Designing dolls according to Youkai stories and Shinto beliefs in Eastern culture
Designing dolls according to Youkai stories and Shinto beliefs in Eastern culture

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Abstract

Contrary to the contemporary views on the function and complex mastery skills of an object, the Eastern world put more emphasis on the value of the object is in its inner spirit. This view is based on Shinto beliefs, where everything is spiritual and valuable. My project undertakes a case study of the relationship between humans and things. This is done by building on the uses of Shinto beliefs to design an object that initiates a narrative. More specifically dolls. Thus, invites a relationship and engages the belief that objects have souls.

The dolls which I designed are an intersection of the spirit world and reality. By providing a process that facilitates the traditional Youkai story base on Shinto beliefs and how it has developed in modern society. In promoting participant engagement through design methods and processes, this project discovered a new vision of forming meaningful relationships between humans and objects empowers the true value of an object. This project visualizes participant experiences created an exploration of a narrative that contains the spirit.
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Doll making

- The power of handcraft and nature
- Doll making
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0.1 Area of interest and motivation

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0. Introduction
Introduction

Eastern cultures believe everything is spiritual and valuable, even emptiness. Fundamental to Shinto is the belief that everything has a soul. The emotions and memories produce through the interactions of people and objects play an important role in day to day life. Kenya Hara (Hara, 2007, p. 410) argues that people wrongly look at the function and complexity of an object and celebrate the technology used to create it. Hara suggests that the true value of the object is in its inner spirit, and this belief should be paramount to designers. The Eastern word for design is “ISHO.” It is the same in Japanese and Chinese. However, unlike the English word “design” the Eastern word is made up two distinct words “tone” and “heart,” and acknowledges the connections between object and user (Fujita, 2016). This study acknowledges the relationship between humans and things, and building on this uses Shinto beliefs to design an object that initiates a narrative and invites a relationship. Therein engages the belief that objects have souls.

0.1 Area of interest and motivation

Fine art is seen as a display behind the glass that is aesthetic but also distant. Whereas a toy for a child is simply for play. The designer doll is something which combines both of those features. Within many cultures, dolls have been considered and loved as a character that has a soul or life of their own (Gerbert, 2001). Dolls have over time become more than just toys for children, they are also works of art and valued for their beauty (Budnitz, 2010, p. 6). That led me to become fascinated with collecting and making dolls. Collecting dolls became one of my hobbies since I was a child, and I started making and designing dolls in later years.

In Asia, this phenomenon is largely influenced by Shinto belief in Japan. Youkai stories are one of the ways of expressing this idea of a storytelling doll which is another area I am interested in. The so-called Youkai is a term mostly associated with creatures and ghosts and is a widespread belief. They present a narrative of human society, and they are the mirror of people (Lupitu, 2014). Those stories are always filled with fantasy and spirits but are also scary. This feature attracted me to do more research on these stories. Also, it is an opportunity to combine these two areas of interest through this study.

Inspired by my own obsession with dolls over my lifetime I have chosen to investigate how Eastern beliefs of Shinto can be used to enable meaningful relationships between human and objects as Hara suggests, find the inner spirit and true value of an object.
0.2 Research questions

How might we design dolls according to Eastern beliefs of Shinto?
How might dolls designed according to Eastern beliefs of Shinto affect the relationship between dolls and young adult collectors?

0.3 Thesis structure

This thesis is structured in nine parts, an introduction, six main sections, evaluation and conclusion. The literature review is not limited in one chapter. Instead it is woven throughout the entire thesis. At the same time, I have created graphics and illustrations to visually express ideas throughout and it is designed to be read visually as well as textually.

Introduction
This chapter is the introduction of this project. It is the scope of my design research and how I identify it as a thesis proposition, as well as an area of interest in design and my motivation.

Chapter one: The Shinto belief
Chapter one includes the literature review, the cultural background of the research. Drawing key ideas and approaches from the Shinto belief in Eastern culture to gain a greater understanding of the spiritual nature of the object. Hayao Miyazaki, Toshiyuki Kita and Kenya Hara cover the Shinto belief in different fields of the design area. Also, the investigation of how the Shinto belief influences collecting behaviors provides valuable outcomes of the true value of the doll. Those beliefs of Shinto have also developed in subsequent chapters.

Chapter two: Youkai stories
Chapter two is the extension of the literature review. Based on the Shinto belief in chapter one, this chapter narrows the focus down to Youkai stories. This is done through investigation and an analysis of Youkai stories to classify and gain a greater understanding of their categories and characteristics as the basis of this research.

Chapter three: Methodology
Chapter four presents the methodology and the research method. This chapter further details the research question, methodology and research method.

Chapter four: Doll making
Chapter four explains the doll making process. It utilizes the background knowledge from chapter one and chapter two to discover the first research question which is how might we design dolls according to Eastern beliefs of animism. This chapter documents the whole doll making process from the design and
sketch to the handcrafting process. Also, the image of the final display of the doll will be included in this chapter.

Chapter five: connecting with the spirit of the doll
Chapter five involves the participants engaged in this research. It explored the importance of the connection between the spirit of the doll and young adult collectors through design analysis. Four young adult collectors spent one-month with the doll and documented their experience in a variety of ways. The design of question card assists the participants to engage in the design process.

Chapter six: Visual narrative
Chapter six accumulates the insights gained from chapter four and chapter five. Using the image designed from the dolls and the information gained by four participants, it creates a visual narrative which explores the spirit of the whole life of the doll.

Evaluation
The final discussion of this paper. This chapter returned to the research questions, summarizes and evaluated the first six chapters.

Conclusion
This chapter concluded the research portfolio and considered future directions for the research.
The Shinto belief

Youkai stories

Methodology

Visual narrative

Doll making

Connect-ing

Literature review

Others

Research through design

Cultural probes

Question cards

Narrative analysis

Answer from question cards

Collecting and clustering

Interaction

Adoption

Characteristics

Categories and analysis

Investigation

The Shinto belief in doll collecting

The power of handcraft and nature

Design and sketch

Birthday card

Handcraft process

Doll making

Q1

How might we design dolls according to Eastern beliefs of Shinto?

Q2

How might dolls according to Eastern beliefs of Shinto affect the relationship between dolls and young adult collectors?
I.1 Shinto in design and art

I.2 The Shinto belief in doll collecting
1. The Shinto belief
The Shinto belief

Shinto is reflected in the cultures of all parts of the Eastern world. These magnificent traditions and culture have largely been preserved in Japan. Shinto is a form of life-affirming animism calling upon the blessings of the numerous forces of nature and specific spirit deities (Jensen & Blok, 2013). The Shinto beliefs are associated mainly with growth and prosperity. The Japanese respect all-natural things because they believe they have dwelled within them (Jensen & Blok, 2013). Japanese shrines are dedicated to a wide range of gods from those associated with elements of nature to others who are real-life figures. It encourages people to be sincere, cheerful and pure and live in relation with the forces behind all things.

