D. australe* appeared to better tolerate soil salinity than did the green morphs. In this study, I further investigated the possible mechanism of salinity tolerance by red morphs. I hypothesised that red morphs would show higher growth rate under saline conditions and would be more tolerant to salinity induced physiological drought by accumulating compatible solutes. My data were consistent with this hypothesis; when *D. australe* was subjected to various salinity treatments, proportionate biomass accumulation was greater in the red than in the green morphs (Fig 4.3). In addition, red morphs accumulated higher proline and soluble sugar contents in their leaves as compared to green morphs when exposed to salinity (Fig 4.5 & 4.6). Moreover, leaf water potential was more negative for red than green leaves under salt stress, which indicates their greater capacity for osmotic adjustment (Fig 4.4). To explain the association between betacyanin accumulation and salinity tolerance in red morphs, I postulated that epidermal location of betacyanins would enhance Na\(^{+}\) accumulation specifically in the epidermal cells, which would help red morphs avoid toxic Na\(^{+}\) concentrations in the mesophyll tissue. SBFI-AM fluorophore loaded images of red, green and L-DOPA fed leaves revealed that cytosolic Na\(^{+}\) was more abundant in mesophyll tissues of green morphs, but in red and L-DOPA fed leaves it was confined to the epidermal cell layer and the vascular bundles (Fig 4.7). The cryo-SEM analysis for red and green leaves also revealed that betacyanic cells had higher Na\(^{+}\) concentrations in the vacuole of epidermal cells than acyanic cells (Fig 4.8). These results provide strong evidence that betacyanins may enhance salt tolerance in *D. australe* by drawing Na\(^{+}\) away from sensitive photosynthetic cells.

4.5.1 Involvement of betacyanin in avoiding Na\(^{+}\) toxicity

Plants exposed to high soil NaCl concentrations are often prone to cytoplasmic Na\(^{+}\) toxicity. Excessive cytoplasmic Na\(^{+}\) concentrations can inhibit physiological processes in the cell (Flowers *et al*., 2015). To avoid toxic cytoplasmic Na\(^{+}\) concentrations, halophytes use a variety of mechanisms, such as exclusion of Na\(^{+}\), sequestration of Na\(^{+}\) into the cell vacuole and exclusion of excessive Na\(^{+}\) through leaf glands or bladder cells (Flowers & Colmer, 2008; Shabala & Mackay, 2011; Adams & Shin, 2014). In the present study, the differences in Na\(^{+}\) localisation in the leaves of *D. australe*, as revealed by epifluorescence microscopy (Fig 4.7)
indicate that the Na\(^+\) ions appear to be effectively drawn to the betacyanin containing cells, thereby avoiding cytotoxic effects in the photosynthetic tissues.

An interesting study by (Wang et al., 2007b) might explain why Na\(^+\) would be drawn towards betacyanic cells. Wang et al., (2007b) found in \textit{Suaeda salsa} that betacyanic plants had a greater ability to compartmentalise Na\(^+\) because of their higher vacuolar \(\text{H}^+\)-ATPase (V-ATPase) activity relative to that in green leaves when exposed to 400 mM NaCl. \(\text{H}^+\)-ATPase (V-ATPase) energise the tonoplast Na\(^+\)/\(\text{H}^+\) antiporter in plants for transport of cytosolic Na\(^+\) into the vacuole (Flowers & Colmer, 2008). Further, the authors postulated that the proton gradients generated by V-ATPase could provide the motive force for the movement of both Na\(^+\) and betacyanin into the cell vacuole. Therefore, betacyanin synthesis would stimulate V-ATPase activity for vacuolar transport of betacyanins, which would subsequently afford more efficient sequestration of NaCl into vacuoles. However, this hypothesis has never been tested experimentally.

The same could hold true for \textit{D. austral}. where betacyanic epidermal cells might more efficiently sequester Na\(^+\) than acyanic cells. In my experiment, L-DOPA fed leaves showed the same pattern of localisation of Na\(^+\) as in the naturally red leaves, which adds considerable weight to the possible involvement of betacyanins in Na\(^+\) sequestration. There are, however, limitations in the technique used to observe this; the SBFI-AM is a cytosolic fluorophore, and does not detect Na\(^+\) within cell vacuoles. Therefore, cryo-SEM analysis was done to confirm the above data.

Cryo-SEM analysis revealed that there was more Na\(^+\) (1.83x) in the vacuole of an epidermal cell of a red leaf than in that of green leaf (Fig 4.8). Similarly, in L-DOPA treated leaves, the vacuolar level of Na\(^+\) in epidermal cells was similar to that of a naturally red leaf (Fig 4.8). These results are consistent with the hypothesis that betacyanic cells can sequester higher level of Na\(^+\) into the vacuole than acyanic cells. Furthermore, in mesophyll cells, vacuolar Na\(^+\) concentrations were significantly lower for red than green leaves (Fig 4.8); it is possible, therefore, that red morphs are transporting excess sodium to the epidermal tissue and avoiding cytotoxicity in the photosynthetic cells. However, more detailed work on the cellular mechanism needs to be studied to understand the involvement of betacyanins in Na\(^+\) sequestration.
The Na\(^+\) localisation data from this study indicate that red morphs are better adapted to avoid cellular Na\(^+\) toxicity than green morphs. However, the persistence of green-leafed morphs within populations of *D. australe* suggests that green morphs could be using a different mechanism to tolerate salinity stress. My data showed that Na\(^+\) levels were significantly higher in the stem, but lower in the leaves of the green morphs relative to those of the red morphs (Table 4.2). This suggests that green morphs could be excluding extra salt from leaves by re-circulating it through phloem, which is an important strategy for salt tolerance in many halophytes (Plett & Möller, 2010; Adams & Shin, 2014).

4.5.2 Physiological drought and osmotic adjustment

Soil salinity limits water availability for plants by creating an osmotic imbalance (Slama *et al.*, 2015). This water scarcity directly impacts plant growth and metabolism. Osmotic adjustment through the accumulation of compatible solutes such as amino acids, soluble sugars, sugar alcohols and inorganic ions, is a common mechanism that allows plants to tolerate this. My data indicate that red morphs of *D. australe* are comparatively more adapted to tolerate salinity induced physiological drought than green morphs. There are two observations that support this statement. First, under salt stress, red morphs maintained their osmotic balance by solute accumulation; they had higher concentrations of proline and soluble sugars than green morphs (Fig 4.5 and 4.6). Similar results have been recorded previously for *D. australe* (Bieleski, 1994) as well as for other members of the family Aizoaceae (Lokhande *et al.*, 2011; Slama *et al.*, 2015). Moreover, red morphs showed more negative water potential values than green morphs (Fig 4.4), which is an indication of osmotic adjustment (Hughes *et al.*, 2010). It should be noted, however, that the values for leaf water potential are extremely negative, far more so than have been reported for most other species, although Khan *et al.* (2000) and Ahmad & Malik (2013) reported similarly negative values for leaf water potential in the succulent halophytes *Atriplex griffithii* and *Salicornia rubra*.. It is possible that these very negative values indicate apoplastic pressure potential rather than actual leaf water potential. They may be indicative of a hydraulic disconnection between the xylem in the stems, which is being measured with the chamber, and the leaves and their elastic water storing tissue. Nonetheless, there was still a significant difference between the measurements for the red and green leaves. The second observation consistent with an improved salt tolerance of red morphs is that they showed a lower stomatal
conductance and a higher water use efficiency than did the green morphs (Jain and Gould, 2015; Chapter 2).

In addition, it is possible that the red morphs might benefit from the presence of betalains themselves, as the accumulation of betalains has been suggested to be involved in osmotic adjustment under salinity/drought stress (Stintzing & Carle, 2004). However, Wang et al. (2007b), found no difference in cell sap osmolarity between betacyanic and acyanic cells either before or after salinity treatment. Similarly, Hughes et al. (2013) concluded that anthocyanin (another class of red pigments) concentrations, in winter reddened leaves of *Galax urceolata* and *Gaultheria procumbens*, are too low to participate in osmotic adjustment. Similarly, from my data, it seems that *D. australe* accumulates other solutes for osmotic adjustment. Moreover, foliar betacyanins in *D. australe* are confined to epidermal cells and are not optimally located to participate in osmotic adjustment.

### 4.5.3 Salinity and plant growth

Reduced plant growth is one of the primary impacts of soil salinity (Parihar *et al.*, 2015). There are several reasons for declining plant growth under salinity, for example, reduced carbon fixation, change in cell wall elasticity and inability to adjust osmotically (Flowers & Colmer, 2008; Munns & Tester, 2008). Some halophytes, however, show enhanced growth at optimal saline conditions i.e. 50-250 mM NaCl (Flowers & Colmer, 2008) but higher concentrations than that can have adverse impacts. My data suggest that growth in green morphs of *D. australe* was more affected by salinity than red morphs; for example, on exposure to gradually increasing concentrations of NaCl, the proportionate increase in biomass declined more for green than red morphs (Fig. 4.3). Moreover, My previous study (Jain and Gould, 2015; Chapter 2), showed that CO₂ assimilation rate decreased more in the green morphs than red morphs following 200 mM NaCl treatment. This inability to utilise available CO₂ could explain the reduced biomass accumulation in green morphs under salt stress. Also, red morphs exposed to salt benefitted from the presence of epidermal betalains in terms of photoprotection from high light (Jain *et al.*, 2015; Chapter 2). Further, red morphs have comparatively better ability to adjust osmotically (by accumulating compatible solutes; Fig 4.5 and 4.6) which altogether suggests that red morphs are more tolerant to applied salinity stress.
4.6 Conclusion

In conclusion, my data suggest that in addition to photoprotective function, involvement of betacyanins in sequestration of toxic ions provide a benefit to red morphs of *D. australis* under salinity stress, which is evident by their higher biomass accumulation than green morphs. On the other hand, it appears that the green morphs may be tolerating soil salinity by re-circulating extra salt from the leaves through phloem, which could explain the persistence of green morph within *D. australis* population at coastal areas. This study presents an elegant system to further test the possible involvement of betacyanins in salinity tolerance.
Chapter 5: General Discussion

5.1 Novel discoveries from this thesis

This study advances our understanding of the physiological functions of betacyanins in salt stressed plants in two ways. It is the first study to demonstrate that betacyanins can photoprotect leaf chloroplasts from high light when the functional ability to process photons has been compromised by salinity stress. Secondly, this study is the first to show that betacyanic leaves apparently alter the transport of toxic ions (such as Na\(^+\)) away from sensitive photosynthetic tissue to epidermal cells.

Chapter two showed that within a coastal population of red and green morphs of *D. australis*, betacyanin pigmentation in red morphs is a direct result of salt and high light exposure. In addition, the red morphs showed greater maximum CO\(_2\) assimilation rates, water use efficiencies, photochemical quantum yields and photochemical quenching under salinity stress. Contrary to this, the green morphs, although possessing the genetic ability to synthesise betalains in reproductive organs, did not produce betalains in vegetative shoots in response to salt stress. Moreover, green morphs, in terms of leaf photosynthesis, performed poorly under salinity stress.