1.1 Shinto in design and art

The idea of Shinto occupies a large part of all aspects of Asian cultures. Their design is the pursuit of natural and straightforward aesthetics has more practical significance. The "emptiness" reflected in the design emphasizes the infinite inclusiveness of the design object, and it is giving the receiver a vast space to play in their imagination (Hara, 2010, p36). This dramatically enriches our perception and understanding of Shinto. These ideas make designers not blindly follow the trend of art and design in commercial society but return to the Eastern traditional aesthetic ideas.

For instance, in animated movies, Hayao Miyazaki pondered the relationship between man and nature and expressed his deep concern about the common problems facing humankind in the 20th century (Boyd & Nishimura, 2016). In Miyazaki’s world, there are mysterious creatures that have the same appearance and behavior as humans but originate from nature. For instance, in Tonari no Totoro (1988) there are haunted dust elves in the country house, in Nausicaa of the valley of the wind (1984) there are horror queens, and a river was transformed into a human image in Spirited Away (2001). Throughout his works, we can easily find that he always has thought deeply and questioned the relationship between human and nature. Such an idea does not only exist in the concept created by Hayao Miyazaki, but we can see his work is informed by Shinto.

In other design areas, Toshiyuki Kita, a well-known Japanese industrial designer has put forward the concept of "The soul of design" (Kinser, 2002). He thinks that the focus of people's widespread attention to design is form and function, but he adds a third element which is the soul. Therefore, in addition to designing well-known modern products, he continuously pays attention to Japan's traditional crafts and considers how to apply them to current products and utensils (Kinser, 2002). In his view, the product needs a soul not just the form and function of the production. This idea
makes the product not only practical but valuable and meaningful. The Shinto belief gives a kind of material spirit to the product. The concept of the soul does not just exist in tangible products but also appears in visual information. Japanese believe there is a spirit in things even if the thing is empty. The essence of Shinto contemporary Japanese aesthetics hosts the meaning of empty is an essential space of communication (Hara, 2010, p39). The capability of the empty vessel activates people and leads them to want to fill the void. Thus, Kenya Hara who is one of the most famous communication designers in Japan maintains that such aesthetic is "emptiness" rather than call it "simplicity" or "nothingness" because it can create energy for communication (Weishi, 2016). The space of his work is designed to be empty, and that activates people to want to enter it. Whether in color allocation or the overall composition, it shows the beauty of simplicity and nature, but it does not flow into shallowness. The saturation of color and the depth of the picture are almost perfect. Hara strives to convey ideas and truth in the simplest and purest form. He says, "Design is not a skill, but a sense of ability and insight to capture the essence of things" (Hara, 2007, p436). While returning to nature, removing decorations and pointing to the original mind.

1.2 The Shinto belief in doll collecting

The Eastern culture concept of soul is not limited. Those invisible spiritual forces could be behind anything that ranges from a nameless power that inhabits a waterfall, a tree, or to a more tangible form of solid rock (Rots, 2014). The most visible embodiment of this idea should be the design of dolls. In Asia, dolls have their origins in religious charms that are meant to absorb misfortunes or diseases that would occur otherwise in people (Gerbert, 2001).

This unique perception of dolls has had a profound effect on doll collecting. Japanese believe that the doll could have a particular emotion and character if it is treasured enough (Gerbert, 2001). The doll is not only an object but a close friend or family member to the collector. The exclusive companionship makes the doll unique. This perspective is associated with wabi-sabi aesthetics in Shinto belief. Wabi-sabi is a combination word for the aesthetics of the natural imperfections and obsolete (Graham, 2014, p20). This inadvertently left traces in the production process and interaction during the time make the doll become a unique product for both makers and the collecters.

Historically, bridal dolls represented prayers for people who died before marrying will be able to marry happily in the next life (Schattschneider, 2001). People regard the bridal doll as an offering and believe that the dead could live happily with the bride on the other side. Also, this idea does not stop with ancient times. This kind of animism belief has influenced modern people’s perspective of dolls.

The fascination exercised by the doll does not just appear in passing but also occurs in contemporary society. Even today, there is still an event to honor beloved dolls. These ceremonies are held annually
in various parts of Japan. People will send old or discarded dolls to temples, or some people go
to great lengths to give them the proper send-off (Mealey, 2016). As the doll floats away, people
believe that the shrines could give them a fitting end. Some dolls have special affection or have
special commemorative significance for the owner which makes its owner reluctant to destroy it. The
shrine will take a little fee to keep it for the owner until their master is fully prepared to release it
(Schonherr, n.d.).

Therefore, many designers and collectors pay attention to the shaping of the soul of the doll. By
giving them their characteristics and stories and making special memories created by collectors
through interactions, it makes them unique. With those special memories, dolls become an exclusive
partner of the collector. Moreover, the intimate relationship between objects and people through
these activities, they become more robust in the presence of each other together to create memories.
2.1 Investigation

2.2 Characteristics

2.3 Categories and Analysis
2. Youkai stories
Youkai stories

The Youkai is the collective name for all sorts of bizarre creatures and supernatural phenomena in Japanese folklore. From the ancient past right up to the present Youkai has been very popular (Lupitu, 2014). As previously described, in the traditional Shinto way of Asia all kinds of things have their thoughts, wisdom, and soul. However, they are the products of people’s imagination, and they are invisible. The Youkai story is one of the best ways to visualize those intangible things. The story applies the shape, action, behavior, and spiritual emotion and personality of the human form to the object. This achieves a psychological resonance and satisfies the emotional needs of the heart, thus giving the object personality. The so-called Youkai is a term mostly associated with Japanese folk creatures and ghosts and is a widespread belief in Asia (Spurgiasz, 2015). Youkai then are presenting a narrative of human society and they are mirrors of people (Lupitu, 2014).

2.1 Investigation

Starting in the 8th-century Youkai stories became popular. Entering the 16th century, Youkai began to take the form of an encyclopedia. In the 18th century, a craze for Youkai swept Japan. It was launched by Toriyama Sekien’s 1776 work, the illustrated Night parade of a hundred demons (Shimazaki, 2011). In this visual guide book, each page depicts one Youkai. According to Japanese folklore, the author drew 207 kinds of Youkai images, which vividly and artistically reflect the customs of that period in Japan. His work is of great significance to the study of Japanese Youkai culture. The book stirred the imagination of other people as he used vivid and anthropomorphic techniques to make the Youkai popular.