Chapter three demonstrated that betacyanin in the leaves of *D. australis* provide a photoprotective function to salt stressed plants by screening photosynthetic tissues from harmful excessive light. I used a novel experimental approach to demonstrate betacyanin’s photoprotective function. I identified the key biosynthetic step for betacyanin synthesis which was deficient in vegetative shoots of the green morphs. I showed that by supplying the product of this enzymatic reaction, L-DOPA, betacyanin synthesis could be induced in the leaves of green morphs. This ready manipulation of betacyanin synthesis by substrate feeding provided a useful model system to compare the photoprotective responses of red vs. green leaves, while avoiding the problems such as differences in developmental history, genotype and previous acclimation between two morphs. As hypothesised, the L-DOPA induced betacyanic leaves showed similar responses (such as smaller depressions and faster recoveries of PSII and less H\(_2\)O\(_2\) production than in the green leaves) to naturally betacyanic leaves when exposed to high light and salinity. The differences in photoinhibition between red and green leaves were attributable to the light absorbing properties of betacyanins. L-DOPA treated and naturally red leaves showed lower
photoinactivation than green leaves when exposed to white or green light, although not when exposed to monochromatic (red) light.

In chapter four I used a similar experimental model to that in the third chapter and showed that other than photoprotection, betacyanins in leaves may be involved in salt tolerance by enhancing sequestration of toxic ions (such as Na$^+$) into the epidermal cells, away from sensitive mesophyll tissue. By using sodium binding stain (SBFI-AM) and cryo-SEM analysis, I compared the Na$^+$ localization between red and green leaves after salinity stress treatment. Data showed that L-DOPA treated and natural red leaves sequestered Na$^+$ ions to the epidermal cell layer. By contrast, green leaves retained Na$^+$ in the mesophyll tissue, which suggested that red leaves were better equipped to tolerate salt-specific effects. Therefore, betacyanic plants were more tolerant to applied salinity stress and showed relatively higher growth rates than green morphs. Moreover, red plants had up-regulated other salinity tolerance mechanisms, such as osmolyte accumulation, showed higher proline and soluble sugar content as compared to the green morphs under salinity stress. Taken together, my data showed that betacyanic plants were more tolerant to salinity stress than were acyanic plants.

5.2 The significance of identifying a photoprotective function for foliar betacyanins in *D. australe*

There are numerous studies which provide evidence for a photoprotective role of anthocyanins (another class of red pigments); however, until now, this evidence has been lacking for foliar betacyanins. My study is the first to show unequivocally that foliar betacyanins provide photoprotective function under salinity stress. Only two previous studies (Nakashima *et al.*, 2011 and Wang and Liu, 2007) implicate a functional role for foliar betacyanins from photoinhibitory damage.

Nakashima *et al.* (2011) showed that in *Amaranthus cruentus*, photoinhibition was proportionately lower in betacyanic than acyanic plants following a water stress and high light treatment. That study suggested that the photoprotective function of betacyanins is attributable to the light-absorption properties of betacyanins. The authors found that betacyanins effectively absorb the light between 500-600 nm wavelengths (green light), as was also shown in my study for the leaves of *D. australe* (Jain and Gould, 2015b; chapter 2). These optical properties of
Betacyanins are comparable to that of foliar anthocyanins (Neill & Gould, 1999), and are consistent with a light screening role.

Nakashima et al., (2011) however, failed to relate photoinhibitory damage unequivocally to betacyanins because (i) photoinhibitory damage between red and green leaves was not tested under monochromatic light, and (ii) the study compared the red and green leaves of two different genotypes, which means both plants could have different mechanisms to alleviate effects of excess light because plants employ a number of strategies to avoid adverse effects of excessive light (Takahashi & Badger, 2011). In contrast, my study (Jain et al., 2015; Chapter 3) compared the level of photoinactivation under monochromatic green and red light on naturally red and L-DOPA-induced red leaves with naturally green leaves of D. australe. The results showed that under green light, quantum efficiency of photosystem II (ΦPSII) decreased more in green than in either set of red leaves; on exposure to red light (which is not absorbed by betacyanins), red and green leaves showed similar reductions in ΦPSII. Moreover, non-photochemical quenching, a measure of energy dissipation via xanthophyll cycle, was lower for red leaves than green leaves under white light, which indicates that there may be greater need to raise energy dissipation when betacyanins are absent. Altogether my study provided strong support for photoprotective role of betacyanins.

In another study, Wang and Liu (2007) subjected red and green plants of S. salsa to a combination of strong light and chilling temperature and showed that betacyanic leaves had higher resistance to photoinhibitory damage than acyanic leaves. The authors also reported that H$_2$O$_2$ production following exposure to high light and low temperatures was greater in green than red leaves. Furthermore, higher resistance to photoinhibition in betacyanic leaves was attributed to the antioxidant capacity of betacyanins. Similar results were found in my chapter three, where H$_2$O$_2$ production was higher in acyanic than betacyanic leaves following an exposure to high light and salinity. Although betacyanins are stored inside the vacuoles of a plant cell, and so are not optimally located to scavenge reactive oxygen species, oxidative species such as H$_2$O$_2$ are very stable and highly mobile, and can move within cell compartments and across adjacent cells (Mittler et al., 2004). Therefore, it is highly likely that betacyanins neutralize vacuolar H$_2$O$_2$. On the other hand, betacyanins may diminish the oxidative load in a leaf simply by filtering out...
yellow-green light, since the transfer of excitation energy to molecular oxygen in chloroplasts is a major source of ROS (Jain & Gould, 2015a).

5.3 The significance of identifying an involvement of betacyanins in Na\textsuperscript{+} homeostasis in *Disphyma australe* under salinity stress

Several studies have reported the up-regulation of betacyanin synthesis under salt stress (Bothe, 1976; Hayakawa and Agarie, 2010; Wang *et al.*, 2007b). However, the adaptive significance of foliar betacyanin accumulation under salt stress has, until now, been a matter of discussion.