Meanwhile, telling spooky stories has become a popular pastime. Since then Youkai has become a favorite part of Japanese culture. They usually appear as comic characters. Gegege no Kitaro is a comic book about Youkai that has been extremely popular since it first appeared in 1959. The manga artist Shigeru Mizuki created it and today’s Youkai culture owes a huge debt to this man (Suzuki, 2011). He has continued and enhanced that approach to Youkai discourse. In his stories, Mizuki depicts Youkai living like human beings. Every monster in Mizuki’s works has its own characteristics and personality. His illustrations are imaginative, personal and interesting, involving a large number of Japanese folklore and legends. His works made people feel even closer to Youkai even though they have been around for centuries. Youkai still remains popular in Asian culture. There are various forms but no boundaries between humans and monsters. Even today, Youkai are still favorite characters.
2.2 Characteristics

After reading a large number of Youkai stories by different authors and from a different period an interesting phenomenon of Youkai has emerged. The characteristics of Youkai do not stay constant over time. As people continuously retell the story of Youkai, their characteristics have changed. Michael Dylan Foster (2015) who is an authority on the subject of Youkai states that the characteristics of Youkai are altering over time and the stories also change when word passes from mouth to mouth. For instance, Kappa is one of the famous Youkai which is said to inhabit rivers. The ancient Japanese believe that Kappa dragged people down into the water where drownings were often seen as their work. However, today we can find many legends of Kappa which help people and not just harm them. They finally have become a mark of some products as a lovely character (Foster, 1998). Such contrasting characteristics are typical of other Youkai. Thus, Youkai is not defined as good or evil. Even if it is an evil Youkai if we treat it kindly, it will become good. It only depends on what story they are in and what relationship they shared with people. By putting a frame around them, they become predictable. Also, by moving those farther away from their original stories, Youkai becomes something people love. Because of this mutability, stories about them become more attractive.
2.3 Categories and Analysis

Unlike monsters in Western cultures, the Youkai in Eastern cultures are not only scary and bad. The mysterious events in life have been embodied as Youkai, and it has given a vivid characteristic of Youkai (Wilson, 2013). Many legends about the existence of Youkai persist to this day. Also, there are multiple ways to categorize them. This project is only one way to do that.

Thus, in order to understand the source of Youkai stories with their features and characteristics I integrated them into the dolls which I designed. This paper groups the Youkai in five different categories based on their unique features and the origin of the source. These being; human, plants, animal, object and mythology.

Human (Figure 4):
Youkai with a human body or which has part of a human body. To distinguish them from humans, they usually wear masks. The legends behind them are often sad, bitter and resentful and they turn into monsters when they die. Some are powerful gods, so they can have the image of human beings.

Plants (Figure 5):
Youkai with plant features. Some plants, such as some ordinary plants are immovable, others have the characteristics of other species and can move around. Most survive for hundreds of years and have the local spirit. It also became Youkai because of special events.

Animal (Figure 6):
Youkai with an animal body or in an unmistakable animal posture. Most of them are the messengers of gods or shrines. There are also appearances and folk tales that often make mischief in the world.

Object (Figure 7):
Youkai is from natural phenomena or man-made objects. Usually it has been cherished and used before, but it has been abandoned or their important parts appear in any famous stories.

Mythology (Figure 8):
Youkai which are formed by people’s imagination. Human beings extract some features from different species and fuse them together. This type of Youkai is usually dominated by gods.

Figure 3. Youkai in five different categories
The common human Youkai

Doumeki Shizuka

Zashiki-warashi

Ameonna

Bone woman

Figure 4. The common human Youkai
The common plants Youkai

Figure 5. The common plants Youkai
Figure 6. The common animal Youkai
The common object Youkai

Figure 7. The common object Youkai
The common mythology Youkai

Figure 8. The common mythology Youkai
Crossing all categories of Youkai there is an imaginative hybridization showing on all types of them (Nicolae, 2012). Also, this feature makes the categories of some Youkai ambiguous. When placed in Youkai as a whole, they are elusive because they are inconsistent and unstable. The appearance of Youkai is always peculiar. In order to distinguish them from ordinary people or animals, monsters are strange in appearance and have obvious characteristics. Even if they are transformed into normal people, once they are discovered, the true shape under the disguise is still unusual. Finding out the common features of all monsters can assist better design of the features of dolls.
The human Youkai

Youkai with a human body or which has part of a human body. To distinguish them from humans, they usually wear masks. The legends behind them are often sad, bitter and resentful and they turn into monsters when they die. Some are powerful gods, so they can have the image of human beings.
The plants Youkai

Youkai with plant features. Some plants, such as some ordinary plants are immovable, others have the characteristics of other species and can move around. Most survive for hundreds of years and have the local spirit. It also became Youkai because of special events.
The animal Youkai

Youkai with an animal body or in an unmistakable animal posture. Most of them are the messengers of gods or shrines. There are also appearances and folk tales that often make mischief in the world.
The object Youkai

Youkai is from natural phenomena or man-made objects. Usually it has been cherished and used before, but it has been abandoned or their important parts appear in any famous stories.
The mythology Youkai

Youkai which are formed by people’s imagination. Human beings extract some features from different species and fuse them together. This type of Youkai is usually dominated by gods.
Figure 9. The common feature crossing all categories of Youkai
3.1 Research questions

3.2 Aims and Objectives

3.3 Research through design

3.4 Cultural Probes and Question cards

3.5 Narrative analysis
3. Methodology
Methodology

The current study used different methods, where I have separated my investigation into two areas. The first area is the design of dolls according to Eastern beliefs of Shinto. The second area is to understand the relationship between dolls and young collectors. In order to understand those two areas, I required a foundation of the relevant history and culture of Shinto as well as the interaction between sharing dolls with young adult collectors. This requirement led me to develop a combination of methods of research, which is research through design, cultural probes, question card, and narrative analysis. Also, ethical Approval was accepted for participant engagement and data collection.

3.1 Research questions

1. How might we design dolls according to Eastern beliefs of Shinto?
2. How might dolls according to Eastern beliefs of Shinto affect the relationship between dolls and young adult collectors?

3.2 Aims and Objectives

Aim 1: To understand how the traditional Youkai story has developed using the doll in modern society
Objectives:
1. Identify relevant traditional Youkai stories and develop those characters based on them.
2. Design and share dolls with young adult collectors.

Aim 2: To understand the connection between the spirit of the doll and young adult collectors.
Objectives:
1. Collect and document the experience with the doll through interactive exchanges with their participants.
2. Analyze stories that investigate the relevance of young adult collectors and develop their experiences with the doll.

Methodology: research through design
Research methods: Cultural Probes, Question cards, Narrative analysis
3.3 Research through design

Research through design methodology is used when a researcher desires to gain new knowledge through the practical exploration of design methods (Frankel, 2010). This research area includes the study of form and function with human activity, as well as the study of making process. Overall, this design process consists of four main stages.

The first two stages are directly related to the first research question. To answer the question of how might we design dolls according to Eastern beliefs of Shinto requires a systematical analysis and moves beyond the specifics of critical discourse analysis (as detailed in chapter 2). Thus, analysis is important for the Shinto beliefs and identification of relevant Youkai stories, which is the foundation of this project. The aim is to have a better understanding of these cultural assumptions of the text as well as find common themes that are significant in defining wonder and worth in this research field. This includes comparing existing Youkai stories as well as finding common features and characteristics of Youkai. The second stage is based on the result of the first stage. The doll is entirely handcrafted, and the characteristics of the doll are based on the Youkai stories that have been discussed.

The second stage of this research is largely related to engaging with participants. Ethical approval for this aspect of the project was granted by the Victoria University of Wellington Human Ethics Committee (appendix 1). To understand the connection between the spirit of the doll and young adult collectors and solve the question of how dolls according to Eastern beliefs of Shinto might affect the relationship between dolls and young adult collectors. Therefore, it is necessary to build a relationship with participants. This is because the collective experiences between participants and dolls are the most significant fact within the second stage. Thus, in order to study the connection, I also collected and documented the participants’ experience through question cards, images and video. The participants played with dolls in various ways and shared their stories and experiences with me. They condensed these experiences into answers based on the question cards and agreed it was the best way to document their stories. In addition to the use of question cards messaged the stories, a social media app (WeChat) was used up as a conversation tool for all participants and myself to engage in discussion and collected all visual information (images and videos). This process also employs design tools and interventions to recruit participants to promote real expression through illustration. The story was being evaluated through the recreation of visual communication.

3.4 Cultural Probes and Question cards

In order to understand the question of how dolls designed according to Eastern beliefs of Shinto might affect the relationship between dolls and young collectors, a cultural probes method needs to be introduced. The cultural probes method is a technique used to inspire ideas in a design process (Gaver et al., 1999). It is a tool for gathering data about people’s lives. The time that participants shared with
the doll is valuable data for this project. Cultural probes method provokes inspirational responses from the participants.

Participants can play with dolls in any way they like. I did not give participants any restrictions or interfere with the way they play with the doll. To assist them to create the story, I provided question cards to encourage the participants to express themselves.

The question cards method is a strategy for gathering detailed information from participants and translates their stories into an experiential structure (Koskinen et al., 2003, p. 126). The cards have some questions about participants’ perspectives on dolls and their experiences shared with the doll. After one-month, the experience that participants shared with the doll becomes a memory. That information facilitated storytelling in the second part of the research. Thus, the cards are the connection between the participants and the designer.

In order to build a better story, I enlisted the question card method. Those cards guided the story and it assisted participants to illustrate the information in detail. These instructions led to a practical session about the questions that the participants would feel capable of answering and stories that they would able to create.

To attract the participants’ attentions, the back of the question cards was made as a picture puzzle. The first three questions are an attempt to lead the participants to create the character of the doll. Question four and question five are trying to get information about some particular event that occurred during this period. Whereas the last question is more flexible as it provided an impetus to stimulate creativity.

Figure 15. The back of the question cards
3.5 Narrative analysis

Narrative analysis explores how people make and use stories to interpret the world (Smith, 2000). This method is used to analyze stories that investigate the relevance of young adult collectors and to develop the story of the doll. The narrative analysis assisted focus on studying individual participants and gathered data through their stories. I created visual narratives to report the experiences that participants shared with the doll. The stories developed a chronological order. The story resulted in a visualization of the themes and bought together extensive information. The fantasy life they shared with the doll is embodied through the content of the participants and the unique words they use.
The power of handcraft and nature

4.2.1 Design and Sketch

4.2 Doll making

4.2.2 Handcraft process

4.2.3 Birthday card

4.3 Finished doll display
4. Doll making
Doll making

If the study the Shinto belief and Youkai stories are the process of trying to prescribe the doll a soul and character, then the making process is to turn this intangible character into reality. The images of Youkai that can be obtained through research usually appear as stories or pictures. Using the extracted characteristics of these images from the last chapter and turning them into dolls as a tangible object is part of this research.

4.1 The power of handcraft and nature

In modern manufacturing, most products are made mechanically. However, I have been fascinated by traditional handcrafted products since a young age. I think hand-made accidents and traces are infectious. The aesthetic in Eastern culture, greatness always hides in obscure and negligible details. The time, environment and the slight accident during the making process creates a special form for the object. Also, the handcraft process limits the quantity of the product. This approach lends the quality and value of the doll much greater than the manufacturing figure.

Contrary to Western beliefs that is obsessed with perfection, symmetry and ideal proportion. Eastern aesthetics are very different indeed. They emphasized the beauty in imperfection and depicted a rough or often faded beauty. One reason for this difference is captured in a term of wabi-sabi (Prusinski, 2012). Wabi-Sabi is part of the Shinto belief in Japan. In the understanding of wabi-sabi, a wilted flower is beautiful, a bunch of unmodified huts is beautiful, and a color-chaotic teapot is gorgeous. Because of the concept of wabi-sabi, Eastern culture appreciates not perfect symmetrical objects made by machines but hand-made traces. These arrangements should be flawed to make the items more natural and casual. Wabi-Sabi aesthetics concentrates the essence of Japanese Shinto culture and art culture, but also concentrates the aesthetic consciousness from the senses to the heart, from objects to nature.

In the field of doll design, the persistence not only embodies the charm of handicrafts but also explains the craftsman spirit in silence. For instance, Artist Marina Bychkova who made Enchanted Dolls believes that dolls are not just toys because, they have meaning and souls (Doll reader, 2009). The appearance of every hand-made doll is like giving the soul the same story from their eyes and the expression. Moreover, the doll-maker of this doll is also like being enchanted, shaping their beautiful dreams day and night. She considers eyes are the window to the soul and that is the most time-consuming part of the making usually taking four weeks, a doll takes 1000 hours (Doll
There are many failures of the ceramic body burning. Each doll is unique high-end customization. Thus, the spirit of the work of craft is to call all kinds of things and sense. In other words, to emphasize how the craftsmen have awakened the sleepy soul devoutly by hand and gives a new soul of the objects using such artistic activities.

### 4.2 Doll making

#### 4.2.1 Design and Sketch

The doll-making process started by deciding on the characteristics and features of the doll. All the characters of dolls are chosen from the categories of Youkai stories discussed previously. Because of the doll was a present for the participant. Therefore, I did not choose the story with a curse. The Youkai I chose were neutral or had a double side. This enabled the participants to accept the dolls and expand their stories better. At the same time, this setting helped me to gain a better understanding of the relationship between dolls and participants.

The feature of the doll is extracted from the previous study of relevant Youkai stories and with my original design. Four of them come from different categories and each of them has a particular feature. This characteristic is not just emerging as some particular feature from the Youkai but it also shows the color, balance and the material. Furthermore, for enhancing the value of the dolls, all dolls are made with designer doll style which is realistic, sophisticated and beautiful.