My study (Jain *et al.*, 2015; Jain & Gould, 2015b) provides insight into the functional benefit of foliar betacyanins; in addition to their photoprotective function, foliar betacyanins may regulate Na\textsuperscript{+} compartmentation to avoid ionic toxicity in *Disphyma australe* under salinity stress. When foliar betacyanins are present in epidermal tissues, the Na\textsuperscript{+} ions appear to be effectively drawn to the betacyanin containing cells, thereby avoiding cytotoxic effects in the photosynthetic tissues. In mesophyll cells, which are photosynthetically active, maintaining low cytosolic Na\textsuperscript{+} is considered essential for plants under salt stress (Shabala & Mackay, 2011). On the other hand, epidermal cells, which are metabolically less active and have larger vacuolar space than mesophyll cells, are good sites for the storage of toxic ions (Conn & Gilliham, 2010). Moreover, my results can exclusively be attributed to foliar betacyanins because L-DOPA induced betacyanic leaves showed similar outcomes as those of natural red leaves (Chapter 4). However, why Na\textsuperscript{+} is attracted to betacyanic cells is unknown.

Wang *et al.*, (2007), suggested a possibility for the involvement of betacyanins in vacuolar sequestration of Na\textsuperscript{+}, which might explain why Na\textsuperscript{+} is attracted to betacyanic cells. They found in *Suaeda salsa* that betacyanic plants had a greater ability to compartmentalise Na\textsuperscript{+} because betacyanic leaves showed higher vacuolar H\textsuperscript{+}-ATPase (V-ATPase) activity than green leaves when exposed to 400 mM NaCl. The authors postulated that plants use similar mechanisms to transport betacyanin and Na\textsuperscript{+} into the cell vacuole, therefore, betacyanin synthesis would stimulate V-ATPase activity for vacuolar transport of betacyanins, which would subsequently afford more efficient sequestration of Na\textsuperscript{+} into vacuoles.
However, the mechanism of transport of Na\(^+\) from mesophyll tissue to betacyanic epidermal cells in *D. australe* is unknown. I propose a model to explain the possible mechanism, which is outlined in Fig. 5.1.

Accordingly, in *D. australe* the uptake of Na\(^+\) from the soil solution might be carried by SOS1, NSCC or HKT type transporters of plasma membrane in the root epidermal cells. In *Mesembryanthemum*, it is shown that up-regulation of membrane channels such as SOS1 leads to the translocation of Na\(^+\) from root to shoot vascular tissue (Chauhan *et al.*, 2000; Su *et al.*, 2003); It is possible that there is a similar pathway, which transport Na\(^+\) from root to shoot in *D. australe*. Once Na\(^+\) enters the shoot vascular tissue, it reaches to the leaf via long distance transport through the xylem. From xylem, Na\(^+\) could be recirculated to the roots via phloem, as a salinity tolerance mechanism (Plett & Møller, 2010; Adams & Shin, 2014). After long-distance travel in xylem, Na\(^+\) reaches leaf cells, where it is unloaded from the xylem, possibly via HKT type transporters (Zhang *et al.*, 2009).

Once Na\(^+\) is unloaded from the xylem to vascular associated cells, it reaches betacyanic epidermal cells either via the apoplast and/or symplast pathway. It is possible that vascular associated cells pump excess Na\(^+\) to the apoplast via SOS1 transporters and this Na\(^+\) then travels to the epidermis through apoplast. Vera-Estrella *et al.* (2005) showed in the halophyte *Thellungiella halophile*, SOS1 proteins from plasma membrane vesicles were highly expressed in the shoot and root of salt stressed plants. Also, in *Mesembryanthemum* leaves expression of membrane Na\(^+\)/H\(^+\) transporters was enhanced when plants were grown in NaCl (Barkla *et al.*, 2002). Moreover, Tester and Davenport (2003) suggested that halophytes can accumulate ions in the apoplast and produce an osmotic gradient, which generates enough pressure to pump ionic solution through glands or into epidermal bladders. Alternatively, Na\(^+\), when unloaded from xylem to the vascular associated cells, can take a symplastic route and reach epidermal cells. Shabala and Mackay (2011) suggested that in halophytic leaves, ions can move from xylem to epidermal bladder cells symplastically through plasmodesmata.

In the epidermal cells, it is possible that Na\(^+\) in the apoplast is taken in via HKT and/or SOS1 type transporters; McHKT1 transporters have been found in leaves of *Mesembryanthemum* (Su *et al.*, 2003). Within epidermal cells, the tonoplast membrane transporters NHX would facilitate Na\(^+\) influx into the vacuole; involvement of NHX in vacuolar Na\(^+\) sequestration has
been suggested in other plants (Flowers & Colmer, 2008; Shabala & Mackay, 2011; Maathuis, 2014). Moreover, in _D. australe_, it is possible that betacyanic epidermal cells have higher H⁺-antiport activity, similar to the findings of (Wang et al., 2007b).

Thus, my results hint at a possible mechanism by which betacyanic morphs of _D. australe_ regulate Na⁺ within leaves. However, regulation and multiplicity of Na⁺ channels needs to be analysed. Moreover, transport mechanism of betacyanins from cytosol to vacuole is not completely known, it is possible that there is an as yet unknown betacyanin transport pathway that could facilitate both betacyanin and Na⁺ sequestration into the vacuole, which further needs to be analysed.

Fig 5.1. A proposed model for the transport of Na⁺ in _Disphyma australe_. Within leaf, apoplastic (red arrows) and symplastic (black arrows) movement of Na⁺. Abbreviations: PH, Phloem; XY, Xylem; AP, Apoplast; SP, Symplast; BS, Bundle sheath cell; WS, Water storage cell; M, Mesophyll cell; PD, Plasmodesmata; ED, Epidermal cell. HKT, High affinity K⁺ transporters; NHX, Vacuolar Na⁺:H⁺ exchanger; NORC, Outward rectifying Na⁺ channels; NSCC, non-selective cation channels; SOS1, Plasma membrane Na⁺:H⁺ antiport.
5.4 Conclusion

This study resolved a distinct gap in our understanding of betacyanin functions in plants, both providing a photoprotective advantage under salinity stress, and also regulating Na\(^+\) homeostasis as a salt tolerance mechanism. Moreover, this study provided a novel experimental system where betacyanin synthesis can be controlled by substrate feeding, which might be used for further investigation of betacyanin functions. By identifying functional roles of betacyanins we begin to understand the adaptive significance of betacyanins in plants.