As designer dolls, their template designs are confidential. Over the years of doll design process, I created my own unique template. All designs evolved from this template.
animal

「狸」→「Mame-tanuki」

face

body

front

the lightest color

back

arm

outside

inside

leg

outside

inside

tail

leather/felt

leather/felt

leather/felt
「白澤」 → 「hakutaku」

Feature:
- 3 eyes
- ox horn
- felid: cat/horns
- white

Body:
- red

Face:
- blue/green
- half moon

Arm
- stuffed

Leg
- join
- clay

Tail
- front
- side

- stuffed
- paper clay
plant

「紅葉狩」 → 「momiji gari」

features: red plant

paper clay.

body

front

back clay

side

arm one side

inside

leg

stuffed felt

embroidery
has human features

「鵰獲鳥」 -> 「ko ka ku do」
features: woman + bird
ubume
human face.
bird body.

* hat

* body
+ +
  clay
+ stuffed
  front

* arm
  stuffed
  clay
outside
inside

* leg

* mask
4.2.2 Handcraft process

Tools: fabric, felt, felt fabric, clay, paper clay, acrylic paint, wire, plastic eye, waterproof pigment, feather, wig, false eyelashes

The value of designer dolls is that each of them is one-of-a-kind, whether it is from the character design or crafting process. Each of them has an original template from the shape of the design to the detail of the decoration. Also, it is the time I put everything I have into the dolls. According to Shinto beliefs, when I put my time, energy and emotion into the dolls, the miracle of awakening of doll started to happen. Because these dolls are all purely made by hand, they are not the same as industrial designed products that have the same shape and the same design. The minor changes in production make them even more special and unique. Each of them can only be created at one time, that situation and by me at that moment. They are all one.

Figure 21. Handcraft process

Mametanuki
Hakutaku

Momijigari

Kokakuchou
Mametanuki

The design is based on animal Youkai.

Characteristics: original character tanuki (raccoon dog)

Design inspiration: The Mametanuki is the cute character. The feature is based on the animal tanuki. To increase this image, the doll is designed with a big head, big tail, and short legs. The head and the body balance is one to one which is like a child. The design feature is almost relying on the tailoring pattern. There is no fancy decoration and complex shape which makes the character resemble a child.

Image: big head 1:1 body balance, three colors, brown basic, duck hair in the middle of the face, big white eyebrow at the top of the head, small eyes, small ears, and red inside, fluffy beard and white color inside, big tail.
Figure 24. Hakutaku 1
Hakutaku

The design is based on mythology.

Characteristics: The original character is from a fantastic beast from Chinese legend.

Design inspiration: The Hakutaku is the cool character. The feature combined with different animal elements. These are enhanced by the sophisticated design on the face and the hard material was used on the legs. Thus, the color of the doll has a white base which shows the mystery of the mythological characters and the color on the face is colorful which shows the fantasy element of the character.

Image: White basic and blue in parts, small head, cat face, three eyes, two black and one blue, big ears and one with earing, pink eye shadow, pink nose, long tail, cat legs.
Momijigari

The design based on the plant Youkai

Characteristics: The Momijigari comes from plant stories

Design inspiration: The Momijigari is a fascinating character. The features are based on the Hydrangea flower. In order to have a better demonstration of the decoration, the body of the doll was designed more simply and all the intricate details are shown on the decoration. Furthermore, I made the design to look less gaudy some of the decoration is hidden inside. It is also surprise element when someone holds the doll.

Image: pink basic, one eye with white flower, two big blue flower ball, leaf wings, yellowtail, hands with paws, leaf vein inside the arms.
Figure 28. Kokakuchou 1
Kokakuchou

The design based on human Youkai.

Characteristics: The Kokakuchou is a bird-like

Design inspiration: The Kokakuchou has a different making method with others. The character is based on human Youkai story. In order to enhance the human character, the doll used join ball making method. The face of the doll designed in full accordance with the human feature. On the other hand, some parts of the body look like a bird.

Image: the human face, short hair, eyes closed, arm with a feather, thin legs, feather-covered body, three little birds.

Figure 29. Kokakuchou 2
4.2.3 Birthday card

The doll making was influenced by Shinto belief throughout the entire process which is the spirit of the doll. From designing the character to making the image of the doll. The spirit gradually became clearer. There is a moment the doll emerges from a suppositional character to an imaginary being. However, the moment is different for a collector and designer. For participants, the doll will be awakened by the moment of opening the box. As a designer and doll maker, I consider the miracle moment initiates when the doll been entirely made. It is the moment which I filled all my ideas, skills and emotion fully into the doll, and it is the moment the doll can live by itself. To commemorate this moment, I often design a birthday card for the doll. It is the ceremony of their birth, and it is proof of their existence.

Front: On the front page it has the image of the doll, the date of their birth and the name of the original Youkai.

Back: At the back, it has the origin of the original Youkai character. Also, there are random letters with different colors from other words. Those letters can spell the word 'Youkai' by connecting them.

![Birthday card image](image)

**Momijigari-plant**

A beautiful woman of seemingly high rank (played by the shite or lead actor), along with her retinue of female attendants (the tsure) are visiting Takakushi-yama, a mountain in Shinano Province, here for the seasonal maple-leaf viewing. The group commence a banquet. A warrior of the Taira clan who has been out deer-hunting approaches. He is Taira no Koremochi. Rather than to disturb the party by riding past, he dismounts, intending to leave. But he is accosted by the lady to drink sake with her. Koremochi becomes drunk, and the lady forces more drinks on him. At this point the lady’s dance increases a more furious tempo, changing from chû no mai to kyû no mai. When Koremochi falls asleep, she abandons him, saying never to wake from his dream. There is a change of scenery, and everything turns bleak and dreary. A deity of the Take-úji ("samurai"), acting as emissary from the Hakimono shrine appears to Koremochi, and reveals to him that the lady is actually a demon which needs to be defeated, granting Koremochi a "divine sword".

The lady has now transformed into a fire-breathing demon in the glow of lightning (the noh mask used are traditionally shikami but hannya has come into use.) but the warrior is undaunted, and after a pitched battle, slays the demon with the sword.

*Figure 30. Birthday card 1*
Figure 31. Birthday card 2
4.3 Finished doll display

Figure 32. Finished doll display 1
Figure 33. Finished doll display 2
Figure 36. Finished doll display 5
Figure 37. Finished doll display 6
5.1 Young adults as participants

5.2 Adoption

5.3 Interaction
5. Connecting with the spirit of the doll
Connecting with the spirit of the doll

In this research, the purpose is more than documenting the experience between the doll and the participant. It is to explore the relationship between dolls and young adult collectors, and the story which they create. Thus, it allows us to imagine and create what is yet to come. The interaction of both of their past shapes the narrative of their relationship, and it will continue to influence the stories and the character of the doll that we tell.

5.1 Young adults as participants

Over time dolls became toys for children as well as works of art valued for their beauty. Recently, young adults collecting dolls have become a subculture (Phoenix, 2006). According to Heljakka’s research adult collectors appreciate the value of dolls more. They do not regard themselves as players, but collectors or hobbyists (Heljakka, 2018). Therefore, the relationship adults have with their doll is beyond the activity of playing.

What they are looking for is not just ownership but a creative narrative. Nieuwenhof (2012) found that adult collectors, especially young adult collectors are more willing to conduct activities and share the narrative of their collections. They often attach their original narrative to the doll and share the story. Through those activities, dolls become their special friends or family member. Today, designer dolls are more popular among young adult collectors who see companionship with them as special partners.

5.2 Adoption

As a doll maker, I always consider the doll I create by hand as my child. Each of them is one of a kind. They are born at different times and have different experiences. The birthday card that I provide is also the proof of their existence. When I send them to the participants, I always consider that as the process of getting them to the new parents. They are going to the people that can actually take care of them and going to have a new life. Thus, I call it adoption.

In order to make participants get better involved in this project, I try to get them to select their favorite doll. After discussion and negotiations, each of them chose the doll they were interested in. I packed all the dolls in gift boxes and sent them overseas.
Figure 40. Packed dolls
5.3 Interaction

The concept of wabi-sabi in Shinto belief is not only reflected in the process of production, but also in the process of using and, the process of interacting with people. Wabi-sabi is also inclined to refer to positive impermanence and the noble signs of time. It believes the self-do does not persist over time and things are always more beautiful when forbearing the marks of age and individuality (Ayala-Garcia, 2017). As time changes, the change in objects is also a part of its existence. In the concept of Shinto, you are not the same person from birth to death and those changes occur over one’s lifetime. So the so-called self is a bundle of impressions, consisting of many things, such as the body, memories, and even labels that are imposed on the self by others. In the eastern culture the impermanence and operation of life from nature and feel the beauty of natural variation and the feeling of sorrow, so the natural time series always affects the unique thoughts of people (Prusinski, 2012). Therefore, the existence of the matter could be like a piece of chain, where you follow the timeline of one particular set of links, new links are created then added to the chain. Thus, identities of the objects are formed and maintained through the interaction with others entailing the processes of identification through exchange and confirmation.

Especial for the dolls’ creator and collector the object’s meaning has changed to become part of a collection. Creating or changing objectives is a way in which objects can become part of the extended self (Nieuwenhof, 2012). Resultantly, the traces of time are among them, which produce the emotion and memory generated by the interaction with nature and the interaction between people and objects.
6.1 Collecting and clustering

6.1.1 Answer from question cards

6.1.2 Analyze and create new stories

6.2 Narrative structure
6. Visual narrative
Visual narrative

Stories are what our life is made up of, and stories are how we remember people and things. For participants and the dolls, these stories are the memories that they recalled from the interaction during this one-month period. The dolls designed according to Youkai stories and Shinto beliefs are not just a toy or object. They are born for stories. Stories affirm who they are and give their life meaning. Using the information gained by four participants through the question card initiated the last section to create a visual narrative. This is the way visuals represent them, and it is visuals they will project their life experience.

6.1 Collecting and clustering

6.1.1 answer from question cards

After one month, I received the question cards from the participants. The information I received was based on the participants’ explanation were having dialogue scenes and a narrator is inherent. In order to gain the participants’ thoughts and feelings directly, I decided to let them utilize their first language (Chinese). However, the participants of all of the young adults and the language they are using is not a traditional formal language. So, some of the vocabularies used are new and have only appeared in recent years, like slang words common amongst the younger generations. Therefore, no same words have a formal English translation.

In order to display that information in detail and reorganize it, I decided to tell the story visually rather than relying on dialogue because visual language is a unifying language that surpasses boundaries of linguistics and global boundaries (Tufte et al., 1998). A visual narrative can provide us with more information in the same amount of time and visual story capturing and communicating experiences in a more nuanced and interpretive way.

6.1.2 Analyze and create new stories

Stories are fundamentally chains of cause and effect wrapped around the truth (Cohn, 2013). Those stories could lead one on a journey to discover the development of the character that I designed for the dolls and the relationship between dolls and participants. The stories I received from the participants are their own stories and experiences. They plot what they said and the description of the events on the question card is unique to them, but some experiences are universal.
To interpret their world to a general audience, I decided to use comic books as a format to visualize their stories. Comics are visual images that embrace all of the senses within it. All pictures, words, different symbols, and everything in between in the comic are all present in a single vision. Comics provide the opportunity to see how the answers from question cards to translate to new stories and spread these stories to new audiences.

6.2 Narrative structure

Stories need an architectural structure that is often unnoticeable even once you read the story. With the invisible structure, the information transferred from personal memories of participants to the sharing of audiences. Having a clear theme is the basis of the comic book. The theme is the message that I gained from the participants which are their own stories because most of the people are the audience do not have those experiences, but they can relate to the blissful, pleasure and all the type of universal understanding of the story. To organize the story, I collected and clustered the answers from the question cards and started with making the panel of each story.
Participant: Raincoat
Occupation: Graphic Designer
Collection type: teddy bear
Location: QingDao, China
Q1. Where does the doll live?
Most of the time he lives at home… He is nearby when I sleep = = If I am eating he’s near the meal. Robinson missed the plum, pear and cherry blossoms in Qingdao… The next day after the arrival, there was a storm = = poor kid

Q2. What is your relationship with the doll?
Relatives, I think I am his mother… More like stepmother or sister? (Just don’t want to sound too old)
Also, Robinson is other kids’ brother

Q3. What kind of character does the doll have?
The biggest character is: a little dumb. And kind like slow reaction to everything around his. His dumb but has a kind heart and harmless to others.

Q4. What do you do together?
Everyday night, he sits on the sofa with his brothers and watches TV. They know what they are talking about, I don’t know.

Q5. What do you think the doll does when you are not at home?
Of course, he is waiting for me.
Having some meeting with his other friends ^-^ Or… his might transform into an amusement park… while… he has his youkai superpower, don’t need worry he will get bored.
Q6. Please tell a story about the doll. This can be your imagination or what really happened in this period of time. Or you can expand on previous questions.

Robinson Crusoe

My name is Robinson; I’m waking up now. Where am I? Dark, so dark. Darkness over me, and there was no light in the sky.
So, what happened?
The last thing that I remember is I am with the flower girl, bird girl, and the three eyes Hakutaku.
In theory, at this moment or the next memory should be that I finally crossed the Pacific Ocean in my dream, and get to my new home.
But!!!
What the hell is this?!
Why so dark!
Why so dark…my hands, legs and head still can move.
There was nothing wrong with the straw mattress underneath the except a little moisture absorption in this ghastly weather.
Before I left, mum said not to use my superpower too often.
But why can’t I use my superpower to become a ship?
There is only darkness so I can’t calculate the time…and, inside the box there are no stars and no moon. Inside this in this small box, like a dead body lying on the straw mattress.
I cannot move. Feels like time is so long…so long…long, Like a piece of chewing gum.
Also…can’t sleep.
It feels I’m being moved to a stable place, because the bad not moving anymore, quite…quite…Finally, I can feel the passing of time.
Sometimes I can hear someone is talking, but there is longer time quite like dead.
Even I can count the date, still feel I this time is longer than my whole life, too boring…
Who betrayed my life in prison!!! Aaa!!!
There is something wrong this morning, my box been picked up.
Why can’t buy a car? Why motorcycle…
Is it the voice of nock the door, the voice of the door open…Eh? Who is opening my box? What are you doing? Stop!!!
No!! I got home!! I saw the light!!! I need to stop complaining and pretending I am a cute kid…
New home, freedom, sunshine, I’m coming~
The first half of the story tells the story of The Doll talking to himself in the box. This part of the story takes place entirely in the dark, so there is no image but dialogue.