5.5 Future Prospects

My experiments have opened up many new avenues for betacyanin research, especially in relation to salinity tolerance. For future studies, I recommend that:

- The applicability of these results be tested on other betalainic species.
- To understand the mechanism of Na\(^+\) compartmentation in betacyanic morphs of *D. australe*, it is very important to identify and study the effect of salt stress on expression of Na\(^+\) transporters in betacyanic and acyanic plants.
- Along with Na\(^+\), the regulation and movement of other ions such as, K\(^+\), Cl\(^-\) and Ca\(^{2+}\), which play important role in plants under salt stress, should be studied.
- Other than that, it is important to identify the unknown pathway for betacyanin transport from the cytosol to vacuole, further it would be interesting to test the vacuolar sequestration of Na\(^+\) in betacyanic cells with blocked pathway for vacuolar betacyanin transport.
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Calcott KE. 2014. The localisation, intracellular transport, and biosynthetic regulation of betalain plant pigments.


Are betalain pigments the functional homologues of anthocyanins in plants?

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ABSTRACT

Betalains, a small group of alkaloid pigments restricted to certain families of the Caryophyllales, have comparable optical properties and share similar histological locations in vegetative tissues with those of the more abundant anthocyanins. It has long been speculated that the two pigments are functional homologues in plant-environment interactions. Recent empirical evidence indicates that betalains and betacyanins are both effective photoprotectors, are associated with increased tolerance to drought and salinity stress, and are efficient scavengers of reactive oxygen species in plants facing a variety of abiotic stresses. Nevertheless, the capacity of betalains to maintain a red colour irrespective of changes in vacuolar pH, their enhanced absorptivity of visible wavelengths, and their strong association with vacuolar APtase activity suggest that they may confer adaptive benefits not found in those species that produce anthocyanins. There remains much to be learned about the functional significance of betalains.

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1. Introduction

Among the biochemically diverse groups of secondary metabolites in plants, the anthocyanins have arguably attracted the most scientific attention over recent decades. This large and disparate class of pigments found in the root and shoot systems of most angiosperms and some gymnosperms is especially notable for the range of reds and purples it confers to plant organs. Accordingly, a wide variety of functional hypotheses has been posited to explain the extraordinary evolutionary success of these compounds. There exists, however, another, much smaller group of pigments with comparable colours that has received considerably less attention. These are betalains, tyrosine-derived alkaloids that are restricted to certain fungi and one order of vascular plants. Because betalains and anthocyanins do not naturally co-exist in any extant species, and because of their similar optical and chemical properties, it has been suggested that the two may be functional homologues, the betalains substituting for anthocyanins in anthocyanin-free plants. Here, we compare recent evidence for putative roles of anthocyanins and betalains in vegetative organs to assess the degree to which the two pigment types might be functional equivalents in plant-environment interactions.

Betalains were originally called ‘nitrogenous anthocyanins’, which incorrectly implied structural similarities between the two pigment classes (Lawrence et al., 1939); indeed, it was not until the mid 20th century that the structural detail of betalain compounds was elucidated (Steigisch and Strack, 1990). Mabry and Dreiding (1968) coined the term ‘betalain’, a derivative of betalamic acid which was originally identified from red beet (Beta vulgaris). We now know that two structurally different types of betalains exist (Fig. 1): the yellow/orange betaxanthins (\(\lambda_{\text{max}}\approx 470\text{nm}\)) which are the condensation products of betalamic acid and asserted amino compounds, and the red betacyanins (\(\lambda_{\text{max}}\approx 536\text{nm}\)) which are formed by glycosylation and acylation of cyclo-DOPA (Stitzing and Carle, 2004). To date, far fewer betacyanin compounds have been isolated from plants than have anthocyanins (Stitzing and Carle, 2007).

Like the anthocyanins, betalain pigments occur in the seeds, fruits, flowers, leaves, stems, and/or roots of plants from a wide range of natural environments (Gandía-Herrero and Garce-Carmona, 2013; Kugler et al., 2004; Strack et al., 2003; Svenson et al., 2008). The timing of betalain production varies across species; as with the anthocyanins, they may be present only in immature organs, only in senescing organs or else persist for the life of the organ (Fig. 2); (Hortenstein and Lee, 2007; Lee and Collins, 2001); their synthesis may be restricted to reproductive organs, as in the flowers and fruit of many cacti (e.g., Kobayashi et al., 2005), or else occur in both vegetative and reproductive structures, such as the leaves and flowers of iceplants (Jain and Gould, 2015). Both betalains and anthocyanins are stored as
glycosides in the cell vacuole, and they share similar histological locations in dermal, ground, and vascular tissues of vegetative organs (Gould and Quinn, 1999; Jain and Gould, 2015; Kyridis and Manetas, 2006; Lee and Collins, 2001; Mosco, 2012; Tattini et al., 2014). Betacyanins and anthocyanins can produce a similar array of red colours (Lee and Collins, 2001; Tanaka et al., 2008). Both are also potent antioxidants, capable of scavenging a variety of reactive species (Hatier and Gould, 2009; Neill et al., 2002; Stintzing and Carle, 2004; Wang and Liu, 2007), and both have a relatively high osmotic potential, giving them the capacity to serve possible osmoregulatory roles (Chalker-Scott, 2002, 1999; Stintzing and Carle, 2004). Although they are produced by very different biosynthetic pathways, the two pigment types are inducible by similar environmental cues, including light (Hatier and Gould, 2009; Hughes and Smith, 2007; Kishima et al., 1995; Vogt et al., 1999), UV radiation (Ibah et al., 2002; Tsununaga et al., 2013; Vogt et al., 1999; Wang et al., 2012), sucrose accumulation (Hughes et al., 2005; Oh et al., 2011; Solfanelli et al., 2006), and a host of abiotic stressors such as drought, low temperatures and salinity (Chaves et al., 2009; Duarte et al., 2013; Hayakawa and Aarige, 2010; Hughes, 2011; Jain and Gould, 2015; Nakashima et al., 2011; Pietrini et al., 2002; Sperdouli and Moustaicas, 2012; Tahkokerpi et al., 2007; Wang and Liu, 2007). There are, therefore, compelling reasons to postulate that the two classes of pigments share common functional roles.

Notwithstanding these similarities, betalains are far less abundant than anthocyanins across the plant kingdom. The capacity to synthesise betalains has only been observed within one order of plants, the Caryophyllales, and even that has two families, the Caryophyllaceae and Molluginaceae, containing members that produce anthocyanins instead of betalains (Gandia-Herrero and Garcia-Carmona, 2013). Aside from plants, the only other organisms to synthesise betalains are certain genera of Raddiomyces (Gill, 2003). No plant species studied to date has been found to accumulate both anthocyanins and betalains (Strack et al., 2003). This exclusivity remains unexplained, and is, perhaps, surprising given that gene homologues for a key enzyme in betalain biosynthesis are present in anthocyanic plants (Christinet et al., 2004) and that betalain 6-O-glucosyltransferase, which catalyses the glucosylation of betacyanin, can also efficiently glucosylate the anthocyanidins (Vogt et al., 1997). There is, moreover, no apparent physiological barrier that prevents the two pigments from co-occurring; a recent study transferred part of the betalain biosynthetic pathway into cell cultures of potato, petals of Antirrhinum and shoots of Arabidopsis, and demonstrated that betalain production was possible in these normally anthocyanic plants when they were fed with a betalain intermediate, L-DOPA (Harris et al., 2012). Indeed, Clement and Mabry (1996) posited that the ancestor of the Caryophyllales could have held both types of pigments, but that one or the other was lost as species evolved. However, a recent phylogenetic analysis of the core Caryophyllales using rbcl/matK plastid gene markers has shown that the ancestral type was almost certainly anthocyanic (Brockington et al., 2011). Intriguingly, that study also indicated that the capacity to synthesise betalains may have arisen more than once, and that in the course of speciation, some lineages evidently switched from betalain production back to anthocyanin production. These seem, therefore, to be a ‘cost’ associated with betalain production, which preferentially drives the evolution of anthocyanic rather than betalanic plants. From a functional perspective, their mutual exclusivity indicates that betalains may substitute for, but do not complement the roles of anthocyanin pigments. There may also be unique properties of betalains that provide fitness benefits under certain environments.

Of the two betalain groups, the betacyanins have received far greater scientific attention from a plant-environment functional perspective. Nonetheless, the betaxanthins have also been implicated in vital functions such as pollinator attraction, desiccation tolerance and free-radical scavenging (Cai et al., 2005; Gandia-Herrero et al., 2005; Stintzing and Carle, 2004). However, there are as yet insufficient empirical data to afford useful comparisons between betaxanthins and anthocyanins; this review therefore focuses on the betacyanins in relation to key functional hypotheses proposed for the anthocyanins.

2. Photoprotection

Prolonged exposures to light energy in excess of the requirements for photosynthesis can lead to oxidative stress, damage to the manganese cluster in the oxygen-evolving complex of photosystem II (PSII), and inhibition of the repair of damaged PSII proteins (Takahashi and Badger, 2011). Anthocyanins in leaves and stems have long been proposed to contribute to the suite of photoprotective mechanisms that serve to mitigate photoinhibitory damage (Gould, 2010). According to the ‘light screening hypothesis’, anthocyanins in epidermal and/or palisade mesophyll cells would intercept quanta that might otherwise strike chloroplasts, thereby reducing excitation pressure on PSII. Consistent with the hypothesis, numerous studies have reported that red leaves and stems maintain higher quantum yields and recover from photoinactivation faster than do their green counterparts when exposed to saturating light (Boldt et al., 2014). However, the extent to which the photosynthetic machinery is apparently protected by anthocyanins seems to vary across species.

Although fewer studies have appraised a potential photoprotective role of foliar betalains, all report smaller declines in the quantum efficiency of PSII (ΦPSII, as estimated by the ratio of variable to maximum chlorophyll fluorescence) in betacyanin than...
in green leaves following exposure to high light (Jain and Gould, 2015; Jain et al., 2015; Nakashima et al., 2011; Wang and Liu, 2007). The presence of betacyanins effectively reduces both the pronounced mottling and reflectance of light between 500 and 600 nm, but has no effect on the reflectance of red light (Jain and Gould, 2015; Nakashima et al., 2011); these are comparable to the effects of anthocyanins in leaves (Neill and Gould, 1999), and are consistent with a light-screening role. Moreover, exposure to high light has been shown to increase times to upregulate betalain production in plants (De Nicola et al., 1975; Ibdah et al., 2002; Kishima et al., 1995; Kochhar et al., 1981; Vogt et al., 1999). It seems likely, therefore, that the accumulation of betalains is an acclimatory response to high light, and functions primarily to limit photoinhibitory damage.