In the second half of the story, the concept of time gradually came into being, so the color of the background became brighter and more colorful.

**Story 1:**
Title: Robinson Crusoe
The story is about Robinson (Mametanuki) living in the box. Robinson had trouble getting to his new home after a month. Robinson is the main character in the whole story, but he does not appear directly in the story, only shows on the last page.
Participant: Aliao
Occupation: Lecturer
Collection type: BJD dolls, teddy bear, figures, animation goods
Location: JiangXi, China
Q1. Where does the doll live?

Living in my home

Q2. What is your relationship with the doll?

I’m his sister. -3-

Q3. What kind of character does the doll have?

Cute character. He is a little shy and naturally dull boy, slow reaction, quiet and gentle personality is difficult to get angry. It feels like there's a natural healing power, because it’s so cute.

Q4. What do you do together?

Holding him, like pinching his ears and claws. He accompanied me while I was doing the handicraft. Take a picture of him, put it in his bag and take him out. There’s too much rain in spring for fear of getting wet, so I’m looking forward to the summer scenery.
Q5. What do you think the doll does when you are not at home?

Waiting for me to go home. I will play with my other dolls, but my cute kid might not be the initiative.

Q6. Please tell a story about the doll. This can be your imagination or what really happened in this period of time. Or you can expand on previous questions.

The first time I saw him, I fell in love with him. I think he is a kid who has a soul. He sat beside other children, and he always looks like he hadn’t waked up yet. His eyes revealed a kind of grievance, which made people want to protect him for a lifetime. Its third eye is always shining, and it feels like it could see the world that no one else can see. In early April, this child came to my home and became a partner with other babies in my family.

The characteristics in this story

key points of this story
the third eye and another word

Figure 43. Panel 2
Story 2:
Title: The third eye
This is a story about Hakutaku used his third eye let a girl saw a story of his previous life.

1. The first day to take the doll home.

6. Found out this place is not modern but ancient.

2. Careful observation

7. This place is full of memories of the doll’s past life.

3. Observing the third eye of the doll gradually lost consciousness and entered the dream.

8. Having learned all the sadness and happiness of the doll’s past, the little girl still chose to accept it.

4. Wake up and find herself in a strange place.

9. The little girl opened her eyes and found herself go back to her room.

5. A creature with the same characteristics as the new doll

10. The little girl introduced the new doll to other little friends and told the story of the dream.
Participant: Summer
Occupation: Housewife
Collection type: figures, animation goods, stuffed toy
Location: Singapore
**Q1. Where does the doll live?**

Living in a place full of flowers, clouds and all the lovely things.

**Q2. What is your relationship with the doll?**

Relative

Usually used to describe people who are not close to others, often say no and mean yes. They are not good at expressing their feelings, but they are pure and kind-hearted.

**Q3. What kind of character does the doll have?**

Maybe it's a kind like a cat person, a lovely girl, who is close to human beings and will be short-tempered if she's ignored. Then it takes some time to please her.

**Q4. What do you do together?**

Usually, I will talk to her and imagine her reaction to my interaction. I used the stuff that come from daily life and take photos with her. I also would like to buy mini furniture in doll size and play with it.
Q5. What do you think the doll does when you are not at home?

She would play happily with other dolls at home, but at night she would sit well and wait for me to go home.

Q6. Please tell a story about the doll. This can be your imagination or what really happened in this period of time. Or you can expand on previous questions.

I think every doll is spiritual. If you talk to it often, you will feel its expression is very soft. If you ignore it for a while, it will feel a little dissatisfied with its expression. Almost every doll interacts with it as soon as it is in its hands, and it interacts with people close to it.

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Title: The girls from the garden

The story described Momijigari is a girl who comes from a place full of flowers. One day she met a girl who came to the city and took her home.

1. Found the doll in the garden. (blue as the main color)
2. Look at each other
3. She took the doll home.
4. First glance at the city. (Change the main color to yellow)
5. At home, little girls don’t always play with dolls.
6. Dolls start to annoy and attract the attention of little girls in various ways.
7. The little girl went to placate the doll.
8. Happy ending
Participant: Vera
Occupation: Marketing and communications
Collection type: game goods, stuffed toy
Location: QingDao, China
Q1. 娃娃通常都生活在什么地方？
where does the doll live?
  my bed.

Q2. 你认为你和娃娃的关系是什么？（朋友/亲属/其他）
what is your relationship with the doll?
  friends.

Q3. 你认为这个娃娃是一个什么样性格的角色，它有什么特征？
What kind of character does the doll have?
  naughty.

Q4. 你平时都是如何和它玩耍的，你们通常都在一起做什么事？
What do you do together?
  Travel or stay at home.

Q5. 你认为当你不在家的时候它都在家里做什么？
What do you think the doll does when you are not at home?
  Play with herself.

Q6. 请讲述一件关于这个娃娃的故事，可以是你的想象也可以是在这段时间里真实发生的事情。或者可以对之前的问题进行进一步扩展。
Please tell a story about the doll. This can be your imagination or what really happened in this period of time. Or you can expand on previous questions.

I took them to watch Avengers 4 premiere. They all enjoyed.
It's just that they almost lost their hats.
Later I took them to visit Taipei. They play and eat dinner with the local friends. Also, almost their hats.

**Story 4:**
Title: Where is my hat?
It tells the story of three birds losing their hats under various circumstances. Every story is short but has a good sense of humour.
6.3 Visual narrative

Story 1: Robinson Crusoe
Story 2: The third eye
Story 3: The girls from the garden
Story 4: Where is my hat?
Robinson Crusoe
My name is Robinson

I wake up now...

where am I...

It’s dark...

so dark...

Darkness hung over me, and there was no light in the sky.
So, what happened?

The last thing that I remember is I am with the flower girl, bird girl and the three eyes Hakutaku.

In theory, at this moment or the next memory should be that I finally crossed the Pacific Ocean in my dream, and I get to my new home.
But!!!

Why so dark...

My hands, legs and head still can move.

There was nothing wrong with the straw mattress underneath the except a little moisture absorption in this ghastly weather.

But!!!

Who can tell me why? At this time...This moment! Me! Still! Lying on the mattress! Still! Here! Inside the paper box!