It is difficult, nonetheless, to disentangle the possible effects of photobatement by betalains from those of other photoprotective mechanisms, such as energy dissipation via xanthophyll cycle pigments. To address this problem, in a recent study L-DOPA was supplied to the cut stems of *Disphyma australis*, a succulent halophyte from New Zealand (Jain et al., 2015). Within 48 h, the treated shoots produced five betacyanins in the leaf epidermis and mesophyll, affording a comparison of the responses of red and green (untreated) leaves to high light without the possible confounding effects of differences in genotype, leaf age, or growth conditions. Under white or monochromatic green light, *Φ<sub>PEP</sub>* was depressed substantially more in the green than in the betacyanin leaves. However, under monochromatic red light—which is not absorbed by betacyanins—the two leaves showed similarly large reductions in *Φ<sub>PEP</sub>*. Interestingly, non-photochemical quenching (NPQ) via the xanthophyll cycle was greater in the green than in red leaves under white light, indicating that in the absence of betacyanins, there may be a greater need to invoke energy dissipation; a similar conclusion was reached recently in a comparison of anthocyanic and aconiac cultivars of *coccus* (Logan et al., 2015). Collectively, the data present strong evidence for a protective light-screening role of foliar betalains.

2.1. Tolerance to drought and salinity stress

Red-leaved plants are commonly associated with arid and/or saline environments. For many species, a soil moisture deficit or exposure to substrate salinity can induce or upregulate foliar anthocyanin biosynthesis (Chalker-Scott, 1999), and in some instances, the presence of anthocyanins correlates to an improved tolerance to these stresses. In *Arabidopsis*, for example, a moderate drought stress leads to substantial increases in anthocyanin levels (Giraud et al., 2008; Spersdick and Moustaizis, 2012) and the overexpression of anthocyanins, as in the *pup1-D* (production of anthocyanin pigment 1–dominant) mutant, correlates with improved drought resistance (Nakabayashi et al., 2014). Similarly, *pup1-D* plants survived for longer, and retained more chlorophyll, on an NaCl-enriched medium than did wild type *Arabidopsis* (Oh et al., 2011). To explain the apparent contribution of anthocyanins, Chalker-Scott (1999, 2002) suggested that these pigments might function as compatible solutes, depressing a leaf's osmotic potential, and thereby maintaining cell turgor during drought stress. However, a recent analysis of the winter-reddened leaves of *Galax urceata* and *Gaultheria procumbens* concluded that the contribution of anthocyanins to osmotic adjustment is very small relative to those from glucose, fructose and sucrose, and is, therefore, unlikely to explain water deficit tolerance (Hughes et al., 2013). An alternative explanation is that anthocyanin may serve to mitigate or prevent oxidative stress when plant tissues are subjected to osmotic imbalance. In *pup1-D Arabidopsis*, for example, drought tolerance correlated strongly to the antioxidant activity associated with anthocyanin overaccumulation (Nakashima et al., 2014).

Betalainic plants in the Portulacaceae, Amaranthaceae and Phytolaccaceae commonly feature in arid and/or saline environments such as deserts, salt marshes and dunes, and betacyanin content has been reported to increase under both drought and salinity stress (Bothe, 1976; Hayakawa and Agarie, 2010; Jain and Gould, 2015, Jain et al., 2015; Nakashima et al., 2011; Wang et al., 2007b). As for the anthocyanins, it has been suggested that betalains may function as solutes to counter osmotic stress (Stintzing and Garle, 2004). However, Wang et al. (2007b) found no differences in cell sap osmolality between betacyanic and aconiac cells either before or after a salinity treatment. The betacyanic and aconiac leaves of *Amaranthus cruentus* responded similarly to water stress in terms of relative water content, gas-exchange rates, and chlorophyll content (Nakashima et al., 2011). By contrast, the water use efficiency of *Disphyma australis*, calculated as the ratio of maximum net CO<sub>2</sub> assimilation rate to stomatal conductance, was greater in betacyanic than in green leaves following salinity stress (Jain and Gould, 2015).

An intriguing new possibility for the involvement of betalains in salt tolerance has been reported for *Suaeda salsa*, a CS halophyte collected from the Yellow River Delta (Wang et al., 2007b). The authors of this study found substantially greater increases in vacuolar H<sup>+</sup>-ATPase (V-ATPase) activity in betacyanin than in green leaves when plants were subjected to 400 mM NaCl. V-ATPases couple the energy of ATP hydrolysis to proton transport, establishing an electrochemical gradient that drives Na<sup>+</sup> into the cell vacuole against a concentration gradient. A greater ability to compartmentalise Na<sup>+</sup> explained why the red S. salsa plants accumulated more salt and grew faster than the green plants under these strongly saline conditions. To explain the apparent link between V-ATPase activity and pigment accumulation, it was suggested that plants employ a similar mechanism to transport betacyanin and Na<sup>+</sup> into the cell vacuole. Accordingly, the biosynthesis of betacyanin would stimulate V-ATPase activity, which then transports betacyanin through the tonoplast. The elevated V-ATPase activity would subsequently afford more efficient sequestration of NaCl into these betalainic vacuoles. The applicability of this system to other plant species remains unknown.

Betalains might also serve to photoprotect chloroplasts for which their capacity to process light energy is compromised by drought or salinity. Consistent with this, the extent of photoinhibition was greater in aconiac than betacyanic leaves of *A. cruentus* after a high light and water stress treatment (Nakashima et al., 2011). Similarly, light-screening by epidermal betacyanins permitted *Disphyma australis* to maintain higher *Φ<sub>PEP</sub>* values and produce less H<sub>2</sub>O, a product of photo-oxidative stress, during salinity treatments under high light (Jain and Gould, 2015; Jain et al., 2015). Thus, betalains may afford protection both directly (e.g. through Na<sup>+</sup> compartmentation) or indirectly (via photobatement).