Before I left, mum said not to use my superpower too often. But why can’t I use my superpower to become a ship.
There is only darkness so I can’t calculate the time…and, inside the box there is no stars and no moon. Inside this in this small box, like a dead body lying on the straw mattress.

I cannot move.

Feels like time is so long…so long…long…

Like a piece of chewing gum.

Also…

can’t sleep
It feels like I’m being moved to a stable place.

Because the bed is not moving anymore.

Finally I can feel the passing of time.
Sometime I can hear someone is talking.

but there is longer quiet-time like dead.
Even I can count the date, still
I feel this time is longer than my whole life.
Too boring...
There is something wrong this morning, my box is being picked up.

Who is opening my box?

What are you doing?

Stop!!!

Eh?

I saw the light!!!

I need to stop complaining and pretending I am a cute kid...

No...

I got home!!!

I saw the light!!!
New home,
freedom,avel,
sunshine...

...I’m coming~
The third eye
The girls from the garden
where is my hat?
7. Evaluation
Evaluation

After I finished, the dolls started their own journey with their new parents. This research enabled the stories of the dolls, and the spirit of the dolls exists in Shinto beliefs. When the stories moved from the traditional Youkai stories to the dolls as well as from person to person, it created momentum. Its power multiplies during this process.

In this project, I extracted part of the characteristics from the traditional Youkai story and used new media and technologies to present them within digital media. Essentially, it is a reimagining of the existing traditional Youkai stories in a new way.

Like the original Youkai story does not have authority. The story of the dolls also passed human by human mouth by mouth. Sometimes, telling the story itself becomes entertainment. People started absorbing external influences and then rewriting them to suit their own needs. Because the story has been passed so many times, and constantly updated by non-authoritative authors, we do not know which one is the original, but the power of the story keeps growing. Those anticipations and uncertainties helped a discovered status that made the existence of the doll stronger, unique and more authentic because real life is never static.

During this period, participants enjoyed and played with the dolls in various ways and shared their stories and experiences. They condensed these experiences into answers based on the question cards and agreed it was the best way to document their stories. Their answers on the question cards were far beyond my expectations. One participant started earlier than the expected time. She documented and sent me the message of how anxious she was waiting for the doll arriving and wrote a story about the doll during transportation. Their relationship began before they had met.

After the investigation, I used the same making method for some extra dolls. Drawing on the first production experience, the second batch of dolls became more elaborate. However, these did not affect participants’ perceptions of their dolls. They still think that the doll they spend time with is the perfect one.

The people who hold the story also influence the magic of the dolls. According to Gerbert (2001), when collectors project their emotions onto the doll, the doll will function as a mirror which transforms the player into the doll double. During the research, the characteristics of the doll are variable, and it changes as the research steps evolve. The original character of the dolls is based on the Youkai stories, however, their stories gradually developed after the process of crafting and contacting participants. The Youkai stories I chose all have a double side, but the dolls are all lovely characters in the participants’ eyes. When they described the doll on the question cards, they all
used the word "she" or "he." The doll is a close friend or family number for the participant.

Another magic ingredient of the dolls’ life is it can invoke wonder. Gaver et al. (2003) found that ambiguity could be a powerful design resource as it encouraged users to interpret designs in the context of their own lives, and engage on a personal level. The answers from the question cards are only part of the experience of the dolls and the participants. That information finally became comics to the public audience through my imagination. Those visual stories captured and communicated experiences in a more nuanced and interpretive way. This inclusive approach provided readers with more wonder. Curiosity and imagination motivate people to participate in and write blank parts of stories. Eventually, all those who pass on reading and passing stories begin to think that they are part of the project.

Also, the content of their stories gradually became inferred or interpreted by this reader, transforming the narrative. When I completed the comic books, I passed them on to different people. When the stories passed to the four participants, the story retains its original meaning, especially for the story of their own doll. For instance, in the first story (Robinson Crusoe), the doll is the main character in the whole story, but he does not appear directly in the story, only shows a little of his legs on the last page. Only the participant who raised the doll found this little secret. Thus, the person who has a stronger relationship to the original story paid more attention to details.
On the other hand, when the story was passed on to someone completely unrelated to this project, they started to turn the story into something with a new purpose, sensibility, or a mode of expression. For example, in the third story (The third eye), the plot turns in time and space, which gave the reader a place of imagination. People started to give it alternate endings and ultimate beginnings. They added lines to the characters and adding scenarios of their own imagination. This opportunity enables them to explore the stories they want, and the stories are designed for them and by them. It is a reimagining of existing stories in a new way.

As the Shinto belief, everything in the world is spiritual, so does the voice. When we give stories voice, we allow them to resonate in the hearts and minds of people we interact with. When the story has been told, it exists not just in the imagination but the real world of the traditional stories, creator, participants, audience, and the doll itself. In the research, the dolls passed hand to hand, and their stories evolved through word-of-mouth. Thus, those stories created by people have given an attribution of a soul in the dolls. The interaction between human and dolls compose a fantasy world, which is the place that hosts the soul of the doll. The doll as an intersection of that world and reality becomes fascinating and spiritual.
7. Conclusion
Concluding this investigation, I can confidently state the design exploration has been successful in achieving its objectives. The process I have outlined in this thesis demonstrates an approach to designing through and for beliefs of Shinto. Like the original spread of the Youkai stories, the design process followed also moves from person to person, but in addition to words, it incorporates objects and images, and old and new technologies. The spirit of the doll evolves as the story spreads.

Though chasing the dolls’ life and study the Shinto belief, it has enabled me to gain a new vision of the approach of the object and design. As a designer, our job is not to master complex skills, but to discover the inner spirit of the thing. Those fancy cover and function can only be satisfied for a moment. The item can result in the long-term as a grand design infused with a soul and enthusiasm under the surface. If you look at them from a different perspective and treat them differently, all objects can share moments of life with you. The Shinto beliefs created a unique companionship with humans and objects, and it illuminated the imaginary story. There is not anything or anyone you could not love once you heard their stories. The greatest story outcome is to make the audience care and become invested. The true value of the thing is captured from the connections between objects and users. That is the thing that cannot be artificially evoked.

The doll from a handcrafted object evolved to an imaginary being through the interaction with the participants and the communicating experiences to the mass audience in a more nuanced and interpretive way through visual stories. These explorations and discoveries in my design research inspired me for further research in this area. For the future journey of the dolls, I am also interested in trying different making methods and using different media to convey their stories. I aim to inspire more people to pay attention to the relationship between humans and objects and reconsider the value of the things.

My doll’s journey continues. This is just part of the story of their lives.

I hope that you have enjoyed.
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Appendix 1

Ethical Approval

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Researcher: Liu

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Appendix 2

Visual data from the participants
今天有了一只小羊坐骑

爸爸说我好像小兔叽，但是人家是小妖怪啦
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<td>Supervisor(s)</td>
<td>Catherine Caudwell</td>
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<tr>
<td>Year</td>
<td>2019</td>
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