2.2. Antioxidant activity

Reactive oxygen species (ROS) are integral components of plant responses to stress. At low levels, ROS function as early messengers in signal transduction pathways to initiate restorative processes (Millar et al., 2010). However, supernumerary ROS can place plants under oxidative stress, with the potential to destroy cell and organelle membranes, damage DNA and denature proteins. The balance between beneficial and harmful ROS is achieved through the activities of antioxidants—predominantly enzymes, but also a variety of low molecular weight compounds. Anthocyanins have long been considered part of the antioxidant complement. They

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may diminish the oxidative load in a leaf simply by filtering out yellow-green light, since the transport of molecular oxygen in chloroplasts is a major source of ROS (Landi et al., 2014). Anthocyanins are, in addition, excellent scavengers of most types of ROS (Agati et al., 2012). Since most abiotic and biotic stressors lead to the generation of ROS, the antioxidant capacities of anthocyanins may explain the preponderance of red leaved plants in marginal environments (Gould, 2004).

A strong antioxidant capacity of betalains has also been well documented (Butera et al., 2002; Cai et al., 2003; Hayakawa and Agarie, 2010; Hilou et al., 2013; Kanner et al., 2001; Sepulveda-Jiménez et al., 2004; Stintzing et al., 2005; Taira et al., 2015), and a growing body of experimental evidence indicates that this antioxidant potential is indeed utilized by the leaf cells. In Sueda salsa, for example, watering roots with the strong oxidant H$_2$O$_2$ led to the development of betalains in the leaf (Wang et al., 2007a). When S. salsa plants were subjected to a combination of strong light and low temperatures, more H$_2$O$_2$ was produced in acyanic than in betacyanin leaves (Wang and Liu, 2007). Thylakoids isolated from green leaves of these plants generated less H$_2$O$_2$ if betacyanin were added to the suspension (Wang and Liu, 2007). Similarly, H$_2$O$_2$ production was lower in betacyanin than in acyanic leaves of Amaranthus albus following a heat stress (Shu et al., 2010). H$_2$O$_2$-induced protein oxidation in leaf extracts of Sueda japonica was abolished when betacyanin solution was added to the mixture (Hayakawa and Agarie, 2010). Interestingly, under conditions of oxidative stress, antioxidant enzyme activity was lower in red than in green S. japonica leaves, but oxidative damage, estimated as malondialdehyde production, was similar for both leaf types; this suggests that betacyanins might be in part compensate for deficiencies in other antioxidants.

As a caveat to the ROS-scavenging hypothesis, it should be noted that the betacyanins—like the anthocyanins—accumulate predominantly inside the vacuoles of plant cells. Unlike the antioxidant enzymes, therefore, neither pigment is optimally located to scavenge organelle-derived ROS such as superoxide radicals, which have only limited permeability across membranes. However, superoxide rapidly dismutates to H$_2$O$_2$, a highly mobile and relatively stable ROS which can move both between cell compartments and across adjacent cells (Mittler et al., 2004). It seems highly likely, therefore, that betacyanins and anthocyanins have the potential to directly neutralise vacular H$_2$O$_2$.

2.3. Concluding remarks

Anthocyanins are known to supply more protective functions than those described above; they can, for example, serve as visual cues to deter herbivores, and they are involved in metalloids and heavy metal tolerance. Betalains are also known to complex with metal ions such as Cu$^+$ and Hg$^{2+}$ (Herbach et al., 2006), and betalain biosynthesis is upregulated in response to Co$^{2+}$, Mo$^{5+}$, Fe$^{3+}$ and Cu$^{2+}$ (Léon Morales et al., 2012; Perotti et al., 2010; Trejo-Taba, 2001); however, the possibility of a functional role of betalains in metal stress tolerance has never been evaluated. Similarly, it is not known if foliar betalains are involved in herbivore deterrence. It is clear, however, that betacyanins in leaves and other vegetative organs are a good match for anthocyanins in terms of their roles in photoprotection, drought and salinity stress responses, and oxidative stress. But are betalains and anthocyanins true functional equivalents? Functional redundancy would go some way to explain why anthocyanins and betalains are mutually exclusive, why betalains have an extremely limited distribution, and why some derived lineages have apparently reverted to their ancestral anthocyanic state. However, functional redundancy would not explain the evolutionary persistence of betalains among the core Caryophyllales (given that these plants synthesise flavonoides other than anthocyanins), nor the apparent prominance of betalainic plants in saline and arid environments.

Notwithstanding the functional similarities with anthocyanin pigments, there are also distinctive properties of betalains that might confer additional benefits to plants in certain environments. First, unlike the (free) anthocyanins, betalain colour is stable between pH 3 and 7 (Strack et al., 2003). This may be advantageous for betalainic plants such as Mesembryanthemum crystallinum and Portulaca oleracea which, upon experiencing water stress, switch their mode of carbon assimilation from C4 and C3, respectively, to Crassulacean acid metabolism (CAM), (Winter and Holtum, 2014). These plants therefore incur a shift from a relatively stable vacular pH to large diurnal fluctuations in pH. A stable red colour would ensure that for plants at locations prone to drought, photo-protection is maintained irrespective of vacular pH.

Second, the molar extinction coefficient for a betacyanin such as betanin is approximately two-fold greater than that for a common foliar anthocyanin, such as cyanidin-3-O-glucoside. Betacyanins therefore represent an energetically effective means to achieve red colouration, and thus to confer photoprotection. However, as discussed by Clement and Malby (1986), this economy needs to be weighed against the additional cost of nitrogen required for betalain synthesis; the two nitrogen atoms per betalain molecule could, all things being equal between the two classes of pigments, make betalains less “successful” than anthocyanins as defensive molecules.

Finally, the association between V-ATPase activity and betacyanin content (Wang et al., 2007b) presents the possibility of a novel and effective three-pronged defence against salinity stress; plants potentially benefit from NaCl sequestration via increased V-ATPase activity, improved photo-protection via light abatement, and enhanced ROS scavenging from betacyanins acting as antioxidants. Although the mechanistic detail of betalain transport through the tonoplast remains unknown (Sakuta, 2013), the possibility that Na$^+$ sequestration might be coupled to betalain storage represents an exciting area for future research. There remains much to be learned about the functional significance of betalain pigments.

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